

The Rehabilitation Center

...one step closer to Home

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Mission: Good Samaritan is a values-driven regional hospital that provides quality care in a patient-centered atmosphere to communities of Knox and surrounding counties.



Welcome to Rehab...



The Rehabilitation Unit of Good Samaritan Hospital is here to help you. We will show you how to live with your injury or illness, teaching you new ways of caring for yourself and working with you to improve your abilities. You are surrounded by a group of highly trained professionals who care about you. They will work as a team to prepare you for living outside of the hospital again. We can't tell you that this will be an easy road for you – it's work – it may be the most important work of your life. And you won't be alone...we will take this journey with you. Our interdisciplinary team will help you learn to do more for yourself. We will use our knowledge and expertise in a way that will benefit you most. We're committed to help you make progress.

What you can expect...

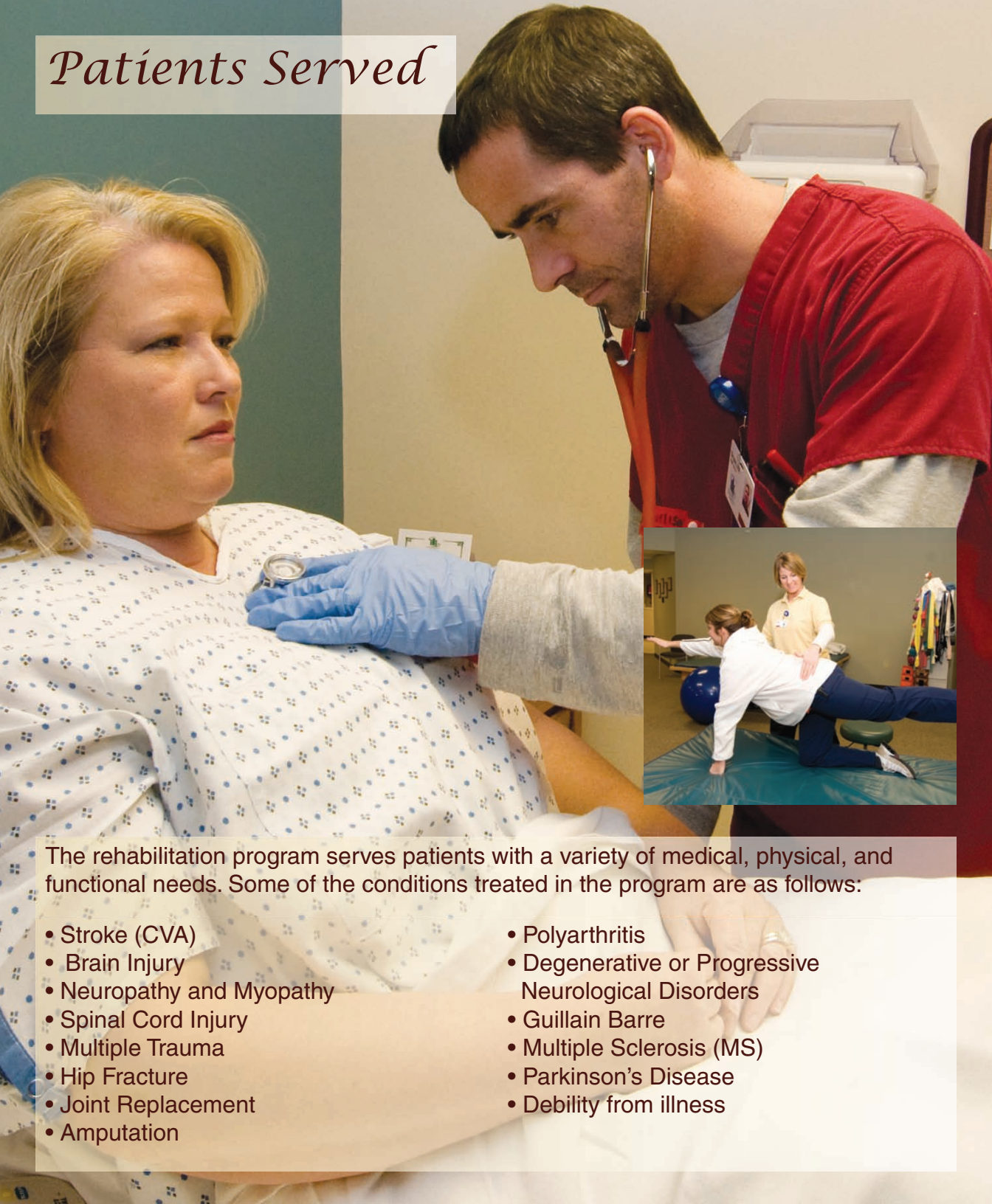
You may be asked to participate in a series of evaluations at first. It is critical that we perform a complete assessment, because your treatment program will be based on the needs that are identified. Most patients spend a minimum of a combined three hours of physical and occupational therapy each day with the possibility of speech therapy being part of the combination. Once a patient is not in need of physical or occupational therapy a discharge will be facilitated. Individuals who cannot tolerate the Medicare required three hours of daily therapy can work toward this goal through a “graduated program” over a ten-day period. Therapy may take place in both individual and group treatment settings, and sessions will be scheduled for various times throughout the day. The community re-entry program helps integrate individuals back into their community via real life settings and/or experiences.



How We Assess Your Progress

Initially you are evaluated and goals are set according to your current ability and potential to return to a prior level of independence. The Functional Instrument of Measurement (FIM) is a universal scale to measure progress in the areas of mobility, activities of daily living and cognition. The following are the levels assessed: Independent 7 • Modified Independent 6 • Stand by Assist 5 • Contact Guard/Minimal Assist 4 • Moderate Assist 3 • Maximum Assist 2 • Total Assist 1
The less assistance that is needed the higher the score, reflecting higher function.

Patients Served



The rehabilitation program serves patients with a variety of medical, physical, and functional needs. Some of the conditions treated in the program are as follows:

- Stroke (CVA)
- Brain Injury
- Neuropathy and Myopathy
- Spinal Cord Injury
- Multiple Trauma
- Hip Fracture
- Joint Replacement
- Amputation
- Polyarthritis
- Degenerative or Progressive Neurological Disorders
- Guillain Barre
- Multiple Sclerosis (MS)
- Parkinson's Disease
- Debility from illness

Services Provided



- Rehabilitation Medicine
- Medical Consults
- Rehabilitation Nursing
- Physical Therapy
- Occupational Therapy
- Recreational Therapy/Activity Programs
- Speech and Language Pathology
- Social Work/Case Management
- Psychology
- Orthotic and Prosthetic
- Consultation
- Dietary Services
- Renal Dialysis
- Wound Care
- Chaplaincy

Medical, diagnostic, laboratory, and pharmacy services are located on-site. It is the expectation of this unit that the majority of orders or consultations will receive some level of response within 24 hours of a department/medical consultative body receiving the order or consultation. That initial response will then be conveyed to the appropriate clinician(s) as soon as possible.

Information



Visitors

To insure that the patients receive the maximum benefit from therapy – family, friends, and neighbors should visit from 3:00 p.m. to 9:00 p.m. Monday through Saturday; and Sunday all day. Most patients function better during therapy sessions without the presence of family or friends. We ask that family not spend the night on the unit, as patients do not sleep well with family in the room; unless other arrangements have been established. The health and safety of our patients is our top priority. If friends/family are feeling ill, running a fever, or have a cold, they are encouraged to stay home.

Schedule

There is a daily therapy schedule located on the wall in the hallway. Therapists inform the patients of their therapy schedule.

Clothing

Suggested clothing:

- Pants (four pairs: loose, pull-up)
- Shirts or blouses (four: loose, pull-over)
- Underwear (at least four changes)
- Night clothing and robe
- Plants, pictures, hobby items, books
- Sweater or sweatshirt
- Shoes (rubber soles with wide heel and a sure fit)
- Socks
- Personal grooming items (shaving cream, special razors, etc.)

Food

If your family brings you food, please check with nursing to insure that it is on your diet and meets swallowing precautions (if any). Meals are served at 8:00 a.m., 12:00 p.m., and 5:00 p.m.

Local Restaurants/Lodging

We have compiled a list of local restaurant menus and lodging options for the convenience of visiting families. The white notebook is located at the nurse's station. While only a few restaurants deliver, most will allow you to phone your order ahead for pick up.

Transitional Living Unit (TLU)

This apartment room has a regular twin bed, recliner and dresser drawers, modeling most homes. A room change or move to this unit is an expectation and is part of your rehab program to ensure an increase in confidence for yourself and family. Your therapy team will determine if and when you are ready to move to TLU.

Clinical Staffing/Family Conferences

Weekly clinical staffing is held on Tuesdays and Thursdays at various times. We discuss treatment goals, therapy/nursing progress, medical status and address patient/family questions. The Medical Director, all team members and families are invited to join this meeting. Expect staffing/conferences to last about 10 minutes. Social Services can offer a review by phone or in person for family members. Please check with the Coordinator of Social Service to schedule your meeting each week.

Family Education

We encourage family and caregivers to participate in family education. The social worker, therapists, or nursing staff can help you determine the best time to participate. Types of education may include activities of daily living, current functioning level of the patient, diabetes management, diet, skin care, medication, stroke education and caregiver training.

Leisure Activity

Saturdays and Sundays are the scheduled days for a leisure activity in the afternoon or evening. These activity sessions are a part of your rehab program and you are expected to attend. Your family and friends are invited to join the activities, which can include movies, bingo, board games, holiday celebrations, and choir music entertainment. These sessions will help you increase problem solving, socialization and strengthening/coordination of your hands, arms and legs.

Safety

To ensure your safety, you will be asked to use your call light for staff assistance until your therapy team tells you that you may get up and move around your room without the help of the staff.

Encouragement

You're going to find the rehabilitation program challenging. It's going to require your best efforts. Your family and friends may become a significant part of the treatment program. We encourage family members or trusted friends to help you through the program. Involvement can range from moral support and showing interest in your progress, to participation in therapy sessions. Please ask a member of your rehabilitation team for visitor information.

Admission

You may obtain information regarding admission procedures for the inpatient program by calling The Rehabilitation Center at (812) 885-3601. A free pre-admission screening by a member of our professional team will help to determine your potential to benefit from our intensive rehabilitation program.



**GOOD SAMARITAN
HOSPITAL**

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