



Good Samaritan

Volume 57 | 2021

HEALTH CONNECTIONS

A publication of Good Samaritan



Welcome

Welcome to our 57th volume of Health Connections! We invite you to read and learn about a few of our patient stories and the amazing things happening at Good Samaritan.

In this edition, you will read about our cardiology team and their dedication to bettering the heart health of patients. You will also meet one of our oncology patients and read about her breast cancer journey. We conclude our stories in this section with a tribute to this year's Physician of the Year, Dr. Philip Watson.

Also, in this edition we are excited to introduce our newest providers we have welcomed in 2021. The photos and biographies of our new physicians and advanced practice providers will help you gain insight and learn more about the care providers within our organization. We have welcomed many new faces this year and are happy to introduce them to the communities we are privileged to serve. Many are new to the area, but some were born and raised right here in Knox County and decided to come back to Good Samaritan to provide care to our community.

As 2021 comes to a close, I want to thank each and every one of you for your unwavering support. I would be lying if I said these past couple of years have been easy. The COVID-19 pandemic brought new challenges and made us re-think our care delivery. With its challenges, the pandemic also made us value the work of every caregiver even more and work together as a team to solve problems.

I want to end by thanking you for taking the time to read this edition of Health Connections. Your trust in us to provide excellent health care to you and your family illustrates that we are continuing to make a positive difference in the health and wellness of others. We continue to grow, evolve and work at being the region's center of excellence in health care. I look forward to 2022 and the work we will accomplish in the next year.

Sincerely,



Rob McLin
President & CEO



MISSION: Provide excellent health care by promoting wellness, education and healing through trusting relationships.

VISION: To be the regional center of excellence in health care to support the communities we serve.

PRIDE Values: Patient | Respect | Integrity | Dignity | Excellence

PROMISE: We promise to treat you like family by delivering compassionate, high-quality care throughout your journey.

Executive Care Team



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President & CEO



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Executive Director of
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Trent Hinkle



Kellie Streeter



Jim Zeigler

The Beat Goes On For Washington Man

Ever since Tim Johnston was a child, he has been a dedicated patient at Good Samaritan. At 57 years old, he has always made his health a priority and exercised to stay in shape. With a family history of heart disease, Tim paid special attention to the health of his heart. When he developed atrial fibrillation a few years ago, he became a patient of Dr. Philip Bacidore at the Dayson Heart Center. Together, the two kept an eye on his condition and monitored it with no complications. But when Tim began experiencing new heart symptoms, Dr. Bacidore knew it was time to take a deeper look and figure out what was going on.

“It was actually during a routine visit for his atrial fibrillation when he brought up a new symptom he was experiencing after his bike rides,” said Dr. Bacidore. “I was asking him how he was getting along and then he was like, ‘Oh by the way, I am experiencing some tightness and heaviness in my chest after my bike rides.’ I took a look at his history and there wasn’t anything that stood out, but it was suspicious enough that I wanted to take a look at it.”

Tim was scheduled for a stress test on Thursday, June 24, 2021. Being an active individual, Dr. Bacidore did not expect anything too severe to turn up from Tim’s stress test; however, in the middle of his exam, the administrator of the test, Dr. Larry Herron, stopped Tim because of an issue he found in his heart beat.

“Before the stress test and during my exams, I remember thinking that I was wasting everyone’s time and my money over nothing,” said Tim. “It wasn’t until Dr. Herron literally stepped in during my stress test to shut it down, that I thought there was actually an issue.”

Due to the abnormal stress test, the next step for Tim was to have a heart catheterization. A week later, on Thursday, July 1, a significant blockage was found in Tim’s left anterior descending artery during his heart cath. The artery was 95% blocked, which affected the supply of blood flowing to



Dr. Philip Bacidore (left) found and opened a life-threatening blockage in Tim Johnston’s heart.

the left side of the heart. Left untreated, this blockage could have caused severe damage, including a heart attack, or even death.

“I remember looking at the picture of my heart on the screen during my heart cath and being able to see the artery that was blocked,” said Tim. “The image was blown up larger on the screen and the amount of space left for blood to pass through that artery was about the size of a piece of pencil lead.”

After placing a stent in Tim’s artery, the blockage is now gone and blood can once again pass through to the heart. “The key to Tim’s symptoms was that there was a pattern. The complications he was having after his bike ride kept happening,” said Dr. Bacidore. “Hollywood paints this picture of a heart attack being painful, when in reality, it can feel like a tightness or pressure in the chest.”

Tim echoed Dr. Bacidore’s comments. “I thought it was just indigestion at first,” he said. “My symptoms didn’t meet what I thought was the normal criteria for heart complications. But then on one of my bike rides, the pressure and pain traveled up behind my neck and into the back of my shoulder. That’s when I knew there was more going on.”

Signs of a heart complication or a heart attack can vary in individuals. Some may feel pain, but common symptoms are shortness of breath, dizziness, and chest pressure, tightness or fullness. "I am impressed with how quickly my symptoms were addressed and diagnosed," said Tim. "I am very appreciative of Dr. Bacidore and the entire Dayson Heart Center team."

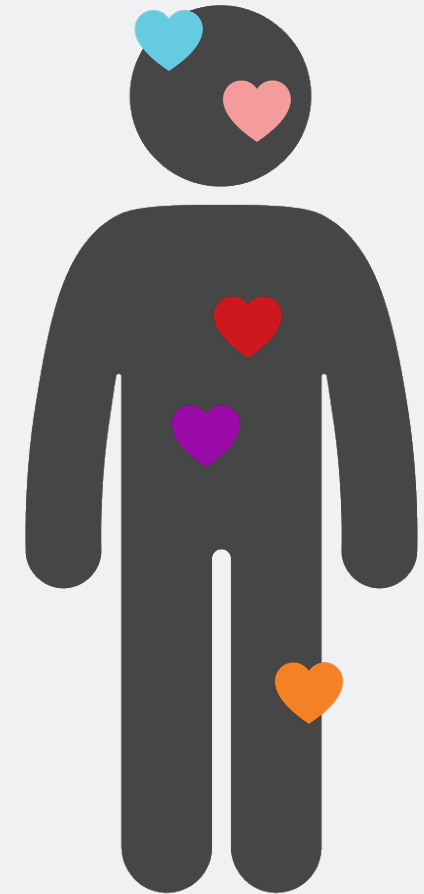
From hospital stays to surgeries to the birth of his own children, Jance and Justine, Tim has trusted Good Samaritan for his and his family's health care. Although he and his wife, Stacey, reside in Washington, Indiana, they continue to travel to Vincennes for all their health care needs. "I've always come here," said Tim. "I've always been treated well and it still amazes me that Dr. Bacidore and the cath lab team were able to treat my beating heart right here in Vincennes."



Tim is thankful for the Dayson Heart Center cath lab team, including Dr. Bacidore (left) and cath lab nurse, Jessi Nowaskie (right).

Warning Signs of Artery Blockage

- 1 Dizziness, lightheadedness
- 2 Feeling tired
- 3 Chest discomfort (angina) - described as heaviness, pressure, tightness, aching, burning, numbness, fullness, squeezing or a dull ache. This discomfort can also spread or only be felt in your left shoulder, arms, neck, back or jaw.
- 4 Nausea
- 5 Weakness



Call your provider if you are experiencing any warning signs. If these symptoms worsen or you experience trouble breathing, call 911 immediately. Contact Good Samaritan's Dayson Heart Center if you would like to schedule an appointment with one of our cardiology providers by calling 812-885-3243. You can also learn your risk for heart disease by taking a free risk assessment at gshvin.org/heart.

Treating Cancer with Teamwork

Vincennes resident, Tara Norman, was excited for her upcoming 10th wedding anniversary in August 2019. Her parents and sister were coming into town from Maryland to watch her two sons, Samuel and Jeffrey, while she and her husband, Matthew, went out to celebrate. This milestone in Tara's life was unfortunately overshadowed by another life-changing experience – a breast cancer diagnosis.

It all started with a letter in the mail from Good Samaritan's Breast Care Center reminding Tara to schedule her yearly screening mammogram. After her annual exam with Dr. Shalin Arnett, Tara had her mammogram at Good Samaritan on July 25, 2019. Shortly after, she received a call that she needed to return to the hospital for further testing. "I didn't think much of it and didn't think it was a big deal," said Tara. "I kept thinking there must have been a smudge or the doctor wasn't able to see everything clearly in my images. My sister oftentimes gets nodules in her breasts that are benign, so I wasn't stressed about it. There is no history of breast cancer in my family so we just prayed about it and were done thinking about what it could be."

After her second appointment, the Breast Care Center called Tara once again and told her she needed to have a biopsy. Knowing the doctors spotted something they needed a closer look at, Tara still wasn't too concerned as this was a common practice for her sister as well. However, when Tara received the call that the spot they found on her left breast was in fact cancer, she was shocked. "I went into a complete breakdown," she said. "I had a meltdown, instant anxiety and trouble breathing."

Tara was diagnosed with stage two HER2-positive breast cancer. HER2-positive cancer is a breast cancer that tests positive for a protein called human epidermal growth factor receptor 2 (HER2). This protein promotes the growth of cancer cells and tends to be more aggressive than other types of breast cancer. Her biopsy also showed that Tara was positive for estrogen receptors and progesterone receptors (ERPR). Cancer cells with these receptors depend on estrogen and related hormones to grow.



Dr. Cassandra Lacher (left) and Tara Norman (right) developed a trusting relationship and friendship throughout Tara's care.

Knowing this information and the fact that Tara's breast cancer was on the left breast, helped Oncologist/Hematologist, Dr. Cassandra Lacher, and Radiation Oncologist, Dr. Brian Gebhardt, prepare her treatment plan. "Tara received targeted therapy for the HER2 receptor before and after surgery, as well as continuing with maintenance therapy targeting her ER+ receptors to reduce her risk of recurrence of her breast cancer in the future," said Dr. Lacher. "The personalized treatment plans at Good Samaritan are created for each individual patient based on the most up to date studies and National Comprehensive Cancer Network guidelines, which is the national standard for cancer treatment."

After the cancerous breast tissue was removed from Tara's left breast, Dr. Brian Gebhardt managed her 20 sessions of radiation therapy treatments. Due to the location of the tumor, Tara was able to perform a radiation therapy technique called Deep Inspiration Breath Hold (DIBH). Holding a deep breath while radiation is being delivered to the chest area allows the lungs to fill with air, moving the heart away from the chest. This method reduces the effect of radiation on the heart muscle itself and other cardiac side effects. Measurements taken during practice rounds of the DIBH technique allows for changes in the direction of the radiation being delivered to the patient to reduce any harmful effects to other parts of the body. "It was actually a cardiologist I was speaking to that praised Dr. Gebhardt

and his work to protect the heart from radiation,” said Tara. “Numerous people were telling me I was going to be great and that my care at Good Samaritan would be fantastic.”

Throughout her treatments and appointments, it was very important to Tara to live as normal a life as possible. She continued to work at Vincennes University in her positions as the Education Coordinator in the Education Department and Professor of Introduction to Education. She was also in the middle of completing her Masters in Special Education at Indiana State University in Terre Haute, Indiana. Staying busy and working through her treatments lessened Tara’s anxiety about her health. “I didn’t want to be home alone,” said Tara. “When I was by myself, those were my dark moments. Having company and others to talk to was a distraction and decreased my worry. I also didn’t want my diagnosis to affect my kids or create this huge burden for my husband.”

Tara was surrounded by support. She received numerous meals, cards, texts and prayers from her friends at her church, First Church of God in Vincennes, and also her co-workers in the Education Department at VU. “The support of others is something I found that I really needed,” she said. “Through my cancer diagnosis I was able to meet and get to know people I never would have met who are now my friends. My husband was also a huge support throughout everything. He would drive by the infusion center to wave at me during COVID visitation procedures and send me texts of encouragement and love.”



The Normans: Matthew, Samuel, Tara and Jeffrey

Tara developed a friendship with Dr. Lacher and the other caregivers at Good Samaritan who provided her care. “Everyone always took the time to talk with me,” said Tara. “I got a lot of individualized attention, which I loved. Dr. Gebhardt sat down with me and told me about how we could protect my heart during treatments. I never felt rushed and that feeling extended to Nurse Practitioners Amy Ethridge and Trista Armes.”

“Tara and I have become friends through her treatment,” said Dr. Lacher. “I really admire her commitment to her family throughout her treatment. I always looked forward to seeing Tara in the office because she is such a positive person. She consistently took set backs in stride, and she has been an example to me personally of how to approach the ups and downs of life with grace and faith.”

Tara also found support in Nurse Navigator, Chris Lafferty, who walked alongside Tara throughout her cancer journey. “For the first time in my life I was suffering from anxiety,” said Tara. “Chris alleviated any stress I had. She would visit with me during every one of my appointments and treatments to make sure I had whatever I needed. The nurses in the Infusion Center are very caring as well. Even though they were busy, they always cared for me with a smile on their face.”

In September 2021, Tara celebrated her one-year anniversary since her last cancer treatment. She wants to be a voice to other women about the importance of mammogram screenings and wears her pink proudly as a breast cancer survivor. “The Breast Care Center at Good Samaritan has the latest technology and advancements that allow for a more comfortable mammogram,” said Tara. “I don’t want that fear to be a deterrent to women who are hesitant to get the screening. The relief of hearing, ‘everything in your scan looks normal’ is much greater than worrying that something is wrong.”



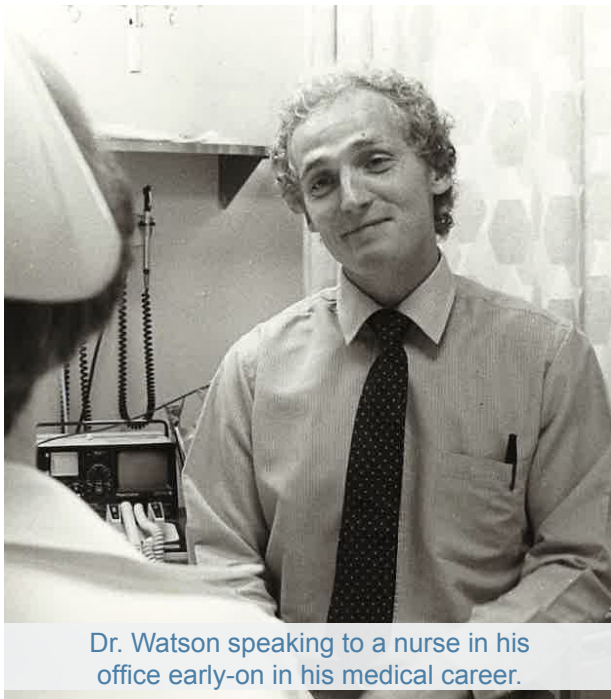
Tara happily rings the bell in the Infusion Center at Good Samaritan after her last chemo treatment.

Physician of the Year 2021

Philip Watson, DO

The Physician of the Year Award for 2021 was given to Dr. Philip Watson, Interventional Cardiologist / Pulmonologist. This award, also referred to as “The SAMMIE” for Samaritan Award for Meritorious Medical Care with Integrity and Excellence, was created in 2020 to recognize individuals who demonstrate exceptional skills in clinical practice and who uphold the mission, vision and values of Good Samaritan.

Dr. Watson has been on the medical staff at Good Samaritan for 38 years. He started his career at the hospital under the leadership of the late Dr. Louie Dayson practicing pulmonary intensive medicine. Having trouble recruiting a cardiologist at this time, Dr. Watson was sent to training to become a board certified interventional cardiologist. It was at this training in Chicago, Illinois where Dr. Watson met his friend and colleague, Dr. Philip Bacidore. Dr. Bacidore said Dr. Watson is very deserving of the award.



Dr. Watson speaking to a nurse in his office early-on in his medical career.

“Oh he’s great,” laughed Dr. Bacidore. “He’s a good friend, wonderful physician, smart. He’s always been intuitive. He thinks outside the box; sometimes too much!”

Throughout his career at Good Samaritan, Dr. Watson has worked with patients on the inpatient unit within the hospital, and in the outpatient setting at the Dayson Heart Center. Filled with knowledge and always reaching to learn more,

Dr. Watson has been a valuable member of the teaching staff with the medical students who have come to Good Samaritan for training and education.

“He practices with energy and enthusiasm,” said Dr. Alan Stewart, last year’s recipient. “And even though he is only a few years behind me in age, he still reminds me of that young kid that showed up in our office. I’ve called him on weekends when he’s not on call and nurses will ask me, ‘are you sure you want to page Dr. Watson since he’s not on call’ and I said Phil would rather be here at the hospital taking care of a sick patient than sitting on a beach relaxing somewhere.’ That’s the Phil Watson I know.”

Dr. Watson and Dr. Anitra Graves worked side-by-side throughout the COVID-19 pandemic on the inpatient unit at Good Samaritan. “He has committed so much of his career to this community and to the patients at Good Samaritan, as well as his colleagues,” said Dr. Graves. “He was extremely conscientious in guiding the hospital and advising them on how to prepare for COVID. He did a lot in helping guide our ventilation systems and PPE. He was an asset.”

“Dr. Watson is the Physician of the Year every single day,” added Dr. Scott Stine. “Every time I speak to him, no matter what is going on, he is always focused on the best care for his patients.”



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Meet Our New Physicians



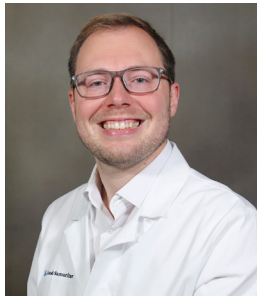
Vetta Higgs, MD
Oncology / Hematology

Medical Degree: University of South Alabama
College of Medicine

Fellowship: Wake Forest University

Good Samaritan Cancer Pavilion **812-886-6565**
520 S. Seventh Street
Vincennes, IN 47591

Vetta Higgs, MD specializes in Oncology and Hematology. Growing up, Dr. Higgs always had a love for science. “Medicine and Oncology are fields that are both challenging and rewarding. Oncology provides an opportunity to develop a personal connection with patients and families. The field is one that is constantly changing. Advances in cancer research have led to improvements in options that physicians are able to provide to patients,” she said. After visiting Vincennes and Good Samaritan, Dr. Higgs knew this was the place for her. “When I came to visit I got a strong sense of family and community here. I was impressed with the facility and the people. I felt the organization has a strong commitment to patients, the community and the staff.” In her free time, she enjoys spending time with family and friends, traveling and doing home projects.



Elias Impens, MD
Hospitalist

Medical Degree: Ghent University
Residency: University of Pennsylvania

Good Samaritan **812-882-5220**
520 S. Seventh Street
Vincennes, IN 47591

Elias Impens, MD, decided to join Good Samaritan after he experienced the welcoming environment and friendliness of employees, and the residency program. Specializing in hospitalist medicine, Dr. Impens has a great interest in the many subspecialties of internal medicine. “I like hospitalist medicine as I can be the primary doctor and advocate for the patients while they are admitted to the hospital,” he said. “I also just finished my Geriatric Medicine Fellowship in Chicago, which is an area of particular interest to me.” Dr. Impens was born and raised in Belgium and moved to the United States in 2017. He, his wife, and their dog, Max, are excited to call Vincennes home. He wants his patients to know that he will take the time to listen to their concerns. “I want to be my patients’ partner and help align their life goals with their medical treatment.” Dr. Impens word of health advice to patients is to, “get vaccinated!”

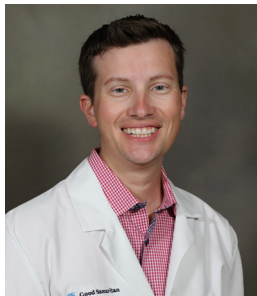


Bryce Meck, MD
• *Pediatric Hospitalist*
• *Indiana University Southwest Indiana
Internal Medicine Residency Faculty*

Medical Degree: Wayne State University of Medicine
Residency: University of Missouri

Good Samaritan **812-882-5220**
520 S. Seventh Street
Vincennes, IN 47591

Dr. Bryce Meck comes to Good Samaritan from Detroit, Michigan. She and her husband recently moved to Vincennes and are excited to be a part of a vibrant, smaller town. At a young age, she knew she wanted to help and serve others. “Growing up, my mom was very sick with Multiple Sclerosis and doctors would frequently visit our house,” said Dr. Meck. “I was inspired by the whole spectrum of medicine and wanted to take care of both children and adults.” When she is meeting with her patients, Dr. Meck strives to truly get to know who they are as people. “I want to see where they are at and identify the resources they need,” she said. “Without having an understanding of the factors that contribute to someone’s everyday life, you can’t really tailor a medical plan for them or their children.” Dr. Meck will be seeing patients as a pediatric hospitalist and working in the Internal Medicine Resident Faculty Practice. In her free time, she and her husband enjoy golfing, being out in the community and walking their dogs.



William Thompson, III, DO
Family and Sports Medicine

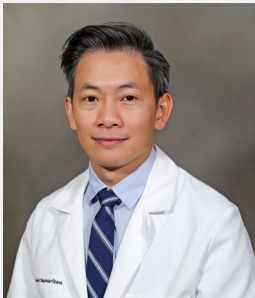
Medical Degree: West Virginia School of
Osteopathic Medicine

Residency: Deaconess Hospital

Petersburg Medical Clinic **812-354-8426**
611 E. Main Street
Petersburg, IN 47567

Dr. Thompson specializes in Sports Medicine and Family Practice. “I have always been surrounded by medicine,” he said. “I grew up down the road from my father’s practice in Monroe City, Indiana, and was always in the office speaking with patients and helping my dad. It was originally my grandfather’s practice and that history solidified my goal of being a family medicine physician.” Building trusting relationships and getting to know his patients is how Dr. Thompson plans to practice medicine. Coming back home to Vincennes was always in his plans of where he wanted to provide patient care. “Good Samaritan is home,” he said. “I was born in this hospital and I am excited to be back here where it all started.” In his free time, Dr. Thompson enjoys hunting, fishing, gadgetry and anything involving IU Basketball.

Meet Our New Physicians and Providers



Bradly Vo, MD *General Surgery*

Medical Degree: St. George's University School of Medicine

Residency: Marshall University Joan C. Edwards School of Medicine

Good Samaritan Surgical Clinic **812-885-3280**
520 S. Seventh Street
Vincennes, IN 47591

Dr. Bradly Vo's love for science led him to become a physician. "I always wanted a career in science, but it wasn't until I volunteered as a medical interpreter at a clinic and hospital that I realized my passion for medicine," he said. "I enjoy being in the operating room and like working with my hands." Wanting to practice in a small town and at a community hospital, Dr. Vo realized Good Samaritan was the perfect fit. "My wife and I both grew up in small towns and Vincennes is a great location to settle down and start a family," said Dr. Vo. "I want to give back to the community and working at Good Samaritan will help me do just that." When he is not caring for patients, Dr. Vo enjoys spending time with his family and friends, being outdoors, hiking and playing golf.



Angela Lyke, PMHNP-BC *Psychiatry*

Bachelor's Degree: Vincennes University

Master's Degree: University of Southern Indiana

Samaritan Center **812-886-6800**
515 Bayou Street
Vincennes, IN 47591

Angela Lyke, PMHNP-BC, has loved working at Good Samaritan ever since she completed the hospital's Student Nurse Extern program and worked as an inpatient nurse in the LaSalle Behavioral Health Unit. "Mental health is very fascinating to me," she said. "I am passionate about increasing the awareness within the community about mental health and decreasing the stigma that is associated with it." Angela praises Good Samaritan for their support of continuing education and growth, both at a departmental and personal level. Angela, her daughter and their three boxers spend time at home gardening and reading. She also enjoys hiking and traveling whenever she can. "I want my patients to understand that I am passionate about their care and ready to learn everything about them. I hope they can also learn from me," said Angela. Her health tip for others is to practice everything in moderation and realize that both mental and physical health are equally important.



Bethany Martin, FNP *Emergency Medicine*

Bachelor's Degree: Indiana State University

Master's Degree: University of Southern Indiana

Good Samaritan **812-882-5220**
520 S. Seventh Street
Vincennes, IN 47591

Bethany Martin, FNP, is a Nurse Practitioner treating patients in Good Samaritan's Emergency Department. Working as a staff nurse for the past 10 years in the ER, Bethany decided to pursue further education and become a provider. She earned her Bachelor of Science in Nursing from Indiana State University and her Master of Science in Nursing from the University of Southern Indiana. "When I meet patients, I want them to see someone who is going to take the time to speak with them, provide compassionate care, and help them through their visit in the ER," said Bethany. She decided to stay and practice here as a nurse practitioner because Good Samaritan "felt like home." In her free time, Bethany enjoys spending time with her husband and their three children. She also likes working out, reading and spending time outdoors soaking up the sun.



Julia McGowan, AGACNP-BC • *Hospitalist* • *Urology*

Bachelor's Degree: Vincennes University

Master's Degree: University of Southern Indiana

Urology Specialists **812-882-4320**
200 S. Sixth Street
Vincennes, IN 47591

Julia McGowan, AGACNP-BC, began her nursing career in 2014 at Good Samaritan on the Medical / Surgical Unit. Deciding she wanted more of a professional challenge, she went on to become a nurse practitioner so she could deliver a higher level of care to her patients. "When I worked as a nurse on the unit, I cared for many urology patients," said Julia. "I developed a close working relationship with Urologist, Dr. Bart DeBrock, so when the opportunity presented itself to work in the Urology office, I jumped at it." Julia has been a resident of Vincennes her entire life and wanted to stay here within the community to provide care to her neighbors and friends. "When patients first meet me, they can expect a smile and trust that we will develop a caring relationship along their health care journey," she said. Julia enjoys spending time outside with her family, including her two little boys and their dog. Her health advice to others is to listen to your body's signs and symptoms in order to know when to see a provider for help.



Tara Pearce, FNP-C
Pediatric Hospitalist

Bachelor's Degree: University of Southern Indiana
Master's Degree: University of Southern Indiana

Good Samaritan **812-882-5220**
520 S. Seventh Street
Vincennes, IN 47591

Tara Pearce began her career at Good Samaritan in 2002 in the radiology program. She was looking for a career in the medical field, but at the time, was set on not being a nurse. "I love talking about how I started in the health care field because I was determined to not become a nurse," said Tara. "But then my baby at the time was admitted to the hospital. The nursing staff was so great and made such an impact that I said, 'that's what I want to do. I want to be a nurse.'" She finished the radiology program and worked in that department until 2012 when she decided to leave work and stay at home with her children. When the time was finally right, Tara went back to school and became a nurse practitioner. "I have always loved pregnancy and childbirth so I enjoy working in women's health," she said. "I try to always be friendly, outgoing and easy to talk to with my patients." Tara and her husband, Chris, who is also a nurse at Good Samaritan, have five children. In her free time, she enjoys shopping, crafting and taking her kids swimming in the summer.

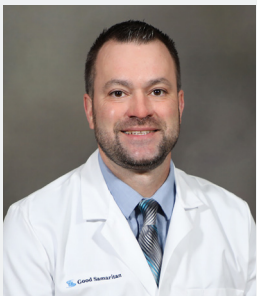


Christy Riddle, PMHNP-BC
Psychiatry

Bachelor's Degree: University of Southern Indiana
Master's Degree: University of Southern Indiana

Samaritan Center **812-885-2718**
121 Buntin Street
Vincennes, IN 47591

Christy Riddle's love for working in the mental health field stems from a long line of family tradition. She previously worked as a Licensed Clinical Social Worker (LCSW) providing individual, family and group therapy to children and adolescents who were exposed to physical and/or sexual abuse as well as individual and group therapy to adults with addictions. "I want to provide a warm, inviting environment as a non-judgmental nurse practitioner who is on your side and will advocate for your mental health needs," she said. Christy and her husband currently reside in Gibson County with their two dogs and a cat. In her free time, Christy enjoys reading, sketching, participating in and watching sports, boating and swimming. Her health tip for patients is to remember to breathe. "When you are stressed or overwhelmed, step away for a minute or two, count to ten slowly with a deep breath with each number breathing in through the nose and out through the mouth."



Grant Story, PA
Orthopedics

Bachelor's Degree: Southwest Baptist University
Master's Degree: University of Evansville

Quest Orthopedics **812-882-6637**
2121 Willow Street
Vincennes, IN 47591

Grant Story, PA, grew up in Olney, Illinois and has been a resident of Vincennes for 12 years. He and his wife, Erica Story, who is a nurse practitioner at Cullen Medical Professionals in Washington, have two daughters and a "selective hearing" dog. When choosing his career, Grant wanted to help meet the needs of others. "The life of a physician assistant allows me to work with people every day, listen to their stories and guide their medical care," he said. Grant understands that each patient should be able to expect a provider relationship that honors their unique goals and needs. "My priority as a PA is to discover the story behind each visit. It's important to not only understand how an injury occurred, but also to explore the individual values of each patient. Good medical treatment is very rarely 'one size fits all.'" Grant's favorite health advice is a quote from Proverbs 17:22 which states: "a cheerful heart is good medicine, but a crushed spirit dries up the bones."



Shayna Wagler, PMHNP-BC
Psychiatry

Bachelor's Degree: Vincennes University
Master's Degree: University of Southern Indiana

Samaritan Center **812-254-1558**
2007 State Street
Washington, IN 47501

Shayna Wagler, PMHNP-BC, has joined the Good Samaritan family as a Psychiatric Nurse Practitioner. Shayna resides in Daviess County with her husband and two children. "After graduating with my nursing degree, I worked in a couple different areas, but ultimately I really enjoyed working in mental health, where I have been working for the past six years," said Shayna. "I am from the area and have always heard great things about Good Samaritan. During my master's program I completed all of my clinical rotations here and knew this would be a great place to work." Patients seen by Shayna can expect a provider that is caring and passionate about mental health and will strive to help them with their mental health needs. She also encourages patients to stay active to better their mental health. "Staying active is not only important for your physical health, but also for your mental health," she said. In her free time, Shayna enjoys spending time with her family and doing home projects.

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Dr. Philip Watson and colleague, Dr. Larry Herron.

In order to be considered for the Physician of the Year Award, candidates must be an active or associate member of the medical staff for at least one year and have demonstrated at least one or more of the following qualities:

- Exceeded expectations of his or her practice or profession
- Made a significant difference in the life of a patient, staff member or colleague
- Contributed substantially to the community through community service or support
- Provided high level leadership to Good Samaritan and the medical staff
- Fostered the spread of medical knowledge

Dr. Watson receives this award just in time for his retirement at the end of this year. “To get anywhere in life it takes a team,” said Dr. Watson. “I have been fortunate to have a team member in my wife throughout my career. I also have been blessed with the best partner for 36 years working alongside Dr. Bacidore. Good Samaritan, the community of Vincennes and my colleagues have been the perfect fit in my life and I thank them for allowing me to practice medicine for so many years.”