

HEALTH CONNECTIONS

A publication of Good Samaritan



 **Good
Samaritan**



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Welcome!

Welcome to the 64th edition of Health Connections! As we move through the midpoint of 2025, many changes have taken place since our last issue. While health care continues to evolve at a rapid pace, one thing remains constant: Good Samaritan's unwavering commitment to being your trusted provider of choice for all your health care needs.

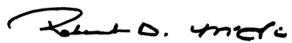
In this edition, you'll get to know the members of our Executive Care Team and Board of Governors. These dedicated and knowledgeable individuals are united by a common goal—to put patients first and guide Good Samaritan in a direction that reflects the future of health care.

The opening story features Vincennes resident Austin Glover, who shares how a childhood marked by bullying led him to begin a transformative fitness path. With the support of Good Samaritan Sports Performance, Austin has turned his commitment to health, strength, and mental well-being into a lifelong pursuit. The second story highlights Dominik Bauer of Robinson, Illinois, who turned to Good Samaritan after experiencing sudden abdominal pain. His decision to trust our team led to compassionate care, expert surgical treatment, a smooth recovery, and lasting peace of mind.

The next section details an award that was given out during Nurses Week this year. Penny Rehwald was the recipient of 2025 Good Samaritan Nurse Lifetime Achievement Award.

I want to end this by thanking the residents of Knox and the surrounding communities for allowing Good Samaritan to serve you and your families. It means so much that you trust us with your health care and we strive every day to meet your needs.

Sincerely,



Rob McLin
CEO

MISSION

Provide excellent health care by promoting wellness, education and healing through trusting relationships.

VISION

To be the regional center of excellence in health care to support the communities we serve.

PROMISE

We promise to treat you like family by delivering compassionate, high-quality care throughout your journey.



Executive Care Team



Rob McLin
CEO



Adam Thacker
President and
Chief Administrative Officer



Brenda Winkler
Chief Nursing Officer



Matt Schuckman
Chief Financial Officer



Scott Stine, MD
Physician Network
Chief Medical Officer



Molly Weiss, MD
Hospital Chief
Medical Officer



Tara Ellermann
Chief Talent Officer

Board of Governors



Susan Brocksmith
Chairwoman



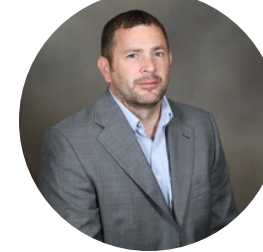
Mary Cay Martin
Vice Chairwoman



Stan Deweese
Secretary



TJ Brink



Tim Ellerman



Kellie Streeter



Jim Zeigler

From the Gym to the Stage: How Fitness Amplified Austin Glover's Life

At nearly 30 years old, Austin Glover from Vincennes, Indiana, carries the wisdom and resilience of someone who has been working on himself for more than half his life. His fitness journey, which began at age 15, started as a way to combat bullying and reclaim confidence. Over the years, it's transformed into something much deeper — a lifeline for mental, emotional and physical wellness.

"I didn't feel comfortable in my own skin," Austin shared. "I was always the bigger kid growing up, and that came with its own set of challenges — being teased, overlooked, or not taken seriously. I couldn't change how others treated me, but I realized I could change how I treated myself. That was one thing I could control — how I showed up for myself, physically and mentally. So I decided to take that first step, even when it was hard, and commit to becoming someone I could be proud of."

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(continued on page 6)

Check out
Austin Glover
on Social Media.



“I’ve been able to train athletes of all ages, but working with clients like Austin is especially rewarding,” Jaden said. “He comes in ready to work every single time. As a singer and performer, we’ve tailored his programming to build cardiovascular endurance and muscle strength — but more than that, we focus on whole-person wellness. He’s consistent, driven, and always shows up with a smile.”

Jaden encouraged Austin to add a third day of training to his weekly routine, a move that proved pivotal in pushing his progress to the next level. “We’ve been able to fine-tune his workouts to meet his goals — not just physically, but in a way that supports his lifestyle and career,” Jaden added.

For Austin, fitness is more than reps and routines. “Exercise is my antidepressant,” he said. “Movement is medicine. The team here has always encouraged me to be the best version of myself — not to be like anyone else, but to be healthy as me.” Now training three days a week — rotating between lower body, upper body, and HIIT days — Austin says the environment at Good Samaritan makes all the difference.

“I enjoy my own little space,” he said with a laugh. “I’m not surrounded by big crowds or exposed to people who might be sick, and I get personalized attention. If my form is off, Jaden is right there to correct it. That level of support and safety really makes a difference.”

When asked what advice he’d give someone starting their fitness journey or feeling discouraged, Austin didn’t hesitate. “Don’t give yourself an unreachable goal. Just do what you can to feel better. Be all in. You won’t know until you try — but if you try, everything can change.”

Whether he’s lifting weights or lifting spirits through music, Austin Glover shows what’s possible when you pursue your goals with purpose — and when you have someone like Jaden Field in your corner, offering support every step of the journey.

Watch Austin’s Video



Pictured L to R: Jaden Field and Austin Glover.



Lifetime Achievement Award

In a heartfelt celebration of service, compassion, and excellence, Penny Rehwald has been named the recipient of the Lifetime Achievement Award at Good Samaritan. With a nursing career spanning nearly 30 years, Penny's name has become synonymous with compassionate obstetric care, unwavering support for grieving families and dedication to mentoring future generations of nurses.

Throughout her tenure at Good Samaritan, Penny has not only provided expert care to countless mothers and newborns, but she has also shaped the professional journeys of nearly every labor & delivery nurse on staff. Her influence resonates throughout the Perinatal Services Unit, where her legacy of calm, compassionate expertise continues to inspire.

Beyond her clinical excellence, Penny has poured her heart into the hospital's grief support program for families experiencing pregnancy loss. Her leadership in coordinating the common burial ceremony and offering solace to grieving parents has brought dignity, care, and healing to those navigating unimaginable loss.

"Her career is a testament to the power of nursing to heal, comfort, and transform lives," said Dr. Dustin Blackwell. "Penny leads with integrity, empathy, and grace—her compassion is as deep as her clinical knowledge, and her influence will be felt for generations."

Penny stated, "receiving the Lifetime Achievement Nursing Award is one of the most humbling moments of my life. I am overwhelmed with gratitude for being recognized with this award. The Lifetime Achievement Award is a reflection of every patient cared for, every hand held, and every family that has experienced loss. I was extremely surprised and humbled to be nominated by Dr. Dustin Blackwell and Jenafer Burns and greatly appreciate the recognition. I am honored to have been recognized with this award."

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Penny Rehwald, RN

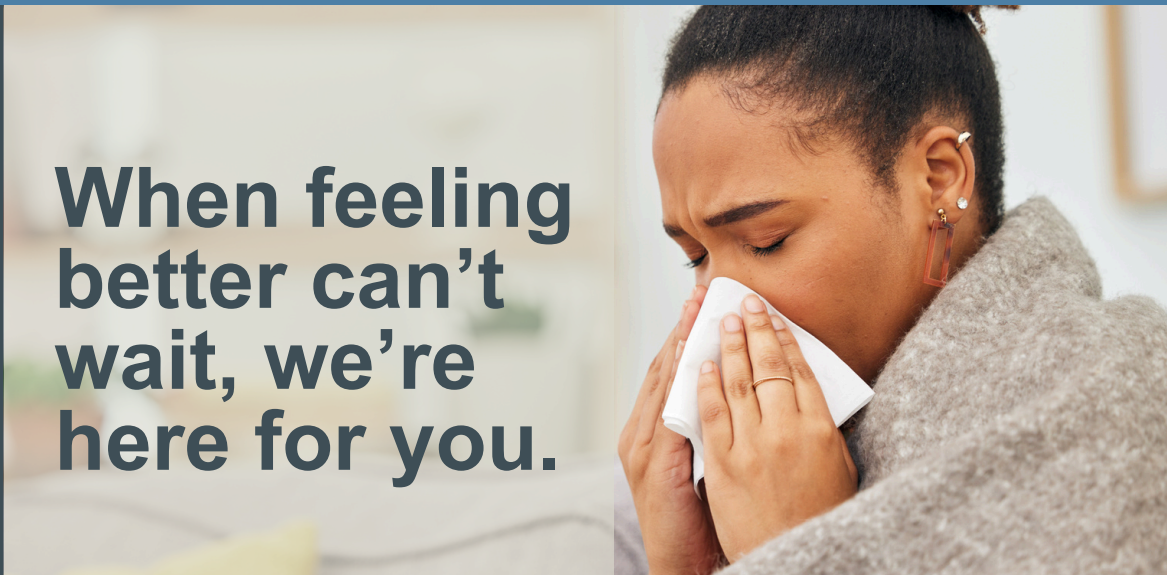
Good Samaritan's 2025 Nurse
Lifetime Achievement Award



2024 Good Samaritan Lifetime Achievement Award Winner Phyllis Lacy, RN, 2025 winner Penny Rehwald, RN and the 2023 winner Rita Donovan, RN.

Penny's contributions have earned her multiple Daisy Awards and the Maridell Sargent Nursing Excellence Award. But for those who know her best, it's not the accolades that define her legacy—it's the thousands of lives she's touched along the way, and the example she sets every day for what nursing can and should be.

Congratulations to Penny Rehwald, a true nurse's nurse, and a beacon of compassion in the Good Samaritan community.



When feeling better can't wait, we're here for you.

For colds, earaches, rashes, cramps, sprains, fever, migraines and more.

Skip the line!

Schedule convenient care through MyChart while you wait from the comfort of your home.

*This is a reservation to hold your spot in line and not an exact appointment time. You may still have a wait in the office.



For non-emergent walk-in medical care.
Monday - Friday: 8:00 a.m. - 8:00 p.m.
Saturday & Sunday: 11:00 a.m. - 5:00 p.m.
(Last patient accepted 15 minutes before closing)

1813 Willow Street, Suite 3A | Vincennes
 812-885-8941



Finding Healing Through Faith, Trust, and Compassionate Care: Dominik Bauer's Story

For Dominik Bauer, healing wasn't just about surgery—it was about trust, faith, and the comforting care he received during a moment of uncertainty. A musician, pastor, and performer, Dominik was born and raised in Austria and has spent the last several years making a life in the United States. He and his wife, Jen Bricker-Bauer have lived in Robinson, Illinois, for three years.

After returning from a trip to California, Dominik began feeling unwell. What started as mild stomach discomfort quickly progressed into something more serious.

"I just didn't feel good. I thought maybe I'd eaten something bad—maybe too much dairy or just too much food in general," he explained. "By Monday, it wasn't getting better. Everything I drank came right back out. That's when my wife said, 'We have to go to the hospital.' I wasn't sure—maybe I was just being a wimp—but I couldn't ignore how bad it was."

"There are other hospitals that are closer, but we've had a very good experience with Good Samaritan," Dominik said. "Even though I was in pain, it was worth the drive."

When they arrived at the Emergency Department, Dominik was seen quickly. Before ordering a CT scan, the medical team conducted several tests and asked detailed questions to rule out other possible diagnoses.

"The doctor asked me a bunch of questions and said, 'Okay, that's not it, that's not it—we can rule that out,'" Dominik recalled. "Everyone seemed curious about what was going on. Then, after the CT scan came back, the doctor opened the curtain and looked really excited. He said, 'Your appendix is inflamed—you need surgery.' I think he was happy they found the cause." That night, Dominik met Dr. Mohammed Ismael, the surgeon who would perform his procedure.



*Watch Dominik's
video*

Finding Healing Through Faith, Trust, and Compassionate Care: Dominik Bauer's Story

“Dr. Ismael made me feel very good going into surgery,” Dominik said. “He explained everything in detail, really listened to my concerns, and paid attention to me. That stood out. It made all the difference when facing something so unexpected.”

Dominik underwent da Vinci robot-assisted laparoscopic surgery, a minimally invasive procedure that uses small incisions and typically leads to faster recovery.

“I think I had four small cuts, less than half an inch each. Dr. Ismael used glue to seal them, and they healed perfectly,” Dominik said. “The bloating from the air they used during the procedure went away after about a week, and after two and a half weeks, I felt completely fine.”

In fact, Dominik was discharged within an hour of waking up from surgery and had a follow-up visit with Dr. Ismael about two weeks later. “He looked at the scars, asked how I was doing, and we even talked about some personal things for a few minutes,” Dominik shared. “It was more than just a medical check-up—it felt personal, and that meant a lot.”

Now fully recovered, Dominik reflects on the experience with gratitude and a sense of peace. “This couldn’t have gone any better. Of course, there are always risks with surgery, but going to Good Samaritan eliminated a lot of fear,” he said. “We trust the doctors there. I truly believe that makes all the difference.”

Dominik’s story is a reminder that compassionate care, clear communication, and genuine connection can turn even the most unexpected challenges into experiences of healing—and hope.

Good Samaritan at a Glance - 2024

OUR STAFF

1,796 Caregivers

ADMISSIONS

Emergency Room:	31,758
Inpatient:	5,487
(Does not include newborn admits)	
Outpatient:	462,296

OUR SERVICE AREA

226,527 Residents in our 10-county service area

6 Counties in Indiana
4 Counties in Illinois

OUR SERVICES

Good Samaritan offers more than 100 service lines ranging from primary care to specialists, and outpatient testing to surgery. Our vision of being the regional center of excellence in health care to support the communities we serve means that we are committed to ensuring we provide access to needed service lines. Our wide array of services allows patients in the communities we serve to obtain all of their needed health care close to home. To view all of Good Samaritan’s health care services and to learn more about each one, visit gshvin.org/health-services.

IMPACT ON HEALTH

Laboratory Tests & Procedures:	590,846
Physical Medicine Treatments:	20,444
Babies Delivered:	354
Rehabilitation Admissions:	404
Sports Performance Treatments:	2,820
Screening Mammograms:	5,480
Lung Cancer Screenings:	658
Respiratory Tests / Procedures:	90,870
Neurodiagnostic Exams:	1,491
Endoscopy Procedures:	3,540
Dayson Heart Center Tests / Procedures:	34,372
Trauma Activations:	1,309
Number of Surgeries Performed (Both Inpatient and Ambulatory):	5,752
Patients Seen at Both Convenient Care Clinics:	14,998

Investment in Our Communities - 2024

Annual Payroll:	\$115,702,704
Cost Per Day to Operate:	\$791,693
Scholarships Awarded:	\$45,317
Donations to Charitable Organizations:	\$317,073

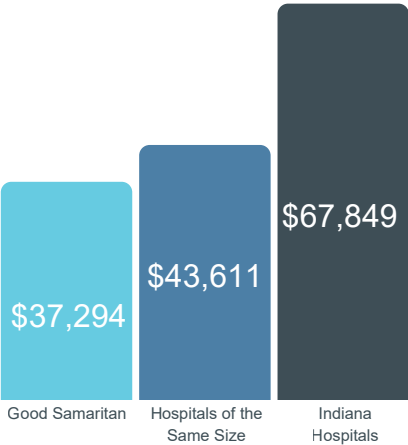
Local Goods Purchased:	\$8,976,597
(Includes goods and services within our 10-county service area, excluding banks.)	
United Way Donations:	\$53,779
(Donations by employees.)	

Property Taxes Paid to Knox County:	\$26,534
Knox County Option Income Tax Paid By Employees:	\$1,517,531
Cost to Provide Charity Care:	\$918,007
Unreimbursed Costs by Medicare and Medicaid:	\$410,910,029
Bad Debt:	\$12,688,054
Unrecoverable funds from unpaid patient bills	
Free Medical Care Write-Off:	\$2,567,815
Hospital bills that have been written off	

Gross Charge per Adjusted Discharge

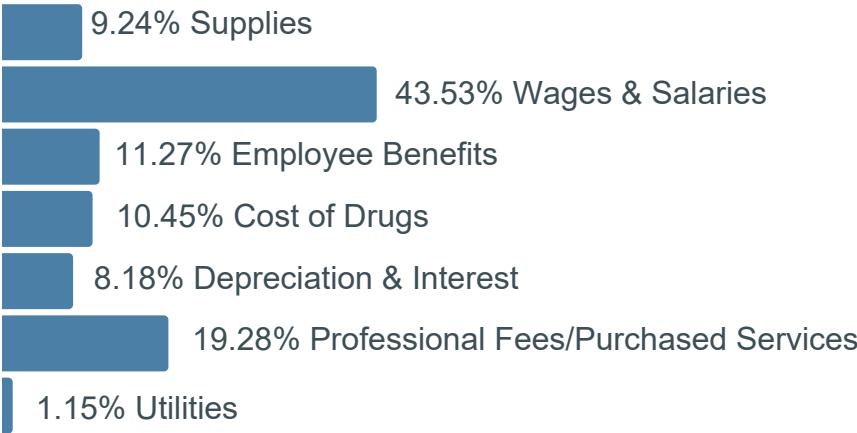
Gross charge per adjusted discharge represents the total charges generated by the number of patient discharges that are adjusted to reflect both the impact of inpatient and outpatient volumes.

Source: IHA Databank Report



Expenditures per Dollar Collected

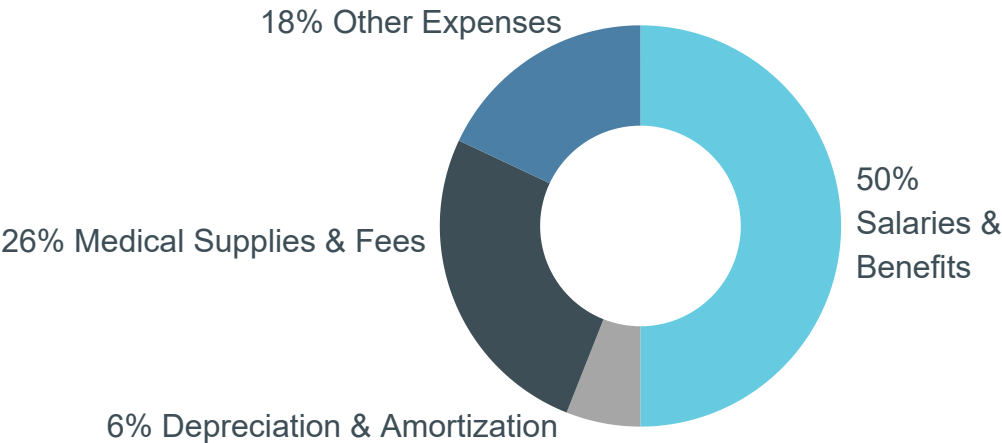
Expenditures per dollar collected is the percent of money at net used for each dollar collected by Good Samaritan.



Operating Expenses

Operating expenses of Good Samaritan allocated by category expensed.

Total Operating Expenses:
\$288,967,965



Community Impact - 2024

Women's Wellness Fair

Women have a habit of neglecting their own health. This is why Good Samaritan hosts the "Women's Wellness Fair" event every year. In June of 2024, the 19th annual women's health event encouraged 380 women attending to make their own health a priority. Offering health screenings and educational information from hospital departments pertaining to women's health.

Men's Wellness Fair

Men often fail to pay attention to their health. This is why the annual "Men's Wellness Fair" is just for them. The 2024 event, attended by 429 men, offered five health screenings and hospital departments were also in attendance to provide education and information helpful to the health and well-being of men in the community. The 2025 Men's Wellness Fair is scheduled for October 7.

Stop the Bleed

Good Samaritan Trauma provided multiple free "Stop the Bleed" classes to the community in 2024. These classes prepare individuals to address traumatic injuries and act fast to prevent blood loss and save lives. In 2024, the Trauma Department offered classes and taught a total of 543 community members these life-saving techniques.

Stroke Screening

Good Samaritan offered a stroke screening event to help community members identify their risk factors and promote early detection and prevention. There were a total of 124 screenings completed.

Economic Impact

In addition to enhancing the health and well-being of the communities it serves, Good Samaritan also contributes significantly to the local area's economic health. In 2024, the estimated total annual local economic impact by Good Samaritan was \$840,055,842 through payroll and non-salary expenses.

Providing Well-Paying, Consistent Employment

- Dollars earned by Good Samaritan employees and spent on groceries, clothing, mortgage payments, rent, etc., generate approximately \$240,187,243 in economic activity and create an additional 1,932 jobs for the local economy.

Stimulating the Local Economy with Purchases of Goods and Services

Dollars spent locally by Good Samaritan generate approximately \$18,634,518 for the local economy.

Economic benefits to communities is based on the Regional Input-Output Modeling System II (RIMS II) developed by the U.S. Department of Commerce, Bureau of Economic Analysis (BEA). The spending of any economic sector will have several rounds of "ripple" effects throughout the local economy. This is known as the multiplier effect.

SAVE THE DATE

**MEN'S
WELLNESS FAIR**

OCTOBER 7, 2025
gshvin.org/menshealthfair