CONGRATULATIONS TO THE GOOD SAMARITAN BOWLING TEAM FOR FINISHING SECOND PLACE IN THEIR TOURNAMENT!

Pictured from left to right: Sam Ever, Annabell Smith, Sammie Westfall, Beverly Adam and Dena Elmore.

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**Mission:** Provide excellent health care by promoting wellness, education and healing through trusting relationships.

**Vision:** To be the regional center of excellence in health care to support the communities we serve.

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**Good Samaritan Offering FREE Suicide and Self-Harm Prevention Class to Community**

The Samaritan Center at Good Samaritan is proud to offer a free suicide prevention seminar for mental health professionals and the public on Friday, July 12 from 9 a.m. to 5 p.m. at Vincennes University’s Green Activities Center. This seminar titled, Suicide & Self-Harm, Stop the Pain, will be presented by Jack Klott, a nationally recognized suicidologist, author and expert in suicide prevention.

“Suicide rates continue to grow in Indiana, with the equivalent of about one suicide every 8 hours,” said Kristi Scherer, Executive Director of Samaritan Center. The Samaritan Center has been working hard to identify those at risk, provide education about where to get help and reduce the stigma associated with mental health. Suicide is one of the top 10 leading causes of death in Indiana and the number continues to rise. Training and educating professionals that work with at-risk populations is crucial.”

Suicide & Self-Harm, Stop the Pain will teach attendees many of the signs and preventable actions to prevent suicide. Those at the seminar will learn to identify the seven goals of self-harm, implement risk assessment strategies, recognize the danger of engaging in “contracts” with clients, and understanding “fear of litigation.”

The seminar’s presenter, Jack Klott, MSSA, LCSW, CSWW, has helped and educated tens of thousands in his 45 years of suicide and self-harm client work. Klott has been a member of the American Association of Suicidology for 35 years and is the author of the national bestseller The Suicide and Homicide Risk Assessment and Prevention Treatment Planner.

The class will be on Friday, July 12 at Vincennes University’s Green Activities Center. Registration starts at 8:30 a.m. and the class will run from 9 a.m. to 5 p.m. CEU’s are available through PESI HealthCare, a continuing education company for health care professionals, for an additional charge. For more information and to register please visit, stoppingthepain.eventbrite.com

Good Samaritan is proud to offer this class for free to social workers, teachers, administrators, and other mental health professionals. The seminar is paid for in part by proceeds from the 2018 Good Samaritan Foundation Suicide Prevention 5K and donations from the 5K sponsors. This year’s Suicide Prevention 5K will be on Saturday, September 14. Learn more at gshvin.org/suicideprevention5k.

**July Shining Star**

**June DAISY Winner**

**June Cultivating Care Winner**

**Graduating Lab Students**

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Congratulations to this year’s Suicide Prevention 5K t-shirt design winner - Amber Burch! Amber’s design, along with four other submissions, were voted on by our Facebook followers.

Pictured from left to right: Dr. Michael Drake, Director of Clinical Operations; Jamie Kroege, Community Integration Supervisor; Rebecca Beaman, Director of Outpatient Operations; Amber Burch, Surgery Schedule Unit Clerk; Janice Fisher, Samaritan Center Administrative Secretary; Angela Lyke, Inpatient LaSalle Staff Nurse; and Lydia Wright, Resource Specialist.

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520 South Seventh Street | Vincennes, Indiana 47591 | 812.882.5220 | gshvin.org
July’s Shining Star is Makenzie Barrett

Makenzie Barrett, RN, volunteered to go to Hospice in order to help the staff care for their patients. Working in Hospice is not a part of her normal job duties and is very difficult care for some nurses to be able to adapt to. Makenzie not only adapted, but excelled in the care of this patient population. She even volunteered to take call and get her temporary Illinois license to help out her team members.

The June DAISY Award Winner is Judy Culp

Judy Culp, RN, Float Pool Nurse, is the June DAISY Award Winner. She was nominated by a patient’s daughter after her mother was sent to the ER and admitted to the hospital. The patient was nervous and upset because she knew she would be placed on dialysis. Judy was kind, patient and thoughtful with her patient. She was very thorough and conscientious, and took the time to explain and educate the patient and her daughter about what was going to be done, and what to expect next. It was clear to the patient that Judy takes tremendous pride in her work and provides the highest standard of care to patients and families.

Since Judy recently received her DAISY Award, all three Culp women who work at the hospital are now DAISY Award Winners. Must be a family tradition!

Pictured left to right: Catherine Culp, RN on 4GM; Judy Culp, RN Float Pool; and Penny Culp, ER Nurse Manager.

The June Cultivating Care Winner is Krista Hemrich

Krista Hemrich, Patient Care Tech on 4GM, is the June Cultivating Care Winner. Krista was nominated by her patient’s mother. The mother, who was 85 years old, was beginning to get hungry around lunch time and did not want to walk all the way to the cafeteria for food. Krista just so happened to be getting ready to go on her lunch break and offered to bring back some food for the patient’s mother. She brought back lunch and refused to accept any money in payment for the food. Krista was very kind and went above and beyond for the care of her patient and his family. Her cheerful manner and dedication to care was very much appreciated.

Medical Laboratory Science Class of 2019

The Good Samaritan School of Medical Laboratory Science would like to introduce the graduating class of 2019. These students have just finished their senior year of college by completing intensive didactic and clinical training in laboratory practices here at Good Samaritan.

While most of these graduates of our program have accepted positions in area hospitals, one has chosen to stay with us at Good Samaritan and another has taken a position in Kodiak, Alaska! Good Samaritan Laboratory is proud that it is able to provide certified medical laboratory scientists to Vincennes and the surrounding hospitals while continuing the Good Samaritan tradition of providing health-related education.
For Your Benefit

*Did you know?* The Human Resources page on the Good Samaritan Intranet contains a wealth of valuable information? The section on [Qualifying Events](#) allows you to click on the type of event you are experiencing to determine the steps needed to make changes to your insurance coverages. It also details the documents required to make these changes.

A new section has been added for [Employee Discounts](#). Many discounts are available to Good Samaritan employees, so be sure to take advantage of this opportunity to save!

We encourage you to contact us with any questions you may have regarding your benefits. We are here to help you!

**Employee Benefit Coordinators:**
- Reneé McQuain | Ext. 3315 | rmcquain@gshvin.org
- Sherri Ricketts | Ext. 3375 | sricketts@gshvin.org

### Performance Excellence

**NDNQI**

NDNQI is the National Database for Nursing Quality Indicators. This system is used to enter different indicators that nursing collects and compares those indicators to like hospitals. Some indicators that are collected include Catheter Associated Urinary Tract Infection (CAUTI), Central Line Associated Blood Stream Infection (CLABSI), Falls, Hospital Acquired Pressure Injuries (HAPI), Nursing Turnover, and Education. This information is collected every quarter and then the results are given to each unit.

So far in 2019, HAPI rate has been within goal. April came and went with 0 CAUTI or CLABSI’s! The Falls with Injury rate has seen improvement since February also. NDNQI is a great way to look at quality indicators that are important for patient care and to help find where improvement is needed. Thank you to all the nurses and other staff members who help to make our patients safe and provide excellent care!

### Sign up for the Good Samaritan Blood Drive!

**Tuesday, July 23, 2019 | 8 a.m. to 12 p.m. | Eva Hill Auditorium**

*Eligibility: The donation process takes less than an hour. It is recommended that donors have a light snack before donating. Most people are eligible to donate. There are very few causes for deferral and very few medications that are not acceptable.*

**Sign up today by visiting** [www.donorpoint.org](http://www.donorpoint.org). Use the sponsor code: D942.

All presenting donors will receive a pair of Versiti flip flops as a special thank you gift for donating.

### Knox County Fair

**Visit these hospital booths at the Knox County Fair during the week of July 22nd!**

- **Monday, July 22 - Community Health**
- **Tuesday, July 23 - MyChart**
- **Wednesday, July 24 - Insurance Navigators**
- **Thursday, July 25 - Samaritan Center**

**Hope to see you all there!**

### Stay Cool This Summer!

**Ice Cream Social**

**Tuesday, July 16**

1:30 - 4 p.m.
11:30 p.m. to 12:30 a.m.
Dining Room D

**MCV Ice Cream Social**

1 to 3 p.m.

Don’t forget to bring your spare change and vote for your favorite patriotic door! Money raised goes toward our United Way campaign.
HURRY! BIOMETRIC TESTING IS ENDING SOON!

The last day for testing is July 19. There are no make-up dates.

If you have NOT completed your testing, go to the direct link on the Good Samaritan Intranet homepage or the Wellness page to make your appointment! If you have trouble making an appointment call 812-885-3316 or email slyochum@gshvin.org.

Employees on the Good Samaritan medical plan who participate in biometric testing will KEEP the $50/pay premium discount. Those on the medical plan who choose NOT to participate in biometric testing will no longer receive the premium incentive discount and their insurance premiums will increase by $50/pay.

Your cholesterol, blood pressure, and blood sugar numbers are key indicators of your risk for serious illness. If you know these important numbers, you can make changes to improve your health and reduce your risk of developing heart disease, diabetes and other serious illnesses. Talk with your primary care provider about your biometric results and begin making positive lifestyle changes TODAY! If you would like additional help making positive lifestyle changes call Employee Wellness at 812-885-3316 or email slyochum@gshvin.org.

2019 biometric testing results will not be mailed! Your results will be available in MyChart.

Your biometric results will be available for you to have access in your EPIC MyChart patient portal account. If you have forgotten your password or username, go to www.viewmychart.com.

If you do not have a MyChart account, please contact Amy Bushey at 812-885-3908 or email abushey@gshvin.org to get your account set up.

If you need other assistance or have difficulty, please call the IS Service Desk at ext. 3500 and select option 2.

SWIM, BIKE and RUN at the Annual Kids Triathlon

Grab the kids and join the fun during the Kid’s Tri Saturday, July 20. Sponsored by Good Samaritan, Vincennes YMCA and Vincennes Parks & Recreation Department, the Kids Tri is a great way for kids ages 3 to 15 to enjoy a Saturday morning full of fun while getting some exercise at the same time.

Suggested Ages & Categories

Iron (Ages 10-15):
- Start Time: 8 AM ; Check-In: 7 AM
- 150M Swim | 3 Mile Bike* | ½ Mile Run

Sprint (Ages 9-12):
- Start Time: 9 AM ; Check-In: 8 AM
- 75M Swim | 1.5 Mile Bike* | ½ Mile Run

Family (Ages 3-8):
- Start Time: 10 AM ; Check-In: 9 AM
- 25M Swim | ¼ Mile Bike* | ½ Mile Run
- Parent/Guardian Participation Required

* Helmets Required!

Orientation
- Saturday, July 13
- Rainbow Beach, Gregg Park

To Register
- Stop by the YMCA of Vincennes
  2010 College Avenue
  Vincennes, Indiana 47591
- Fill out a form online at www.vincennesymca.org

Questions? Contact:
- Bill Davis at 812-895-9622
  bdavis@vincennesymca.org

* Helmets Required!