Mission: Provide excellent health care by promoting wellness and healing through trusting relationships.

Vision: To be the regional center of excellence in health and wellness.

Board of Governors Member Stepping Down After 16 Years of Service

Long-time hospital board member Maridell Sargent is stepping down from the Good Samaritan Board of Governors after 16 years of service. A school nurse for 35 years, Maridell always had a soft spot in her heart for nursing and health care. So much so, that Good Samaritan has named an award after her titled the “Maridell Sargent Excellence in Nursing Award.”

Throughout the years, Maridell has seen numerous changes take place within the hospital. “It has been an exciting time to be a board member,” she stated. “Being a part of Good Samaritan throughout the BEACON Project and seeing the amazing things the hospital does for the community has been an amazing experience.” An advocate for nursing education and training, Maridell says she has always agreed with Good Samaritan leaders and their encouragement of learning and fostering new ideas for patient care.

For the last six years, attending board meetings has been a family affair for Maridell and her husband Rowe Sargent, a Knox County Commissioner and Good Samaritan Board of Governor’s President. During this time, the husband and wife duo have taken their seats in the boardroom together alongside fellow board members and hospital leadership to discuss and decide what is best for Good Samaritan. Even though Maridell is stepping down, the family tradition will continue. The Sargents’ daughter, Susan Brocksmit, will be taking over her mother’s place on the board beginning in June.

“I’m getting to be an old lady,” laughed Maridell. “It’s time for someone younger to get involved. I have enjoyed my time on the board, but there comes a moment in your life where you have done what you can, and it’s time to move on and allow more innovative people to step in.”

“This is a wonderful opportunity I have been given,” added Susan. “It will take me a while to become familiar with the hospital and how things work, but I am humbled to be able to follow in the footsteps of my mother and be a part of all the experiences she has had.”

Susan is the Department Chair of Management and Accounting at Vincennes University, and also serves on the boards for the Knox County Chamber of Commerce and Farm Bureau. Having lived most of her life in Knox County, Susan is familiar with Good Samaritan’s vision for the future and understands the importance of giving back.

“I can offer an outside perspective and help my own community at the same time,” she states. “My parents and grandparents have always lived by and passed on the importance of doing your part for your community, and I am honored to do that as a board member at Good Samaritan.”

Although they will be big shoes to fill, Maridell knows her daughter will be an asset to Good Samaritan. “Susan has always been very good with people,” boasts Maridell about her daughter. “She works very hard to make people successful in life and has new and innovative ideas she will bring with her.”

“I just feel so fortunate to have a regional center of excellence and Magnet hospital right in our backyard,” said Susan. “Patients do not have to travel hours away to receive the care they deserve. It is amazing to be a part of something that is such a positive force in our community and I am extremely grateful for this opportunity.”

Tuesday night was Maridell’s last board meeting at Good Samaritan. “Maridell has been a key member of our governing board and will be greatly missed,” stated Rob McLin, President and CEO. “She was a leader who was fully vested in Good Samaritan. She has been an extraordinary patient advocate and an ongoing champion for our nurses and the nursing profession. She is thoughtful, caring, compassionate and I am proud to call her a friend.”

Maridell says only the fondest memories remain of her time as a board member during the past 16 years. She has met many interesting people and has felt honored to sit alongside some “really smart people.” The Board of Governors and hospital administration would all agree that even though Maridell’s position will be replaced, her kindness will not be forgotten. Before she leaves, however; she offers this last piece of advice to her daughter, “do your best and take advantage of the opportunities that come to you.”
June’s Shining Star is Debbie Swain

The June Shining Star is Debbie Swain! Debbie, who works in Marketing, is an exemplary employee who always goes above and beyond in her job duties. She has been with Good Samaritan for 35 years and it is time she is recognized for her commitment to the organization. Debbie was nominated after having worked on a secret project for the last four years. Without anyone ever asking her to do so, she began making a scrapbook in April of 2011 to document the BEACON Project. In two large scrapbooks, Debbie included any mentions in Highlights or the newspaper of the BEACON Project, from the unveiling of expansion plans to the grand opening of Gibault Memorial. Along with newspaper clippings and newsletter articles, Debbie has also included invitations to any special ceremonies held, programs, flyers, signage and pictures from move to Gibault. Debbie has also organized the Giving Tree each year. She collects information for 175 needy kids in the community and coordinates the donation of gifts hospital employees graciously give. She also recently joined a United Way committee that is focused on streamlining all of the area’s Christmas gift programs. Debbie has a huge heart and is always willing to help out others. She deserves the honor of a Shining Star!

May DAISY Winner is Angie Sollman

Angie Sollman, RN, LaSalle Behavioral Health, is the May Daisy Award winner. Angie was nominated by a patient who stated that she was what all people should emulate and is one-in-a-million. Angie took the time to reach out to the patient when she least expected it. She always has a smiling face and an outgoing, uplifting laugh. Angie was also nominated by another patient who appreciated her staying by her bedside and listening when she needed someone to talk to. The patient stated that Angie “showed me that there are people who care”. Great job Angie!
Patient Experience

To enhance our patient experience, this year Good Samaritan has a global focus on communication. AIDET is a framework for Good Samaritan staff to communicate with patients and their families, as well as each other. It’s a simple acronym that represents a very powerful way to communicate with our patients. It can also be used as we communicate with other staff and colleagues, especially when we are providing an internal service.

**Acknowledge**

Greet people with a smile and use their names if you know them. Attitude is everything. Create a lasting impression.

- “Good morning/afternoon, Ms. Jones. We've been expecting you and we're glad you are here.”
- “Good morning/afternoon, Mr. Smith. Welcome to Good Samaritan. We want to make your visit as convenient as possible. Would you please take a moment to confirm that we have your most current information?”

**Introduce**

Introduce yourself to others politely. Tell them who you are and how you are going to help them. Escort people where they need to go rather than pointing or giving directions.

- “My name is Susan and I will be conducting your test today. Do you have any questions for me?”
- “Mr. White, Dr. Smith would like you to have an x-ray in our radiology department. I would be happy to show you where radiology is located.”

**Duration**

Keep in touch to ease waiting times. Let others know if there is a delay and how long it will be. Make it better and apply service recovery methods when necessary.

- “Dr. Heart had to attend an emergency. He was concerned about you and wanted you to know that it may be 30 minutes before he can see you. Are you able to wait or would you like me to schedule an appointment for tomorrow?”
- “We are currently progressing to a new health record software that may delay your appointment time. We appreciate your patience and will assist you in the next ten minutes.”

**Explanation**

Advise others what you are doing, how procedures work and whom to contact if they need assistance. Communicate any steps they may need to take. Make words work. Talk, listen and learn. Make time to help. Ask, “Is there anything else I can do for you?”

- “The test takes about 30 minutes. The first step is to drink this solution and we'll have you wait 20 minutes before we take a blood sample. Would you like to read while you wait?”
- “After your procedure, we will monitor you in a patient room on the fourth floor where your family can join you. You will have a few days of physical therapy, after which, when the doctor believes you are ready, you will be able to go home.”

**Thank You**

Thank somebody. Foster an attitude of gratitude. Thank people for their patronage, help or assistance. Use reward and recognition tools.

- “Thank you so much for choosing Good Samaritan. It has been a privilege to care for you.”
- “Thank you for your call. We strive to provide the best care here at Good Samaritan and want your patient experience to be a positive one. We appreciate your feedback.”
2nd Annual Softball Tournament

It was a night filled with family, friends, games, delicious food and nice weather! The 2nd Annual Hospital Softball Tournament took place on Friday, May 13 and 10 teams played to win the coveted championship trophy. After the National Anthem was performed by Nicole Coomer, Foundation Development Specialist, the teams took their place on one of four fields and the tournament was underway. Only one team could outplay the rest, however. Dirty Dozen won the championship game against Here Come the Runs and earned bragging rights until next year. Congratulations to all the teams who came out and played. We would like to extend a big thank you to all the volunteers who helped out last minute and especially Ray Cummins for helping throughout the night and letting us use the Vincennes Girls Softball Fields. Can’t wait until next year!
Patient Comments

“My experience from beginning to end was excellent. Please thank all members of the endoscopy team!”

–Ambulatory

“My experience was one of the best that I have ever had for going to the ER. I loved my doctor.”

–Emergency

“The nursing staff was amazing. Very caring and helpful.”

–Inpatient

“We have always gone to GSH for all our health needs! We love the facility and wonderful staff!”

–Outpatient

Relay for Life

This past weekend was the 22nd annual Relay For Life of Knox County. The community has raised more than $56,000 so far, and Good Samaritan’s three teams (Health Information, Surgery Services and Tumor Tamers), raised a total of $8,897 this year. Fundraising efforts will continue until August so the $100,000 county goal will be met. Great job to all the Relay teams and to Good Samaritan’s teams for their success. Thank you to all the departments who participated in the Smart Shop during the Relay providing free health screenings.

Digital Highlights

The monthly publication of Highlights will soon be digital. In an effort to decrease printing costs and to be more environmentally conscious, the amount of printed copies of Highlights will be decreased significantly and employees will be encouraged to view the newsletter online. This change will allow the content to be more interactive. Shining Star and Daisy Award videos will be available within the document and links to employee emails in a story will be a click away. These changes will begin gradually with the July issue and increase throughout the year.

Rehab Move

The Rehabilitation unit has officially moved to their new location! On Tuesday, May 24, patients and employees on rehab made their way to their new home on the previous ICU floor in Columbian Tower West. The new 25-bed unit includes a centrally located gym for therapy, a kitchen area for patients to practice everyday activities so they can live on their own again, and a spacious dining area.

The first three patients who moved to the new area were excited for the big day!
Promotions

**Ashley Bickers** – Nursing Services 4GM – Staff Nurse – TO – Nursing Services 4GM – Charge Nurse

**Jennifer Carter** – Labor & Delivery – Staff Nurse – TO – Labor & Delivery – Charge RN

**Mikayleigh Hout** – Environmental Services – Environmental Services Assistant – TO – Inpatient Rehab Unit – Nursing Assistant

**Kristina Isaac** – OB – Staff Nurse – TO – OB – Charge RN

**Carrie Noonan** – Patient Accounts – Coder – TO – Patient Accounts – Coder/Abstractor

**Jessica Robertson** – Patient Access – Access Associate – TO – Community Health – Secretary

**D.J. Smith** – Environmental Services – Environmental Services Assistant – TO – Environmental Services – Environmental Services Attendant

**Sylvia Thompson** – Patient Access – Access Associate – TO – Central Services – Central Service Attendant

**Katlyn Williams** – Samaritan Center – Psychiatric Nursing Technician – TO – Samaritan Center – Multi-Skilled Worker

New Hires

**Environmental Services**
- Seth Blackwell – Environmental Services Assistant
- Josh Griggs – Environmental Services Assistant
- Lorna Swick – Laundry Assistant

**Food Services**
- Chelsea Bennett – Food Service Assistant
- Jarrod Worland – Food Service Assistant

**Laboratory**
- Danielle Swinson – Laboratory Assistant

**Nursing Service**
- Becky Chamness – Unit Clerk, Emergency Services
- Virginia Hovermale – Relief Community RN, Community Health
- Gracie Meyer – Staff Nurse, ICU
- Judy Pielemeier – Unit Clerk, Emergency Services
- Shea Riley – Staff Nurse, Clinical Decision Unit

**Perioperative Services**
- Shelly Grubb – Central Service Technician
- Felicia Kimmons – Surgical Technologist

**Physician Services**
- Jennifer Inman – Nurse Practitioner, Orthopedic Physicians, Fenwick

**Samaritan Center**
- Kena Vieck – Resource Specialist
- Elisha Wrolen – Resident Assistant

100 Men Who Cook

Sponsored by VU, the Old National Bank Vincennes Community Board and Good Samaritan, this year will mark the second time the “100 Men Who Cook” dinner and live auction event has taken place in Vincennes. Good Samaritan has pledged a participant each time the event has been held.

The beneficiary this time is the Meals on Wheels Program, provided by the area Council on Aging, Generations. Meals on Wheels, which for over 40 years has provided nutritious meals and care checks that allow older adults to stay at home and remain independent longer, has been impacted by major budget cuts through the Older Americans Act. Paired with the largest elderly population in history, many who live in poverty already, and budget cuts to the agency’s other sources of funding, it has been difficult for Generations to meet the needs of its clients who receive Meals on Wheels. This fundraiser will help replace some of those lost funds, so that the Program can continue in its entirety without interruption.

One of the participants this year will be Fred England, Chief Administrative Officer here at Good Samaritan. “I volunteered to participate this year, because we always cook for a worthy cause and this is one that I believed in,” stated England. “I plan to make an old family recipe for spaghetti, which has drawn rave reviews at family gatherings and church carry-ins. The recipe is handed down from my wife’s family, so I must give the credit for the recipe to them.”

Only a limited number of tickets will be sold to those wanting to sample the dishes prepared by the 100 Men Who Cook. Come to the event this summer to support this worthy cause, Meals on Wheels! Tickets are $60 each. For more information on 100 Men Who Cook or to purchase tickets, contact Tina Meeks at tina.meeks@oldnational.com or 812-895-4222.

Find Fred!

A banner with Fred’s picture on it will be placed throughout the hospital leading up to the 100 Men Who Cook event. The first person who finds where Fred is located will win a FREE t-shirt from Marketing. Just call ext. 3336 and let us know you Found Fred! (Only one winner will be chosen.)
Go With the Flow

We’ve all had days when we feel we have lost control
Just take a deep breath and repeat, “I’ll go with the flow”
Some days are better than others, so true
By helping each other, God always guides us through
So just remember to go with the flow every day
An awesome habit to have at work and play

This poem was written and shared by
John Brashear who works in the Nursing Department as an Orderly.
Congratulations

**Lawrenceville High School**
Tyler Thompson - Son of Jennifer Thompson, Medical Assistant at PSI, Urology

**Lincoln High School**
Emily Frederick - Daughter of Pam Frederick, Charge Nurse, ICU
Olivia Hackney - Daughter of Darren Hackney, Radiology
Trevor Hess - Grandson of Mary L. Hess, Volunteer
Page Lett - Daughter of Brandi Lett-Hunger, Unit Clerk, ICU
Caitlyn Limbach - Family Friend of Jennifer Qualls, Administrative Secretary to CMO and Medical Office Staff
Zachary S. Neighbors - Son of Samantha Neighbors, Precert Benefit Analyst, Physician Network
Brett Qualls - Son of Jennifer Qualls, Administrative Secretary to CMO and Medical Office Staff
Kenlee Rumer - Daughter of Amy Rumer, Shift Coordinator of OB / Oncology
Shelby L. Tumey - Daughter of Andrea L. Tumey, RN Wellness Matters Clinic

**North Knox High School**
Hailley B. Kahre - Daughter of Tracey Kahre, RN, BSN, CMSRN 4GM
Tucker Woodburn - Son of Jill Woodburn, Physical Medicine Department Secretary

**Richland County High School**
Hali Hahn - Daughter of Brandee Hahn, Lean Six Sigma
Alexis Snyder - Daughter of Tracy Snyder, Laboratory Director

**South Knox High School**
Joshua M. Rehwald - Son of Julie Rehwald, Health Information / Transcription Supervisor
Mackenzie Snider - Daughter of Laura Hostetler, OB

**Washington High School**
Lacey Himsel - Daughter of Tracy Himsel, RN, LaSalle Unit
Carrie Lane - Niece of Debbie Swain, Marketing
Baylee J. LeMond - Granddaughter of Cathi Carie, Primary Care Clinic

**Butler University**
Erin Wehrheim - Master’s Degree in Physician Assistant Studies - Daughter of Mark Wehrheim, Radiology, and Kelly Wehrheim, Radiation Oncology, the Niece of Jim Wehrheim, Pharmacy, John Wehrheim, Labratory, and Kathy Bunte, Cardiology, and the Great Niece of Nancy Johnson, Mammography

**Indiana State University**
Ali Houchin - Bachelor of Science/Communication Disorders - Daughter of Alicia Houchin, OTR, Physical Medicine
Christina Reynolds - Bachelor's Degree in Exercise Science, Minors in Massage Therapy and Strength and Conditioning - Daughter of Ilena Vendes, Diagnostic Scheduler

**Indiana University**
Laura Beamon Holscher - School of Public and Environmental Affairs-Bachelors in Health Care Management and Policy - Daughter of Marjorie Beamon, Samaritan Center
Jacob T. Gay - Bachelor of Science Degree in Human Biology - Son of Tracy Gay, Pharmacy, and Amy Gay, Health Information Management
Ashley Gibson - School of Law-Doctor of Jurisprudence - Daughter of Jane Gibson, Charge Nurse, ICU
Class of 2016!

Lakeland College
Jennifer Stephens - Associate in Applied Science of Dental Hygiene - Daughter of Becky Stephens, RN, Emergency Room

Olney Central College
Shannon Bandes - Associate of Science Degree in Nursing, Student Nurse Extern on ICU
Molly Phillips - Associate of Science Degree in Nursing, Monitor Tech on ICU - Daughter of Julie Phillips, RN Cardiology

Southern Illinois University
Justin Bailey - Biology Premed - Son of Cindy Bailey, Clinical Informatics and Education
Ryan Bailey - Degree in Agricultural Business - Son of Cindy Bailey, Clinical Informatics and Education

University of Southern Indiana
Danielle Christian - Bachelor’s Degree in Social Work - Daughter of Audrey Christian, RN Samaritan Center Outpatient
Jake Howell - Bachelors in Exercise Science - Son of Tammy Howell, Respiratory Care Support Services
Kiersten N. Updike - Bachelor’s Degree in Social Work - Daughter of Cindy Swan, Lead Tech, Neurology Department

University of Southern Mississippi
Andrew J. Hunckler - Bachelor of Music and Education - Son of Larry Hunckler, Security

Vincennes University
Brandon Benton - Associate Degree in Business Administration - Son of Julie Benton, Secretary of Environmental Services / Laundry / Security
Calyssa Brasseur - Associate of Science Degree in Nursing - Daughter of Renee Brasseur, Outpatient Oncology, and niece of Perry Snyder, Cardiology
Mason Buckthall - Associate of Science Degree in Nursing, Student Nurse Extern on ICU
Lacey Hackney - Associate of Education Degree in Early Childhood Development - Daughter of Darren Hackney, Radiology
Jarret E. Hamilton - Bachelor’s Degree in Land Surveying Technology Management - Son of Ladonna Hamilton, Sleep Disorders
Kourtney Osmon - Associate of Science Degree in Nursing, Student Nurse Extern on ICU
Madison Schuckman - Associate of Science Degree in Nursing, Student Nurse Extern in ER - Daughter of Matt Schuckman, Administration, and Kristi Schuckman, Employee Health

Western Governors University
Steven Lindsey - Master of Business Administration (M.B.A.), Information Technology - Son of Lee Ann Malott, Secretary Respiratory Care
Good Samaritan’s Laboratory department celebrated Lab Week from April 24-30. Each day, the department had various fun activities taking place and delicious food brought in for lunch. Their lunch each day ranged from Dogwood BBQ to baked potato bar. Thursday, April 28, was ballpark day where hamburgers and hotdogs were served and everyone was encouraged to wear their favorite team shirt. Activities and games were also planned throughout the week. Each department had to come up with a CSI style case study for the display case. Various games including pipette tip Battleship, name scrambles of all the employees, hidden object game (lab edition), Pin the Flagella on the Trichomonas and Never Have I Ever were played.

To finish out the week on Friday, there was a dessert competition where everyone competing had to make a dessert that looked like something you would find in the lab. Some of the entries were: a centrifuge cake, red/white blood cell cookies, colon cake, E. coli cake, test tube pretzel rods, tissue specimen jello and a buttock with worms. The entries were judged by the esteemed Matt Schuckman, Vice President of Operations, Randi Sims, Application Analyst, Steven Lindsey, Ambulatory Support Manager, and Shane Wilson, Pharmacy Operations Coordinator.

**Lab Week**

**Good Samaritan Partners with City of Vincennes to Host an Active Living Workshop**

The city of Vincennes, in partnership with Good Samaritan, has been selected to host an active living workshop. Health by Design and the Indiana State Department of Health are partnering to present a series of workshops designed to help communities throughout the state become healthier, more active and accessible for all ages and abilities. The Active Living Workshop Grant, valued at $6,500, is funded by the Centers for Disease Control and Prevention.

Vincennes was one of five communities in Indiana selected through a competitive application process to host a workshop between July 2016 and June 2017. The workshop will gather leaders from all different areas of the community to learn about active-living communities and to discuss strategies that can be used to help Vincennes become more active. The workshop will also include an assessment of the city’s sidewalks and roads for the purpose of giving community members a better environment.

“The point of these workshops is to see that strong communities are built for all ages and abilities, and to begin planning and designing environments that will allow and encourage residents to be active in their daily lives,” said Kim Irwin, Executive Director of Indiana’s Health by Design Coalition.

The City of Vincennes and Good Samaritan have partnered to host this workshop because both want to explore new ways to better the health of the community. Vincennes Mayor Joe Yochum says, “This is an exciting time as our city and Good Samaritan partner in our effort to build a strong, active, healthy community for all.” Rob McLin, President and CEO of Good Samaritan, adds, “We strive to promote wellness and encourage healthy lifestyles. This grant allows us and the city to create an environment where residents can take part in physical activity and lead more healthy lives.”

The one-day workshop’s date has yet to be announced. After the workshop, the Vincennes community will receive a summary report containing resources and guidance on how best to meet the city’s fitness goals.
**Sepsis Bundle Compliance:** A new measure that is at the forefront of Good Samaritan’s focus is care of the Sepsis patient. Research from 2014 revealed that 48 percent of patients who died in the acute care setting had a diagnosis of sepsis. Based on this information we can see that appropriate care of the sepsis patient is important in delivering the safe quality care that aligns with our mission to “provide excellent health care by promoting wellness and healing through trusting relationships”. As a result of this focus, Performance Excellence is actively involved with the review of all sepsis cases to help alert physicians and staff to the actions needed to ensure that Good Samaritan does their part in decreasing/preventing any adverse event that may occur during a patient’s stay with relation to sepsis. A Sepsis Team has also been formed with representation from the Medical Staff, Nursing and Ancillary Departments.

The information tracked in relation to the Sepsis patient includes the following:
- Initial Lactate
- Repeat Lactate
- Blood Culture Prior to Antibiotic
- Antibiotic Selection
- Focused Exam
- Fluid Administration

In the ever changing environment of health care, it is sometimes easy to become overwhelmed by another requirement. However, in order to ensure that every patient who walks through our doors receives safe quality care, it is necessary for us to remain devoted and engaged in the care our patients receive. As has been noted before, safety is in our hands and quality will be enhanced when we as employees place ourselves in the patient’s and their families shoes by treating them as we would want to be treated.

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**For Your Benefit: Retirement Presentations**

Plan to join us for a series of informative benefits presentations to help you plan for retirement. The first two programs will be hosted by Mike Faulk of Empower Retirement and will last 45-60 minutes.

**Coming in June - “Live Like You Planned It”**

While each of us has a different dream for retirement — travel, part-time work, community service, new hobbies — it is no secret that most dreams come with a price tag. This presentation is designed to help participants understand where their retirement money can come from and what options they have to help make their retirement dreams a reality.

*What attendees will learn:*
- Retirement income needs
- Importance of income replacement
- How to turn an account balance into a paycheck
- Different investment strategies

*Session will be presented on June 9 at 11 a.m. and repeated again at 6 p.m. in Eva Hill Auditorium*

**Coming in July - “Distribution Options”**

For many people, knowing what to do with their retirement money during a time of transition is confusing. There are so many choices to make. Leave the money in the plan? Roll over into an IRA? Cash out? This course is designed to help participants understand how their choice can affect their retirement income and lifestyle.

*What attendees will learn:*
- Pros and cons of the distribution options
- Tax implications and penalties associated with each option
- Things to consider when deciding what to do with their current retirement plan account balance

*Session will be presented on July 28 at 11 a.m. and repeated again at 6 p.m. in Eva Hill Auditorium*

All sessions are FREE and no RSVP is necessary. Attendance is voluntary and on your own time. We are also planning two additional programs later in the year regarding social security benefits and estate planning (wills and trusts).
Biometric Testing is Here!

This is a FREE benefit for ALL Good Samaritan Employees!
(As well as spouses on the Good Samaritan Medical Plan)

We care about your health! Biometric testing includes height, weight, blood pressure and a lab draw for a full cholesterol panel, A1c and a PSA for men 40 and over.

Know Your Numbers

You will need to schedule your own appointment by clicking on the direct link to the online appointment scheduler on the Good Samaritan intranet homepage or on the wellness page. Be sure to make your appointment EARLY if you need a specific day or time!

Enter your correct email address to receive a confirmation and reminder email!

**June**

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**July**

| Wednesday | July 6 | 1pm - 4pm | Conf. B |
| Thursday | July 7 | 6am - 10am | Conf. B |
| Friday | July 8 | 9am - 12pm | Conf. B |
| Monday | July 11 | 7am - 11am | Conf. B |
| Tuesday | July 12 | 7am - 9am | MCV |
| Wednesday | July 13 | 6am - 10am | Conf. B |
| Thursday | July 14 | 7am - 9am | CBO |
| Thursday | July 14 | 12pm - 3pm | Conf. B |
| Tuesday | July 19 | 8am - 12pm | Conf. B |
| Wednesday | July 20 | 7am - 9am | MCV |
| Thursday | July 21 | 6am - 10am | Conf. B |
| Friday | July 22 | 7am - 11am | Conf. B |

*Note Location

FOR EMPLOYEES ON THE GOOD SAMARITAN MEDICAL PLAN | If you are covered by the Good Samaritan Medical Plan and choose NOT to participate in biometric testing, Good Samaritan’s contribution to your health premium will decrease by $50/pay and you will be responsible for the additional $50/pay.

**2015 Financial Incentives for Employees on the Health Plan**
Meet all 4 criteria to qualify for $12/pay = $312/year!
• Tobacco Free
• BMI <30 (or 10% Weight Loss From Last Year)
• Blood Pressure < 140/90
• A1C < 6.5

Reasonable Alternative Offered If You Fail To Meet One or More of The Biometric Criteria
Your health plan is committed to helping you achieve your best health status. Rewards for participating in biometric testing are available to all employees. If you do not meet one or more of the health standard criteria for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. You must contact Susan Yochum at 3316 or email slyochum@gshvin.org by September 30, 2016 if you are interested in a reasonable alternative. We will work with you (and if you wish, your doctor) to find a wellness program with the same reward that is right for you in light of your health status.