Good Samaritan Trauma Services
Awarded First Injury Prevention Grant

Located in the region with the highest rate of infant mortality in the state of Indiana (infant mortality rate of 5.9 per 1,000 live births), Good Samaritan Trauma was recently awarded a $25,000 grant to create a toolkit (an instructional how-to guide) to hosting a comprehensive Baby Safety Shower that will serve as the state model.

The Baby Safety Shower Program created at Good Samaritan will serve as the template to replicate in counties across the state of Indiana. The “pilot launch” was held on May 9, 2017 along with a train-the-trainer session. Local physicians, schools and community organizations helped with the preparation and provided education to those who attended the shower.

“I was extremely blown away by how great the event was,” said Preston Harness, Injury Prevention Program Coordinator with the Indiana Department of Health. “We couldn’t have asked for a better turnout and flow for the event. I am new in the game of infant safety, but it was by far the best safety shower I’ve been to!”

Interactive booths provided information ranging from prenatal care to safe sleep to pet safety. Each attendee received a free Evenflo infant car seat, carbon monoxide detector, HALO sleep sack, PURPLE Crying Booklet and DVD, and a bath thermometer duck. Throughout the next 12 months, Good Samaritan Trauma Services will travel to surrounding counties to assist with showers and provide safety shower kits.

“With the rates of infant mortality increasing every year, we knew that some type of education was needed in our community,” said Mary Pargin, Trauma Program Manager. “The baby safety showers are a great way to interact and provide valuable information to new moms in a fun atmosphere. We were very happy with the first shower and are excited to serve as the state model for other hospitals’ success.”

As part of the grant, Good Samaritan will host a Certified Passenger Safety Technician course in the fall of 2017 and create their own certified technicians to utilize in future showers. These safety technicians will be a community resource for parents who would like one-on-one personalized instruction on how to properly use their child’s car seat.

Good Samaritan Trauma services will be planning another shower to take place at the hospital in the fall.
June’s Shining Star is Jim Flory

Physical Therapy Assistant, Jim Flory, is the June Shining Star! Nominated by a patient’s wife, Jim was very caring and compassionate with her husband during his therapy sessions. After visiting various physical therapists in the area, including Jasper and Evansville, Jim has been the best the couple had seen in the area. He introduced his patient to a new exercise that no one else had, utilizing a small table. The couple searched the Internet to purchase the table, but could not find one to use at home. Hearing they were having trouble finding one, Jim took it upon himself to make a table for his patient. The exercises the patient can perform with the help of the table have strengthened and helped him with his daily activities. The couple are truly grateful for Jim and the entire Outpatient Physical Therapy staff at Good Samaritan for providing the best patient care.

May’s DAISY Winner is Catherine Culp

Catherine Culp, Joint Replacement Center nurse, was nominated by a patient and his wife for the DAISY Award. The patient came into the hospital thinking he was having a heart attack, but was later diagnosed as having gallbladder trouble. Throughout the craziness and uncertainty of his condition, Katie went out of her way and made sure the patient and his wife’s needs were met. Having had other experiences in hospitals that were unsatisfactory, the patient and his wife wrote that Katie is “by far the best nurse we have ever seen. If she doesn’t win, she deserves some recognition for being the most outstanding nurse you have.” Congratulations Katie for your hard work and dedication to your patients and their families!
Patient Experience

When we consider the patient experience, we generally think about employees in the hospital who are clinical. They spend their days providing direct patient care. Although these employees are vital to the success of Good Samaritan, it is important to consider how non-clinical staff contribute to the patient experience as well. Each month, we will be featuring departments that help the hospital maintain high patient experience results. It takes all of us to provide world-class care!

Engineering Department

Comprised of 32 employees, the Engineering Department is filled with individuals who work behind the scenes. There are three sub-departments within Engineering: Plant Operations, which includes the gentlemen who work in the boiler room and plumbing; Maintenance/Carpenter Shop, which handles construction and maintenance throughout the hospital; two ladies who have clerical duties; and the Biomed department, which includes Biomed, Telecommunications, electricians, and a Zone Maintenance employee.

Each member of the Engineering Department contributes to the patient experience every single day. Whether they are fixing a leg on a table, changing a light bulb in a patient room, or making sure all key electrical sources are running, they all make sure our patients are safe and comfortable while they are at Good Samaritan. See below on how each sub-department has a part in the patient experience.

"We ensure patient safety by calibrating and repairing equipment throughout the hospital. From telephones to IV pumps, our department works to make sure everything is safe for patient and employee use."
- Biomed

"We are the heartbeat of the hospital. The Energy Center and Boiler Rooms provide all the energy to keep everything running."
- Plant Operations

"Our department maintains areas throughout the hospital by repairing and resolving minor maintenance issues. This can also include the repair of laundry equipment as well."
- Maintenance / Carpenter Shop

Celebrating 50 Years of Volunteer Service

Gift Shop volunteer, Ethylgene “Gene” Josh, was recently recognized for her 50 years of volunteer work at Good Samaritan. Gene began volunteering when she was in her 30’s. She was still working a full time job at the time, so she volunteered in the evening. “I don’t think the public is aware of all the things volunteers have accomplished in this hospital,” stated Gene. “We’ve come a long way from a janitor’s closet and elevator shaft to the beautiful gift shop we have now.”

“It is beyond amazing that anyone would have the dedication to volunteer for 50 years. It is because of Gene’s commitment to Good Samaritan that she has done so and will continue on for many more years,” said Jo Ella Coots, Volunteer Services/Gift Shop Manager. The Gift Shop would not be as successful as it is today without Gene’s, and other volunteers’ generous donation of their time and talents. To date, profits from the gift shop have brought in $1.55 million in equipment and special funds. Good Samaritan President and CEO, Rob McLin, awarded Gene with a certificate and spoke of her dedicated volunteer work at a special ceremony in her honor on May 25. “The people here are a testament to the amount of impact you’ve had on so many people at Good Samaritan and the lives of individuals,” commented McLin that evening. “It’s my privilege to be able to congratulate Gene Josh on fifty years.”

“I want to thank Mr. McLin and the Board of Governors for this honor. It means a lot to me,” added Gene. “I want to thank Jo Ella Coots and Shea Hendrixson, and all of my fellow board members who made all of this possible, all of my relatives, all of the volunteers, especially all of the volunteers that I work with in the Gift Shop. I want to thank everyone who comes to the gift shop and buys things because all of that money comes right back into the hospital.”
For Your Benefit: Updating Your Beneficiaries

Life is ever-changing. Events such as marriage, having a child, a death in the family and divorce can drastically change your circumstances. That’s why it’s important that you regularly review and update your beneficiary designations.

Why is it so important?

If your beneficiary information is not updated, your assets may not be distributed as you had wished. For example, if your ex-spouse is still listed as your beneficiary, they would be entitled to receive your benefits. Some people may not even have a beneficiary listed at all. This could cause your benefits distribution to be delayed or to go to your estate and not to those who need it most.

Common reasons for updating beneficiaries

- The birth or adoption of a new child
- Marriage
- Divorce
- Death in the family
- If a minor beneficiary reaches age 18
- You become caretaker of an elderly parent

What plans should have a beneficiary listed?

If you are enrolled in any of the following, you should have a designated beneficiary.

- 401a Good Samaritan Pension Plan
- 403b Retirement Savings Plan
- Basic Group Life Insurance
- Boston Mutual Whole Life

How to update beneficiaries

If you are enrolled in the 401a Pension Plan or 403b Retirement Savings Plan:

1. Log into your individual account at [www.empower-retirement.com](http://www.empower-retirement.com)
2. Click on the “My Profile” icon
3. Select “Beneficiary

You can also pick up a form in Human Resources or meet with representative, Mike Faulk, during his on-site visits.

For life insurance, forms are available on the [Good Samaritan Intranet](http://Intranet) or in Human Resources.

For Boston Mutual Whole Life, contact Janet Vaught at 800-968-7491 (ext 495 or 365) or via email at jvaught@gregoryappel.com.

* Please note, you may need your beneficiaries’ Social Security number available to complete the process. If you have any questions, please visit the Human Resources Benefits Office for assistance.

Good Samaritan Receives Vision Award

Good Samaritan was recently awarded the “Vision” Award from VisionFirst for their leadership and commitment to their donor program. Good Samaritan’s donor program ensures that all patients have the opportunity to become donors. Key to their success is having staff, including physicians and nurses, who understand and communicate the impact organ donation has on the lives of others and how the possibility of donation can offer something positive to families who have suffered a loss.

The goal of any donor program is to ensure that every individual and family is presented with the opportunity to become a donor. Good Samaritan has a program in place to present organ donation opportunities, while always maintaining the dignity of donors and their families.

In 2016, Good Samaritan was responsible for making a difference in the lives of more than 74 individuals through the gift of sight. In the past five years, 238 people had corneal transplants due to the hospital’s efforts, and the generosity of donors and their families.

"These are our family members, friends and neighbors who now have their vision restored thanks to the kindness of patients and families who make the decision to donate,” said Karen Haak, Chief Nursing Officer. “We are humbled and honored to be there for our patients and their families during a difficult time in their lives. Their choice to donate will help improve the quality of life for someone else, which is a wonderful thing."

Thanks to the generosity of Indiana residents, VisionFirst has helped more than 17,000 individuals in the last six years have a better life.
What healthy/lifestyle-related change(s) have you made? Following a diet plan of 1,200 - 1,400 calories per day and making sure I get over 30 minutes of exercise each day and more if time allows.

How did you make the change/what have you been doing? I log my calories into My Fitness Pal app - any and everything I eat. At the end of the day, I strive to have over 30 minutes of exercise and more than 10,000 steps on my Fit Bit.

What motivated you to make the change? There was a weight loss challenge in our unit with a hefty purse. But honestly, physically feeling and looking better is my truest motivation.

Tips for success/staying motivated? I make sure I log calories immediately after each meal or snack. If I happen to slip up or go over, I remember that in the morning I will begin again and strive to do better!

How have you incorporated this into your life? I attempt to choose foods that are pre-measured or are easy to find calorie counts for. I grab a healthy snack to munch on instead of reaching for junk food. I use my break times at work to get in extra steps in addition to my exercise.

How has it made you feel? My feet and knees feel better and I am wearing clothes that have been untouched for too long.

Anything else you would like to add? I want to thank Susan Yochum for her efforts in putting programs and information out there to help one stay motivated to be more healthy. And to Eric Potts, PA for keeping me on task during our weight loss challenge.

Mary Trimble, RN, BSN
Emergency Services

Better Breathers Club

Better Breathers Club, associated with the American Lung Association, offers patient-centered, and community-based educational opportunities and support to persons with chronic lung disease and their families, friends and support persons. (Especially COPD, but also asthma, idiopathic pulmonary fibrosis (IPF), lung cancer and other chronic lung diseases).

Next Meeting

Wednesday, July 5, 2017
Good Samaritan Cancer Pavilion
12:00 to 1:30 p.m.

Light lunch will be served.
Topic: Spiritual Healing
Promotions

Rebecca Allen – Mammography – Access Associate – TO – Pharmacy – Pharmacy Tech

Rebecca Boxley – Samaritan Center – Secretary – TO – Samaritan Center – Records Analyst Clerk

Lauren Coffman – Samaritan Center – Secretary – TO – Samaritan Center – Records Analyst Clerk

Stephanie Dougan – Samaritan Center – Resident Assistant – TO – Samaritan Center – Resident Assistant Coordinator

Julia Finch – Surgical Unit – Staff Nurse – TO – Surgical Unit – Charge Nurse

Billie Hawkins – Laboratory – Laboratory Assistant – TO – Patient Accounts – Patient Accounts Representative

April New Hires

Engineering
• J.D. Armstrong - Groundskeeper

Environmental Services
• Cailey Chambers - Environmental Services Assistant
• Hailey Groves - Environmental Services Assistant
• Elise Heacock - Environmental Services Assistant
• Tammy Hert - Environmental Services Assistant

Food Services
• Chelsea Johnson - Food Service Assistant

Laboratory
• Lexie Hyre - Laboratory Assistant
• Rachel Inskeep - Laboratory Assistant
• Dina Stafford - Laboratory Assistant

Nursing Services
• Sydney Hatton - Secretary, Hospice
• Rebecca Ivers-Green - Multi-Skilled Worker, Ambulatory Surgery
• Lynette Johnson - Multi-Skilled Worker, Medical/Pediatrics
• Lindsey Johnson - Multi-Skilled Worker, Medical/Pediatrics
• Erin Zehner - Physical Therapist Assistant, Rehab Physical Therapy

Patient Access
• Kensley Cavins - Access Associate

Patient Accounts
• Meaghan Hollis - Patient Accounts Representative
• Kamber Tucker - Patient Accounts Representative

Pharmacy
• Whitney Percival - Pharmacy Technician

Physician Services
• Kelly Sparks - Physician Assistant, Quest Orthopedics

Respiratory
• Kevin Kaytor - Polysomnographic Technologist, Sleep Disorder Center

Samaritan Center
• Judith Culter - Resource Specialist
• Laura Pease - Resident Assistant
• Stephen Wilson - Psychiatric Nursing Technician

Congratulations to the Recyclable Art Contest Winner!

Switchboard Operator Nancy Becke was congratulated for winning the Recyclable Art Contest by Rob McLin, President and CEO; Keith Monroe, Director of Environmental Services and Security; Don Page, Director of Engineering and Green Committee Chair and Matt Schuckman, Vice President of Operations. She received a check for $200 from the Green Committee that was donated to the Vincennes Pet Port. Nancy’s artwork and others that were submitted will be on display in the display case in June.

Good Samaritan Bowling Team

Good Samaritan sponsored a bowling team at Creole Bowling Lanes. Team members are front row from left to right, Sami Westfall, Pharmacy; and Jan Steffy, Pharmacy. Back row from left to right: Sam Everett, Sure Clean; Captain Diana Yockey, Pharmacy; Annabelle Smith, Environmental Services;
Before you know it that frown will go away
If you can remember to smile everyday
It's not easy to keep a happy face
up or down
It's our own choice to smile or frown

A Smile or a Frown

June Anniversaries

Cameron Anderson..............1
Lori Byrer ..................1
Kayla Campbell ............1
Megan Clouse ...............1
Jill Cucinella ..............1
Serenity Dart ..............1
Mary Forbes ...............1
Jessica Frazier ..........2
Jessica Greenwood ......2
Makenzie Harrison ......1
Carla Hatcher ..............1
Carly Hatten ..............1
Haylee Hostetter ......1
Taylor Houck ..............1
Theresa Huey ..............1
Hannah Jenkins ..........1
Hannah Johnson ...........1
Niki Kaiser Fischer ....1
Ashlynn Kendall ......1
Rowena Labo ..............1
Erin Later .................1
Whitney Leigh ..........1
Lindsey Letson ...........1
Sarah Maxwell..........1
Charles McCrary .........1
Lynn Morris ...............1
Chanda Perry .............1
Traci Reed .................1
Ryan Scott ...............1
Lori Shelton ..............1
Meredith Spitz .........1
Haley Underwood .......1
Ryan Vestal ...............1
Heather Willard ..........1
Nicole Woodard ...........1
Kelsey Wullenwaber ....1
Rick Ziegler ..............1
Teresa Alexis .............1
Shania Alvis ..............2
Angie Barnes ..............2
Waylon Boxley .............2
Ray Bridges ...............2
Mason Buckthal ...........2
Kaleb Calhoun ..........2
Jennifer Clinkenbeard ....2
Amy Collins ..............2
Marcus Crawford .........2
Judy Culp .................2
Theresa Finley ..........2
Lauren Gates ..............2
Chelsea Graber ..........2
Tina Himsel ..............2
Chelsea Hoalt ...........2
Mikayleigh Houl ..........2
Emily Kelly ..............2
Savannah Kirkwood ....2
Jesse McDonald ...........2
Laura Mizerak ..........2
Jaime Parkes .............2
Tracy Pearson ............2
Ashlee Primus ..........2
Jessica Snidle ...........2
Jonna Stephens ..........2
Alex Weber ...............2
Molly Webster ..........2
Angelia Williams .......2
Lauren Youngren .......2
Amanda Horst ............3
Tyler Maharry ..........3
Elizabeth Pendley ....3
Justin Smith .............3
Ava Allender .............4
Cathy Carie ..............4
Brooke Gher ..............4
Allyson Hageman ....5
Sara Hatfield ............5
Art Obaseki .............4
Alexi Pea ...............4
Kenzie Aiton .............5
Nicole Bradbury ......5
Leslie Dale ..........5
Nancy Harness ..........5
Kara Holscher ......5
Ali Houchin ..........5
Sara Usrey ..........5
Emily Walls ..............5
Tracy Anderson ..........6
Jessica Beaman ....6
Mike Hedge ..............6
Patrick Linderman ....6
Rebecca Mallory ....6
Jessica Mendenhall ....6
Molly Phillips ........6
Karen Provines ........6
Cammy Risinger ....6
Nina Squires ........6
Mike Tyner ..............6
Autumn Greene ....7
Jacob Phegley ....7
Patricia Scholmer ....7
Cathy Vantlin ..........7
Erica Baxley ..........8
Liz Biann ..........8
Hilary Price ..........8
Cassandra Whittington ...8
Michele Church .......8
Bobbi Decker ....9
Stacy Lake ........9
Meaghan Meeks ....9
Ashley Toliver ......10
Stacy Baize ..........11
Matthew Bauer ..........11
Marvin Covey ..........11
Tara Laue ..........11
Rosanna Stubblefield .11
Susan Yochum ..........11
Diana Adams .......12
Sally Clinkenbeard ....12
Michelle Ochs .......12
Allison Rusch ..........12
Gina Baldner ..........12
Joella Coots ..........13
Lissa Crowley ..........13
Tammy Robinson ..........13
Ashleigh West ......13
Mark Schutter ..........15
Amanda Trujillo ......15
Alicia Alumbaugh ....16
Lora Gray ........16
Constance Hagen ....16
Susan Hale ..........16
Jennifer Shrum ..........16
Earl Theriac ..........16
Stacey Worland ....17
Brenda Wade ..........18
Elaine Workman ....18
Dan Field ..............20
Chad Allen ..........21
Danette Boyd ..........21
Robyn King ...........21
Deborah Holman ....22
Edward Rowley ....25
James Strahle ....25
Faith Clark ........26
Carol Rue ..........26
Roger Sterling .......27
Lora Hyre ..........28
William Kelly ........28
Cheryl Leimbach ....28
Sandra Covey ....30
Holly Schlanker-Ingram .30
Julie Liston ........30
Mary Trimble .......30
Keith Boyer ...........31
Nancy Miles ..........31
Lori Devers ..........34
Kevin Blackard ......35
Keith Goldman .......37
Phyllis Lacy ..........37
Julia Schulze ......37
Sue Wolf ........37
Teresa Zeabart .......40
Julie Thomas ........41
Dean Wagoner ........41
Erna Barnes ..........42
Wendy Mangin ........43
Dixie Stephens .....44
John Wampler .....44

Physician Anniversaries

Allie Thomas-Fannin, MD ...1
Michael Adams, MD ....4
Vikash Khurana, MD ....4
Young Paik, MD ..........4
Ryan Palmer, DO ..........4
Siddharth Jani, MD ......5
Naeem Raza, MD .........5
Rhonda Eubanks, MD ...7
Cyrus Adams, MD .....13
William Mayfield, MD ...13
Cathy Freeman, MD .....17
Rong Yang, MD ..........18
Gavin Chartier, MD .....24
Thomass O’Rourke, MD ...24
Kelly Anderson, DO ....25
Philip Bacidore, DO ....29
Terry Fenwick, MD .....29
William Vaughn, MD ...30
Michael Kelly, MD ...36

Thank You

In recognition of all the awesome things you do
This little poem is to simply say thank you
They say if you love what you do you never work a day in your life
Laugh daily, smile often is darn good advice

These poems were written and shared by John Brashear who
works in the Transportation Department as an Orderly.
Congratulations

**Lawrenceville High School**
Madison Carter - Daughter of Jacie Carter, RN Care Management
Macey Lynn Waggoner - Daughter of Jamie L. Frederick, BSN, RN, Physician Practice Transformation Specialist

**Lincoln High School**
Dylan Flynn - Son of Christy Flynn, Respiratory Care
Hannah Williams - Granddaughter of Bonnie Sanders, Sleep Lab, great niece of Kathryn Hoke, Volunteer

**North Knox High School**
Caden Devine - Son of Belinda Devine, RN, Physician Services - Pediatrics

**Red Hill High School**
Danielle Polston - Daughter of Kary Polston, RN, BSN, Samaritan Center Outpatient Nurse Manager
Bailey Ferguson - Daughter of Jill Ferguson, Performance Excellence

**Richland County High School**
Abigail Kristine Perkins - Daughter of Christine Wright, Histo/Cyto Prep Tech
Ian Michael Perkins - Son of Christine Wright, Histo/Cyto Prep Tech

**Robinson High School**
Paige Gower - Daughter of Stacy Baize, Samaritan Center Community Resource Specialist
Logan Phillippe - Son of Jennifer Shrum, MSN RN CRRN CNML, Nursing Professional Development Specialist

**South Knox High School**
Shayelan Lukens - Daughter of Zoe Lukens, OpTime/Anesthesia CT, Surgery Departments, Granddaughter of Gina Bailey, Radiologic Technologist, Cardiology Cath Lab, Niece of Mandy Trujillo, Food Service
Kyler Smith - Son of Holly Smith, Multi-skilled Worker in ER

**Butler University**
Allyson Wehrheim - Bachelor in Health Sciences - Daughter of Mark Wehrheim, Radiology, Kelly Wehrheim, Radiation Oncology, and sister of Erin, PA in ER, niece of Jim Wehrheim, Pharmacy, John Wehrheim of Lab, and Kathy Bunte, Cardiology.

**Franklin College**
Audra Lane - Bachelor in Exercise Science with minors in Biology, Chemistry, Biochemistry, and Fitness- Niece of Debra Swain, Marketing Assistant

**Indiana University School of Dentistry**
Andrew D. Wilson - Doctorate of Dental Surgery - Son of M. Shane Wilson, R.Ph., Pharmacy Operations Coordinator

**Indiana University Purdue University Indianapolis**
Becky Shields - Master’s in Public Affairs with concentration in Nonprofit Management - Daughter of Mark Shields, IT Pharmacist and Jill Shields, Medical Technologist, Lab.

**IVY Tech**
Brenda Wade - Associate of Applied Science, Certified Medical Assistant (AAMA) Healthcare Support - MT/UC on ICU

**Kansas City University of Medicine and Biosciences**
Rey Anthony B. Carandang - Doctorate of Osteopathic Medicine- Son of Dr. Rey Carandang and Rose Carandang, RN BSN

**Lincoln Trail College**
Makayla Duncan - Associate in Nursing - Student Nurse Extern on ICU
Miami University
Nicholas S. Wilson - Bachelor of Science Chemical Engineering - Son of M. Shane Wilson, R.Ph., Pharmacy Operations Coordinator

Oakland Community College
Kristen Perry - Associates in Nursing - Daughter of Jeannie Perry, RN ICU

Purdue University
Max Moffat - Bachelor of Science in Computer Graphics Technology, minor in Computer Information Technology - Son of Diana Maurer, Social Service Coordinator

Savannah College of Art and Design
J.W. Mutin - Bachelor of Arts in Furniture Design - Nephew of Beth O’Dell, Patient Record Analyst

University of Illinois
Jordan Hahn - Bachelor of Science in Engineering Physics - Son of Brandee Hahn, Project Manager of Lean Six Sigma

University of Southern Indiana
Hannah Frederick - Bachelor in Social Work - Daughter of Pam Frederick RN ICU
Audra Liegh Nicole Jones - Bachelor in Social Work - Granddaughter of Emilee LaMar, Cardiology Technician

Vincennes University
Shania Alvis - LPN - Nurses Aide on OB, Daughter of Theresa Finley, Endoscopy, MSW
Logan Chance - Associate in Conservation Law Enforcement, Associates in Psychology - Son of Cammy Chance, Materials Management Specialist
Tammy Crosby - Associate in Nursing - Student Nurse External on ICU
Mikayla Frisz - Associate in Early Childhood Education - Daughter of Waylon Boxley of Maintenance and Rebecca Boxley, Samaritan Center
Chelsea Graber - Bachelor of Science in Nursing - ICU RN
Tyler Graber - Associate in Nursing - Student Nurse Extern on ICU
Lindsey Poyser - Associate in Nursing - Physician Network RN
Tiffany Erin Rehwald - Associate Degree in Nursing - Daughter of Lisa Rehwald, Patient Account Representative, niece of Penny Rehwald, RN OB
Audra Sloan - Associate in Nursing - Granddaughter of Karen Clinkenbeard, Volunteer and Bonnie Sloan, Volunteer
Dalton Sloan - Bachelor Degree in Technology with Concentration in Agribusiness - Grandson of Karen Clinkenbeard, Volunteer and Bonnie Sloan, Volunteer.
Jonna Stephens - Bachelor of Science in Nursing - ICU RN
Elijah Williams - Associate Degree in Broadcasting - Grandson of Bonnie Sanders, Sleep Lab
The Diabetes Self-Management Education (DSME) program through the Welch Diabetes Education Center at Good Samaritan has been awarded continued recognition from the American Diabetes Association (ADA). The program at Good Samaritan was originally recognized in August of 1994 and offers high-quality education services to the patients it serves.

The ADA Education Recognition effort, established in the fall of 1986, is a voluntary process which assures that approved education programs have met the National Standards for Diabetes Self-Management Education Programs. Programs that achieve Recognition status have a staff of knowledgeable health professionals who can provide state-of-the-art information about diabetes management for participants.

Self-management education is an essential component of diabetes treatment. One consequence of compliance with the National Standards is the greater consistency in the quality and quantity of education offered to people with diabetes. The participant in an ADA Recognized program will be taught, as needed, self-care skills that will promote better management of his or her diabetes treatment regimen.

“The Welch Diabetes Education Center believes that education is the key to empowering the person with diabetes to better manage his or her disease,” said Stacy Hinkle, Diabetes Program Coordinator. “Educating our patients on how they can avoid the complications of diabetes and achieve an optimum health status is our ultimate goal.”

All approved education programs cover the following topics as needed: diabetes disease process; nutritional management; physical activity; medications; monitoring; preventing, detecting, and treating acute complications; preventing, detecting, and treating chronic complications through risk reduction; goal setting and problem solving; psychological adjustment; preconception care, management during pregnancy, and gestational management.

Assuring high-quality education for patient self-care is one of the primary goals of the Education Recognition program. Through the support of the health care team and increased knowledge and awareness of diabetes, the patient can assume a major part of the responsibility for his/her diabetes management. Unnecessary hospital admissions and some of the acute and chronic complications of diabetes may be prevented through self-management education.

Congratulations to this year’s softball tournament champions...Dirty Dozen!

Eight teams came out and played for the coveted championship trophy the last day of Hospital Week, Friday May 12. Although the weather was dreary earlier in the week, the rain held off for the games. Everyone enjoyed the free food, exciting games and nice weather. It was a perfect celebration to end Hospital Week. Thank you to Administration for their contributions and support of these games every year! We would also like to thank the Vincennes ROTC and members of the softball committee for their volunteer work, and Vincennes Girls Softball Inc. for the use of their fields.
Performance Excellence

Darren Hackney was recently nominated as a Safety Role Model. On Sunday, April 16, 2017, a 6-year-old girl was brought to the ER after falling from her trampoline and striking her head. The ER physician ordered a CT of the head and Darren was the CT Technologist who completed the scan. During the scan he noticed what appeared to be a skull fracture. Due to his concern, he completed additional images and computer manipulation to ensure that the Radiologists had the best possible images. When the report was released from the Radiologist, it read “negative with no evidence of fracture.” When Darren realized what the report said and that the little girl was released home, he alerted the ER physician of his concerns. Together they reviewed the scan and agreed that there was a skull fracture. The Radiologist was contacted for a second read who concurred with the findings of skull fracture. The ER physician notified the parents who, upon instruction by Good Samaritan, took the child to Evansville to be treated by a neurosurgeon. Darren serves as a role model in demonstrating a questioning attitude. Thank you, Darren, for taking the time to follow up on your concern and demonstrating personal accountability to our patients.

Celebrating 50 Years

Good Samaritan Occupational Health in Robinson would like to invite you to celebrate the 50 year career of two exceptional employees – Howard Feldman, MD and Connie Carter, RN.

Dr. Feldman graduated from Indiana University School of Medicine in 1967. After graduation, he completed his internship at Marion County General Hospital in Indianapolis, Indiana. He began working with Good Samaritan in 2016.

Connie Carter graduated from Methodist Hospital School of Nursing in 1967, after receiving a three year registered nurse diploma. She spent her years providing nursing care to the local community in Robinson, Illinois. She also joined Good Samaritan in 2016.

Nursing Awards Ceremony

During Nurses Week, a few Good Samaritan nurses were honored for their dedication to patient care at the Nursing Excellence Award Ceremony. The past years’ Daisy Award Winners were recognized and Amber Miller, nurse in Same Day Surgery, was given the Maridell Sargent Excellence in Nursing Award. Nurses who reached Platinum status in the Nursing Professional Development Ladder were also recognized for their professional development and leadership. It was a wonderful evening and a great way to celebrate the work that our nurses do everyday in and outside the hospital.

Career Celebration For Howard Feldman, MD & Connie Carter, RN

June 16, 2017
3 p.m. (CST)
Robinson Occupational Health
1404 E. Main Street
Robinson, IL 62454
BIOMETRIC TESTING

Good Samaritan is committed to the health and wellness of its employees! We offer this FREE benefit so you can KNOW YOUR NUMBERS! As a reminder, biometric testing includes your height, weight, blood pressure, and a lab draw for a lipid panel, A1C, and a PSA for men age 40 and over.

Make your appointment online!

You will need to schedule your own appointment by clicking on the direct link to the online appointment scheduler on the GSH intranet homepage or on the wellness page. Be sure to make your appointment EARLY if you need a specific day or time!

Enter your CORRECT email address and you will get a confirmation AND reminder email.

If you are unable to schedule your appointment online, don’t wait!! Call Susan at 812-885-3316 or email slyochum@gshvin.org.

Financial Incentives for Employees on the Health Plan
Meet all 4 criteria to qualify for $12/pay = $312/year!
• Tobacco Free
• BMI <30 (or 10% Weight Loss From Last Testing)
• Blood Pressure < 140/90
• A1C < 6.5

If you are on the Good Samaritan medical plan and you choose NOT to participate in the yearly biometric testing, the premium portion of health insurance paid by Good Samaritan will decrease by $50/pay. You will be required to pay this additional $50/pay.

Reasonable Alternative Offered If You Fail To Meet One or More of The Biometric Criteria

Your health plan is committed to helping you achieve your best health status. Rewards for participating in a wellness program are available to all employees. If you do not meet a health standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Susan Yochum at 812-885-3316 or email slyochum@gshvin.org by September 30, 2017, and we will work with you to find a wellness program with the same reward that is right for you in light of your health status.

Be sure to schedule your appointment at the right location and do not wait until the last minute. There are NO make-up days.