Mission: Provide excellent health care by promoting wellness and healing through trusting relationships.

Vision: To be the regional center of excellence in health and wellness.

Samaritan Center Now Offering Packaged Medication for Safer Patient Use

Good Samaritan Behavioral Health patients now have safer access to their medications. Thanks to the collaboration between the Samaritan Center and Genoa, a QOI HC Company, patients’ prescriptions are safely packaged for each daily use in bubble packs. This specialized service for the behavior health population is one-on-one and not typically seen in a standard pharmacy setting.

The bubble packs can be used for any age of patient and are offered when a patient would benefit in having medication packaged to be more convenient for them. They are also beneficial for clients who struggle with compliance by preventing them from taking an additional dose or not taking the medicine at all because they think they already took it.

The packs are especially helpful for younger patients. The patient’s therapist or parent can request that the child’s medication be placed in bubble packs. In the packs, each dose is sorted by day and time to take the medication. “We see many parents requesting these packs for their children to take to school,” said Drennon Lyon, CMC Consumer Medical Coordinator for Genoa. “It is easier for the school nurse to have everything ready each day and eliminates the hazard of a student bringing a pill bottle to school or even forgetting to bring their medication at all.”

The medication packs can even be delivered directly to the patients’ home. “We have seen that providing prescriptions to our younger patients in a pack is improving medication adherence, and is safer and more convenient for everyone,” said Shari Seyer, Operations Manager for the Willows, Riverfront and Buntin Samaritan Center offices. “Having their medications already sorted for each day decreases confusion for both the family and the schools.”

The packaging Genoa uses for each of the packets are perforated for easier use when patients are on-the-go and for social activities. One pack contains a seven-day supply of medications and each bubble provides:

- Patient’s name
- Date and day of week medication should be taken
- List of medications in each bubble
- Color coordination for time of day to be taken
- Detailed with a medication listing at the top of each card, including:
  - Directions from prescriber
  - Description of drug shape/color/imprint
  - Number of pills in each bubble

This service is now being offered at The Willows in Vincennes, and at the Samaritan Center locations in Washington, Petersburg and Loogootee for pediatric behavioral health patients. “Having these bubble packs available to our patients is just another service we offer that is beneficial to families,” said Liesl Wingert, Director of Outpatient Operations. “We want to make sure we are always working toward meeting the needs of the community to ensure patients receive and take their medications and stay healthy.”

The Samaritan Center hopes to offer this service in all of their locations to help more patients. To learn more about the Samaritan Center or the medication bubble packs for patients, call 812-886-6800.
March’s Shining Star is Kaitlyn Knollenberg

After discussion on the unit for a B.A.B.E. store fundraiser, Kaitlyn initiated a novel idea we had never done to raise money for the organization. Working as a multi-skilled worker on the pediatric / medical surgical floor, Kaitlyn went out of her way to design a t-shirt to sell for profit and donate the proceeds to the Knox County B.A.B.E. store. This involved a lot of work and organization on her own time and produced a profit of more than $700. The B.A.B.E. store supplies mothers in need with items to care for babies through infant and toddler ages. The mothers are able to “purchase” these items with vouchers from attending prenatal visits, well baby visits, and other appointments. Kaitlyn acknowledged their need as a great opportunity to help the community, all while going above and beyond her normal job duties. The pediatric unit has organized fundraisers for the B.A.B.E. store in the past, but it has slowly had less and less participation. Kaitlyn created a new way to help the organization and truly succeeded with her efforts. The B.A.B.E. store was very appreciative of her excellent efforts.

February’s DAISY Winner is Brooke Midgett

On January 13, Brooke Midgett, RN, was caring for a mother that had delivered earlier in the day. Her baby was sent to St. Mary’s due to some complications, but the mother had a c-section and needed to stay at Good Samaritan for a few days. Knowing that the mother wanted to be with her baby, Brooke was determined to find a way for the family to be together. She called St. Mary’s and arranged for a video to be set-up so the mother could watch over her baby until she could be with her little one. Brooke’s determination and compassion for her patients illustrate how great a nurse she truly is.
We thank all physicians for their dedication to the community and outstanding patient care.

Anesthesiology
Michael Adams, MD
Brian Arnold, MD
Michael Dulin, MD
Alan Hendrix, MD
Brittany Serratos, MD

Cardiology
Philip Bacidore, DO
Vikash Khurana, MD
Philip Watson, DO

Dentistry
L. Renee Goodwin, DDS
Joseph Gregg, DDS, MSD
Stephen Holka, DDS
Craig Scott, DDS
Charles Vieck, DDS

Dermatology
Bruce Mallatt, MD
Mindi Morris, MD

Diabetology
Jane Bridges, MD

Emergency Medicine
Kelly Anderson, DO
Sabrina Atkinson-Dornhoefer, DO
Adrian Carter, DO
Richard DeFelice MD
Thimjon Ferguson, MD
Gregory Fletcher, MD
Michael Herron, MD
Carl Holt, Jr., MD
Scott Keyes, MD
Lance Payton, MD

Family Medicine
Amy Archer, DO
Gary Carr, MD
Stephen Cullen, DO
Honesto Fenol, Jr., MD
Daniel Herman, Jr., MD
Larry Herron, MD
Ralph Jacqmain, MD
Michael Kelly, MD
Victor Kirchoff, MD
Tom Kirkwood, MD
Karen Neely, MD
Scott Stine, MD
William Thompson, II, DO

Family Medicine / Obstetrics
Sally Bodensteiner, MD
Heather Ludwig-Akers, MD
Kristin Mahan, MD
Caroline Steinman, DO

Family Medicine / Sports Medicine
Jacob Ringenberg, MD

Gastroenterology
Naeem Raza, MD
Reginald Sandy, DO
Richard Walter, DO

General Surgery
Daniel Neumann, MD
David Purdom, MD
Rong Yang, MD

Hospitalist
Howis Aros, MD
Robert Avena, MD
Brian Cunningham, MD
Rhonda Eubanks, MD
Felicitas Gatchalian, MD
Ruben Gonzales, MD
Harold Hebard, III, MD
Adeleunie Kuku, MD
Cynthia Lawless, MD
Mary Loffin, MD
Leyla Mehedinasab, MD
John Rogers, MD
Joseph Russo, DO

Internal Medicine
Reynaldo Carandang, MD
Daniel Combs, MD
Charles Hedde, MD, FACP
Charles Hendrix, Jr., MD
Gerry Hippensteel, MD
Alan Stewart, MD

Medical Oncology / Hematology
Renee Bartlett, MD
Mark Pajeu, MD
Mark Stutz, MD

Nephrology
Kumar Gaurav, MD
Rakesh Kumar, MD
Rafael Lao, II, MD

Neurology
Henry Matick, DO

Obstetrics / Gynecology
Shalin Arnett, DO
William Mayfield, MD
Joseph Mohammed, MD
Thomas O’Rourke, MD
Thalia Pachiyannakis, MD

Ophthalmology
Thomas Brummer, MD
Frank Emer, Jr., MD

Orthopedic Surgery
Terry Fenwick, MD
David Miller, DO
Robert Vraney, MD
Molly Weiss, MD
Gregory Whitsett, MD

Otorhinolaryngology
Sarah Jacob, MD
Young Paik, MD
Ryan Palmer, DO

Pain Management
Gavin Chartier, MD
Nicolaus Winters, MD

Pathology
Cathy Freeman, MD

Pediatrics
Heather Nichols, MD
Jerik Pacheco, MD
Kathleen Stutz, MD
Noel Suanes, MD

Podiatry
Derek Besing, DPM
Jason Bickel, DPM
Austin Muranka, DPM

Psychiatry
Cyrus Adams, MD
Michael Cantwell, MD
Allie Thomas-Fannin, MD

Pulmonology
Johnathan Grant, DO
Philip Watson, DO

Radiation Oncology
Tae Chung, MD
Roger Robison, MD

Radiology, Diagnostic
April Cox, DO
Danny Hall, MD

Radiology, Interventional
Ayman Ghoniem, MD
Garey McEllan, MD

Sleep Medicine
Siddharth Jani, MD
Henry Matick, DO

Surgery, Oral and Maxillofacial
Matthew Monesmith, DDS
Kyley Wood, DDS

Thoracic Cardiovascular Surgery
Elizabeth Ashworth, MD

Urology
Bart DeBrock, MD
William Vaughn, MD

Emeritus
H. Dan Adams, MD
Johnny Bear, MD
Kenneth Buehlman, MD
Terry Bushnell, DO
Holly Dagney, DO
Thomas Dagney, III, DO
James Feltt, MD
G. Grant Gehring, MD
Patrick Helfenbein, MD
Lawrence Henderson, MD
Daniel Herman, Jr., MD
Phillip Kinman, MD
James Koontz, MD
Joseph Lazzara, MD
Jerome Melchior, MD
Michael Moss, MD
Robert Rang, MD
Ralph Stewart, MD
T. Michael Turner, MD
Jay Tuttle, MD
R. Stanley Wilson, MD

Happy Doctors’ Day - March 30, 2017
Lean Six Sigma

Culture of Patient Safety

Good Samaritan is committed to ensuring a safe environment for patients and employees. A survey was completed in 2016 which showed staff members were less than positive regarding certain aspects of patient safety. Eleven of the twelve domains represented in the survey showed results below the national average, and several also experienced a decline in recent years. Of those eleven domains, administration focused on the three that had experienced the greatest declines (and therefore the ones that provided the biggest opportunity for improvement).

Three teams were subsequently formed to address patient safety, with each team focusing on one of the three identified domains having the greatest opportunity for improvement: Teamwork, Communication, and Handoff and Transitions. The teams, comprised of clinical and non-clinical staff from multiple hospital departments, meet on a twice-monthly basis. The team leaders also meet regularly to ensure that projects will not be duplicated between the teams. Team members have provided a great deal of valuable input thus far leading to several initiatives which are in the development phases.

In the coming months, each of the three teams will detail their actions and how patient safety will be improved as a result of the teams’ work in future Highlights articles.

Patient Safety Awareness Week

Patient Safety Awareness Week is from March 12-18. The Patient Safety and Quality Beacon at Good Samaritan indicates that as an organization we will consistently maintain high quality and safety outcomes. The question is how do we accomplish that goal. Let us look back at what we have accomplished. While many things could be mentioned, two examples are listed below.

**Serious Safety Event Rate (SSER)** We began tracking this in 2008, gathering baseline data. Our serious safety event rate peaked at 4.29 in October of 2009. It has declined over the last 7 years to where it stands currently at 0.69. Remember, our target is zero and we can get there. We have done a lot of good work in creating a culture where we are more aware of patient safety and have created within that culture people like the ones you see below who role model our efforts.

**Safety Role Model Award** This award is given to people who are nominated and meet criteria as role models in the patient safety realm. During 2016, this award was given to Drew Cary, RN in ICU, for identifying a mislabeled drug prior to administering it to the patient. Roger Franklin and Andrea Warner, RNs in ER, worked collaboratively to address an issue with medication orders related to the Epic Transition, which helped to prevent future events. Becky Brawley, RN in CDU, questioned a duplicate order for insulin on a patient that was NPO and scheduled for a procedure.

As we go forward into the future, we will continue addressing the Serious Safety Event Rate and recognizing individuals through the Safety Role Model Award. In addition, a team is currently in place to address readmissions. Although at first glance readmissions may not appear to be a safety issue, in reality they are a top priority. Unfortunately, health care errors occur; therefore, any time we can provide adequate care during the patient’s stay and prevent them from returning for an additional unplanned stay, we are enhancing patient safety. As an organization, we have also joined the Hospital Improvement Innovation Network (HiIN) through the American Hospital Association (AHA). This is a national initiative with a goal to attain a 20 percent overall reduction in Hospital Acquired Conditions and a 12 percent reduction in 30-day readmissions. Individuals throughout the organization are actively participating in this and more information can be found [HERE](#).

The key to patient safety is awareness and engagement from each employee and volunteer in keeping our patients safe. BP has an outstanding statement in their commercials, which is “Safety is never being satisfied.” Although we implement safeguards throughout the organization and continually strive to be safer, the key is to remember that it is never time to relax our vigilance for patient safety. We must never rest on our success, but must always strive to do better, be safer, and enhance every aspect of the patient’s care. If BP has adopted a motto indicating that their field requires continued vigilance for safety, how much more does health care need to keep this at the forefront of their actions? Every patient is unique and every day is an opportunity to keep our patients safe. As we go forward into the future, we challenge each employee to “never be satisfied” with patient safety as it is. Although we may be good or even outstanding in some areas, new challenges arise each day and sometimes with each patient. Let’s make 2017 the safest year that this organization has experienced!
<table>
<thead>
<tr>
<th>Patient Comments</th>
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<tbody>
<tr>
<td>“Your staff and care was excellent! Thank you!”</td>
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<tr>
<td>– Emergency</td>
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<tr>
<td>“Everyone was so kind and helpful. Best care ever!”</td>
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<tr>
<td>– Inpatient</td>
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<tr>
<td>“Very respectful and confident hospital. Recommended highly from my point of standards.”</td>
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<tr>
<td>– Ambulatory</td>
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<tr>
<td>“My experiences at Good Samaritan have been excellent. I prefer this hospital over all others.”</td>
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<tr>
<td>– Outpatient</td>
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<tr>
<th>Service Awards Banquet</th>
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<tr>
<td><strong>Thursday, April 6, 2017</strong></td>
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<tr>
<td>Social Hour Begins at 6:00 p.m.</td>
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<tr>
<td>Program Begins at 6:30 p.m.</td>
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<tr>
<td>Highland Woods Community Center</td>
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<tr>
<td>The Service Awards Banquet is to honor employees who have reached service milestones in their career with Good Samaritan.</td>
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<tr>
<th>Doctor’s Day Blood Drive</th>
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<tr>
<td><strong>Tuesday, March 7, 2017</strong></td>
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<tr>
<td><strong>8:00 am - 12:00 pm</strong></td>
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<tr>
<td>Eva Hill Auditorium</td>
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<td>To schedule an appointment, please call Community Health at 885-8753.</td>
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<th>Wellness Salute</th>
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<tr>
<td><strong>Gary Hackney</strong></td>
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<tr>
<td>Director of Foundation</td>
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<tr>
<td><strong>Michelle Hackney</strong></td>
</tr>
<tr>
<td>Ambulatory Pharmacy, Access Associate/Coumadin Clinic</td>
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**What healthy/lifestyle-related change(s) have you made?** We exercise by walking every day when possible. We walk a certain route and try to finish it in 50 minutes or less. We strive to walk at least 5 out of 7 days or more. We are more careful about our diet. We read the labels on food we buy to try and avoid sodium, starches and fat. We cook at home most of the time and don’t eat out much. Gary’s not always as compliant as Michelle with what he eats so we have confession!

**How did you make the change/what have you been doing?** Since we’ve been married we’ve wanted to be healthier and more active. We want to feel as good as possible and have an active lifestyle. We encourage one another and try to hold each other accountable.

**What motivated you to make the change?** Michelle is a cancer survivor: Colon cancer 2005. Gary had heart bypass surgery in 2009.

We want to keep our health as we get older. Our parents count on us to help with their care. We have one amazing granddaughter and hopefully more grandkids to come.

**Tips for success / staying motivated?** We try and make our exercise and diet a priority. We encourage and push one another. If we miss a day of exercise or eat something we shouldn’t we feel guilty afterward.

**How have you incorporated this into your life?** We put our exercise into our daily schedule each week. We try to take our walk first thing after we get home from work. We participate in Walk With A Doc on Saturdays. Walking is easier during warm weather. We walk here at Good Samaritan in the evening and on weekends when the weather is cold or it’s rainy.

**How has it made you feel?** We feel a sense of accomplishment after we’ve exercised. We have more energy and stamina.

**Anything else you would like to add?** In addition to exercising and watching our diet for ourselves and our health, it is important to us that we be the best example possible since we represent Good Samaritan, an organization we are proud to be part of.
January New Hires

Engineering
• Andrew Zehner - Electrician

Food Services
• Mike Thorne - Director of Food Services

Laboratory
• Katelyn Fisher - Laboratory Assistant

Nursing Services
• Michaela Ragle - Nurse Assistant, Surgical Unit
• Kristie Stiles - Nurse Assistant, ICU
• Brittany Thompson - Graduate Extern, ICU
• Cathy Ubelhor - Staff Nurse, ICU
• Stephanie Williams - Registry RN, ICU

Patient Access
• Shawanna Gadsden - Access Associate
• Brooke O’Dell - Access Associate
• Paige Sipes - Access Associate
• Dora Stivers - Access Associate

Patient Accounts
• Morgan Baldner - Patient Accounts Representative
• Pamela Personett - Patient Accounts Representative

Physician Services
• Evelyn Blanchard - Physician Assistant, TBIL Lawrenceville
• Devin Brian - Receptionist
• Ashley Patton - Receptionist
• Corrine Smith - Medical Assistant, Certified

Rehab Unit
• Samantha McCollom - Certified Occupational Therapist Assistant

Samaritan Center
• Hayley Dorsett - Resource Specialist
• Stephanie Dougan - Resident Assistant
• Jessica Dunlap - Resident Assistant
• Kara Fellows - Psychiatric Social Worker I
• Brooke Ferguson - Resident Assistant
• Andrea Tully - Resource Specialist

Promotions

Karen Althoff – Emergency Services – Unit Clerk – TO
   Emergency Services – Coder

Clara Biehl – Physical Medicine Interim Director – TO – Physical Medicine – Inpatient Manager

Jennifer Dant – Ambulatory Surgery – Graduate Extern – TO – Ambulatory Surgery – Staff Nurse

Margie Groteguth – Trauma Unit – Clerk Typist – TO – Emergency Services – Coder/Abstractor

Amy Halter – LaSalle Unit – Psychiatric Nursing Tech – TO – LaSalle Unit – Staff Nurse

Kayla Johnson – Rehab Unit – Nurse Assistant – TO – Radiology CT – Radiology Services Specialist

Amy Pfoff – Physical Medicine – Speech Therapist/Stroke Coord. – TO – Physical Medicine – Outpatient Manager

Rebecca Schaefer-Estanislao – Environmental Services – Environmental Services Assistant – TO – Patient Accounts – Patient Accounts Representative

Danielle Swinson – Laboratory – Laboratory Assistant – TO – Patient Accounts – Patient Accounts Representative

Catch the Next Big Wave of Epic Upgrades!
All Epic applications will upgrade to a new version on June 11, 2017. Users will notice changes to functionality and the look and feel of Hyperspace as well as workflow enhancements. Stay tuned for more information as we progress.

Relay for Life

In 2016, Good Samaritan had three teams and raised more than $10,000! If anyone is interested in forming a team or would like more information, you can contact Jared Thomas at jthomas2012@gmail.com or by phone at 812-881-6285. You can also register your team online at by clicking here. If you are a cancer survivor, the relay would love to celebrate you and your survivorship. Please contact Susie Land at 812-890-4758. Teams have already started to form and fundraising has started! Candy bars can be purchased from any relay team member. The public is also encouraged to check out the relay Facebook (Relay For Life of Knox County Indiana) page to see current fundraising events and up-to-date information. Team Captain meetings are March 20; April 17 and May 15 at 5:30 pm at Good Samaritan in Eva Hill

Our theme this year is We Are Knox County! This year we are doing a 12 hour event from 10 am to 10 pm, Saturday May 20, 2017 at Lincoln High School. Our Opening Ceremonies begin at 10 am, followed by our Survivor Lap at 10:30 am. Lunch will be provided to Survivors and one caregiver at Noon. This year we are adding something completely new to our event, a Live Auction starting at 11 am.

In addition to Relay, this year ACS is doing their second annual Bark For Life of Knox County on May 6, 12 to 2 pm at Gregg Park. The registration fee is $10.00 per dog. While dogs are not allowed at Relay For Life, we know in many cases they act as caregivers for those fighting cancer, and this is an opportunity to honor your 4-legged caregiver. We will have a pet costume contest and food trucks, so come out for a great afternoon at the park to fight cancer with your pet.
Recycled Art Competition

It is time to start preparing for Green Week! Departments will once again have the opportunity to save recycled materials from their area and create one-of-a-kind artwork. This artwork must be turned in to Don Page by April 21 and will be on display by the cafeteria with ballot boxes for voting during Green Week (April 24-28). The artwork must be able to fit inside the display case (6” deep x 15” wide x 18” high). The winning department will have a donation of $200 made to the local charity of their choice. The winners of the contest in 2015 were the Laboratory Department and Purchasing won in 2016.

March for Babies

There are many ways to show your support and help raise money for the March of Dimes this year! Once again, units are encouraged to raise money for a worthy cause. There will be a new fundraiser this year. You may donate spare change in the bucket at Starbucks or in the pharmacy.

Join the March for Babies on Saturday, April 8, 2017 at the Vincennes University Recreation Center and Track. Registration begins at 9 a.m. and the walk will begin at 10:15 a.m. Those who register to walk on our team and donate at least $25 by March 17 will receive a team t-shirt. For more information on how you can join our team, donate or purchase fundraising items, please contact Margie Suozzi at ext. 3966 or emailing her at msuozzi@gshvin.org. Click here to register to join our team or donate online.
March is National Nutrition Month!

Learning how to read and understand food labels can help you make healthier, more nutritious choices. Maybe you’re an expert at deciphering all of that confusing information and maybe you didn’t even know there were nutrition labels on food. Either way, it’s important to check the labels of the products you buy to know the impact they are having on your nutrition!!

Let’s begin with the basics.
Here are some tips for making the most of the information on the Nutrition Facts label:

1. Start with the serving information at the top of the label.
This will tell you the size of a single serving and the total number of servings per container (package). All of the listed values are based on this amount.

2. Next, check total calories per serving.
Pay attention to the calories per serving and how many servings you are really consuming if you eat the whole package. If you double the servings you eat, you double the calories and nutrients.

3. Limit these nutrients - Saturated Fat, Trans Fat, Sodium and Sugar
Based on a 2,000 calorie diet, no more than 16 grams of saturated fat, as little trans fat as possible (preferably 0g), and no more than 2,300mg of sodium. (1,500 mg of sodium if you have high blood pressure, diabetes or a chronic disease)
Sugar - Men 37g or 9 tsp, Women 25g or 6 tsp
All of these amounts are for the entire day.

4. Get enough of these nutrients.
Recommended: Fiber- 35g for men and 25g for women.
Protein- 56g for average man and 46g for average woman
Aim high for the % Daily Value (DV) of calcium, iron, vitamins and other nutrients you need every day.

5. Quick guide to % Daily Value.
The % Daily Value (DV) tells you the percentage of each nutrient in a single serving, in terms of the daily recommended amount. As a guide, if you want to consume less of a nutrient (such as saturated fat or sodium), choose foods with a lower % DV — 5 percent or less. If you want to consume more of a nutrient (such as fiber), seek foods with a higher % DV — 20 percent or more.

Remember that the information shown here is based on 2,000 calories a day. You may need to consume less or more than 2,000 calories depending upon your age, gender, activity, and whether you’re trying to lose, gain or maintain your weight.

Don’t Stop There!

Usually right below or near the nutrition label you will find the Ingredient List

Foods with more than one ingredient must have an ingredient list on the label. Ingredients are listed in descending order by weight. Those in the largest amounts are listed first. This information is particularly helpful to individuals with food sensitivities, those who wish to avoid pork or shellfish, limit added sugars or people who prefer vegetarian eating.

If you would like more information about healthy eating and making better choices contact Employee Wellness at 812.885.3316 or email slyochum@gshvin.org.