Mission: Provide excellent health care by promoting wellness, education and healing through trusting relationships.

Vision: To be the regional center of excellence in health care to support the communities we serve.

Good Samaritan Awarded Grant to Educate Schools on Stop the Bleed

Good Samaritan Trauma was recently awarded a grant in the amount of $1,977 to purchase Stop the Bleed kits for area schools. The grant was provided by the Childress Institute for Pediatric Trauma, whose mission is to discover and share the best ways to prevent and treat severe injuries in children. The kits that will be purchased with the grant dollars will be used in area schools who complete Stop the Bleed training for their staff, faculty and students.

In April of 2018, the Indiana House Bill 1063 was passed stating that each school needed to develop a Stop the Bleed Program, have trained personnel in the school, and have bleeding control kits. In an effort to help area schools meet this requirement, Good Samaritan Trauma began offering free training to schools.

"It is unfortunate that schools are no longer safe havens," said Mary Pargin, Trauma Program Manager. "We want to ensure that the students and faculty at our schools are trained and knowledgeable about preventing blood loss in the event of an emergency. The training is very appropriate for junior high and high school students and can be used in other emergency situations outside the school as well."

The Stop the Bleed classes provided by Good Samaritan Trauma have been requested from area schools for several years, but the high costs of the kits prevented many schools from purchasing the needed supplies. Now with the monies received from the grant, each school will receive one bleeding control kit, and more if funding allows. The Stop the Bleed instructors at Good Samaritan will teach the course in schools in Knox and all surrounding counties. The department has already taught classes in Lawrence and Crawford counties in Illinois, and Knox, Daviess and Sullivan counties in Indiana.

The funding committee at Childress Institute for Pediatric Trauma was impressed with the dedication of the Injury Prevention Team at Good Samaritan comprised of Trauma, Emergency Services, Collaborative Interprofessional Education and other volunteers who have provided the Stop the Bleed training to more than 2,200 individuals.

"Our Injury Prevention Team works tirelessly to provide education to the community," said Karen Haak, Chief Nursing Officer. "Receiving this grant is a reflection of the team's hard work, and will allow Good Samaritan to provide more education and hopefully save more lives."

If anyone would like to donate a Stop the Bleed kit to their local school, please contact Good Samaritan Trauma at 812-885-3793, or the local school administration. Any school or business interested in hosting a Stop the Bleed class is encouraged to contact the Good Samaritan Trauma Services Department.
October’s Shining Star is Sara Gladish

Sara Gladish, Staff Pharmacist, is the October Shining Star for her extraordinary efforts for a patient in need. The hospital pharmacy was out of a certain oral medication that was needed for a pediatric patient. Even though it was after hours, Sara managed to get a hold of the Wal-Mart pharmacy in Vincennes. She asked Wal-Mart to wait and hold the medication until someone was able to get there from the hospital to pick it up. Instead of wasting time with worrying about the reimbursement, or getting money from our hospital pharmacy, Sara decided to pay out of her own pocket for the medication, and felt no need to worry about getting the money back. “As long as the child got what they needed, that is all that matters to me,” said Sara. She is a prime example of an amazing team player here at Good Samaritan, and she is a kind-hearted person who would do anything to help someone in need.

The September DAISY Award Winner is Michelle Elliot

Michelle Elliot, ER nurse, is the September DAISY Award Winner for her dedication to one of her patients. Her nomination stated that Michelle was, “the definition of understanding, patient and kind.” As soon as she walked into her patient’s room, she apologized for her wait time, was friendly and offered a listening ear. The patient was a current nursing student who was inspired even more to pursue her passion after her time with Michelle. She discussed the patient’s school journey and asked what she liked about nursing. Her patient wrote, “SHE is what I LOVE about nursing. The compassionate, hardworking nurse is what I love about nursing.” Michelle was very knowledgeable and gave many different options for her patient’s next steps. Thank you Michelle, for your compassionate care and for inspiring a future nurse to pursue her passion.

It’s time to start preparing for the Giving Tree!

Attention Santas! It is time to help local children in need. The Giving Tree program helps to brighten the lives of less fortunate elementary-aged children in Knox County schools. Get with your co-workers, family and friends and adopt a child for Christmas.

Dates to pick up your Giving Tree tickets will be announced soon!

DO YOU HAVE PUMPKIN PRIDE?

Good Samaritan Foundation’s Pumpkin PRIDE event is fast approaching! There are multiple ways to register and payroll deduct is available.

Register 3 Ways:

2. Email Nicole Coomer in Foundation at ncoomer@gshvin.org.
3. Visit the Foundation office, located near the 6th Street entrance, and fill out a registration form.

The event will take place at Fox Ridge Nature Park located at 1364 N. Hillcrest Road in Vincennes. This year, participants can sign-up for a 5K, 10K, 20K, Kids Run, Toddler Run, and Family Dog Walk.

All proceeds from the Pumpkin PRIDE event are donated to the Foundation’s Caring Connection Fund.
We invite you to memorialize a loved one, living or passed away, by participating in the annual Good Samaritan Hospice “Light Up A Life,” a memorial and candle-lighting ceremony.

Those who contribute a minimum $10 donation will have the name of their loved one read aloud during the ceremony and inscribed on a special remembrance banner that will be displayed throughout the holiday season. In order to make sure your loved one’s name is placed on the banner, please submit your donation by October 21. Names that are submitted after this date will still be read, but will not be placed on the banner.

Beverages will be served before the event and a reception will take place after the ceremony.

If you would like to make a contribution or have any questions, please contact Good Samaritan Hospice at 812-885-8035 or 800-604-9203.

For Your Benefit

Open Enrollment for 2020 is Right Around the Corner!

Open Enrollment will start October 28th and go through November 22nd at 4:30 p.m. This is your chance to make changes to your benefits without having a Qualifying Event. Forms will be available on the Good Samaritan Intranet or may be picked up in Human Resources. If you have any questions about your current benefits, contact Reneé (x3315) or Sherri (x 3375) in the Benefits Office.

MARK YOUR CALENDARS FOR THE UPCOMING EMPLOYEE BENEFITS FAIR!

THURSDAY, NOVEMBER 7
7 a.m. to 3 p.m.
Eva Hill Auditorium

Multiple benefit vendors and Good Samaritan departments will be at the fair!

Click the links below to see the October New Hires, Promotions and Anniversaries.

Employee Anniversaries
Physician Anniversaries
New Hires
Promotions

Human Resources
Upcoming Site Visits

UMR (Health Insurance)
October 16th

Empower Retirement
October 14th and 23rd
New Employee Fitness Center to Open

The new Employee Fitness Center will officially be open on October 7! The space will offer new equipment and fitness accessories, male and female locker rooms with shower facilities, as well as a dedicated classroom. Everyone is welcome to stop by during the open house to take a look at the new treadmills, bikes, rowing machine, multi-station equipment and much more!

The new location for the fitness center is in the newly re-purposed building in the Ft. Knox II employee parking lot. The center is FREE to all employees and volunteers over 18 years old. Spouses are also eligible when accompanied by the employee. A release form must be signed by all participants. The facility is employee badge access secure with entrance on the 9th street side, and accessible 24 hours a day.

Exercise at ANY size and ANY level!

Regular activity is vital for a healthy body AND mind! Recommended physical activity guidelines are a minimum of 150 minutes of moderate activity a WEEK! That’s less than a good movie!

Get it out of your head that if you can’t run a marathon or make it through a CrossFit class you might as well sit on the couch! That’s not the case! Just 30 minutes a day- even broken up into 10 minute sessions can have a positive impact on your health. There’s no gym membership requirement, no prerequisite to know Zumba moves, no minimum amount of weight you have to lift. Just move!

Regular physical activity can help you:

- Reduce your risk of heart attack
- Manage your weight better
- Have a lower cholesterol level
- Lower the risk of type 2 diabetes and some cancers
- Have lower blood pressure
- Have stronger bones, muscles and joints, and lower risk of osteoporosis
- Lower your risk of falls
- Feel better - with more energy, a better mood, feel more relaxed and sleep better

Just move! It’s that simple. Being active 20 to 30 minutes every day can have a significant impact on your health. Get started TODAY!

October 20-26, 2019 has been designated as National Healthcare Quality Week. The week is set aside to celebrate the contributions health care professionals have made to improve quality. This past year has been exciting for the Quality Department (a.k.a. Performance Excellence) as they have accomplished many tasks to improve the quality of care delivered at Good Samaritan. On the right are a few highlights from the past year’s successes.

- Revamped the process of physician peer review with the help of numerous physicians.
- Created a new process for managing the quality of services provided through contracted organizations.
- Developed the concept of ‘target’ and ‘stretch’ goals. With the two distinctions, we can still aim for perfection while also having achievable goals to help encourage us along the way of improvements.
- Held the first ever Performance Improvement Competency Classes. Participants averaged around 54% understanding at the beginning of the class and ended with a competence level of 78.5%.

The team here at Good Samaritan has worked hard to assist and facilitate improvement projects throughout the organization. They pride themselves on being your resource for data analysis and process improvement. Hours are spent understanding scorecards and teaching others where the focus needs to be in order to improve patient care, reduce waste, and create efficient processes. Please help us in recognizing all of the hard work done by your Quality Team: Heidi Hinkle, Jill Ferguson, Nancy Allen, Fallon Earley, Rachel Denny, and Madelyn Taylor!! Thank you ladies!! In addition, the Quality Team would like to thank all of you for your contributions to improving the practices at Good Samaritan! Each of you truly make a difference every day!