Mission: Provide excellent health care by promoting wellness, education and healing through trusting relationships.

Vision: To be the regional center of excellence in health care to support the communities we serve.

Good Samaritan To Host Great Strides Cystic Fibrosis Walk

The 8th annual Great Strides for Cystic Fibrosis (CF) walk is taking place on Sunday, September 15, at Vincennes University’s track, rain or shine, in hopes of raising money for research and awareness for Cystic Fibrosis. Registration begins at 12:30 p.m. (EST) and the opening ceremony starts at 1:30 p.m. There are 10 teams, representing three states and several counties, registered so far for this year’s walk with the goal to raise $60,000.

Cystic fibrosis (CF) is a life-threatening, genetic disease that causes persistent lung infections and progressively limits the ability to breathe. In people with CF, a defective gene causes a thick buildup of mucus in the lungs, pancreas and other organs.

In the lungs, the mucus clogs the airways and traps bacteria leading to infections, extensive lung damage and eventually respiratory failure. In the pancreas, the mucus prevents the release of digestive enzymes that allow the body to break down food and absorb vital nutrients.

Research and clinical trials have continued in 2019 demonstrating positive results for those with CF. The Cystic Fibrosis Foundation maintains a strong group of potential therapies that target the disease from every angle. The more support given to the Foundation increases the odds of producing successful therapies and a cure for all people with CF.

“The CF Foundation is leading the way in innovative research and drug development, promoting high-quality, individualized care, and helping people with CF live better today,” stated Tammy Howell, Good Samaritan Respiratory Therapist and Event Chair. “Nearly every CF drug was made possible by the Foundation and because of funds raised from Great Strides, people with CF are living longer, healthier lives and pursuing their dreams.”

Please call Tammy Howell at 812-885-3215 or 812-899-2146 for more details and information about how you can be involved. To make a donation, join a team, create a team or sign up as an individual walker, click HERE.

It is once again time for the United Way Campaign! This is your chance to help Good Samaritan raise money for the United Way of Knox County. Your pledge and cash contributions will significantly improve the United Way’s opportunity to give to our community and partner agencies. This year’s hospital goal is $70,000 and the hospital campaign will start on September 23rd. Donation forms for this year’s campaign will be handed out soon!

New this year is the Bed Time in a Box which encourages the importance of bed time hygiene and routine. The box contains books, an oral hygiene kit, pajamas, a stuffed animal and alarm clock. The United Way also has a new initiative in Education - NFL Character Playbook, that helps middle school youth improve relationships. The Knox County United Way partners with 25 Agencies and participates in 30 Programs in Knox County.
September’s Shining Star is Beth Nord-Kirsch

Beth Nord-Kirsch, Social Worker in Hospice, is the September Shining Star. Beth is continuously trying to find ways to help patients and their families. One example occurred this past spring when a patient’s living conditions became unsafe and the patient and his wife had nowhere else to go. The patient was living in a trailer, which had very bad bug issues, as well as, repeated electrical issues. Worried for the couple’s safety and health, Beth began working to set up another housing situation for the couple. Because they could not bring anything with them due to the insect problem, donations from the Hospice staff and others began pouring in. In June, the couple were able to move into their new apartment. Due to Beth’s caring and coordination efforts, the patient will be able to better enjoy his last days and also took the worry off the patient regarding what would happen when he passed. His wife will be able to stay in their new apartment after his passing.

The August DAISY Award Winner is Brittany Caparas

Brittany Caparas, RN on ICU, is the August DAISY Award Winner. Brittany was nominated by a patient’s daughter for her outstanding care. She made sure to check-in on the patient and her daughter multiple times. Brittany was very caring, kind and took the time to make sure her patient was comfortable at all times. The nomination stated that the patient’s daughter would give Brittany her “highest recommendation!”

The August Cultivating Care Winner is Kimberly Wise

Kimberly (Kim) Wise, Patient Care Tech on LaSalle Behavioral Health, is the August Cultivating Care Winner. Kim goes above and beyond expectations while working with patients on LaSalle. She has been instrumental in changing the stock ordering for the floor to help lower the unit costs. She has spent considerable time and effort to find new group activities for patients. Kim also received a nomination from a patient who was thankful for her patience in answering all of her questions. It made the patient feel more at home and eased her anxiety.

FALL COOKOUT

Tuesday, September 17
(Rain Date: September 19)

**MENU**
Pulled Pork (BBQ on the side) | Grilled Chicken Quarters | Veggie Burgers | Baked Beans | Potato Salad | Assorted Ice Cream

**SERVING TIMES**
11 A.M. - 1:30 P.M. | 4 - 6:30 P.M.
11:30 P.M. - 12:30 A.M.
MCV Serving Time: 11:30 A.M. - 2 P.M.

Door prize winners will be announced!

Congratulations to Inpatient Rehab for exceeding both of their patient satisfaction goals for the Overall Rating and Likely to Recommend survey questions.
PATIENT EXPERIENCE SCORES

Second Quarter 2019

Congratulations to those areas who met or exceeded their patient experience goals in the second quarter! Full quarterly reports for each area can be found on the Good Samaritan Intranet under Department Links > Patient Experience. The following departments/units received the highest scores. To qualify for this recognition, the department needed 30 or more responses, and reached the goal in Likely to Recommend and Overall Rating.

**Likely to Recommend and Overall Rating**

- **4GM Medical/Surgical Unit** had the highest score for the Likely to Recommend and Overall Rating patient survey questions.
- **Endoscopy** had the highest score for the Overall Rating patient survey question.
- **Same Day Surgery** had the highest score for the Likely to Recommend patient survey question.
- **Nuclear Medicine** had the highest score for the Likely to Recommend and Overall Rating patient survey questions.
- **Breast Surgery (Dr. Fleshman’s office)** had the highest score for the Overall Provider Rating patient survey question.
- **Dr. Mayfield’s office** had the highest score for the Likely to Recommend patient survey question.
- **Breast Surgery (Dr. Fleshman’s office)** had the highest score for the Overall Provider Rating patient survey question.
September is Sepsis Awareness Month

Sepsis is the body’s overwhelming and potentially life-threatening response to an infection. Some of the symptoms of sepsis include a high or low temperature, infection, mental decline, and feeling extremely ill. The 2018 IHA Inpatient Discharge Study provided the following data for Indiana:

2. In 2018, there were more inpatient deaths from sepsis than any other diagnosis.
3. The average charges for an inpatient with a sepsis diagnosis in Indiana is more than $51,000.
4. Sepsis is the most frequent inpatient discharge, aside from deliveries.
5. In 2018, sepsis as the primary diagnosis resulted in more than $472 million in inpatient care charges.

The Sepsis Team at Good Samaritan is continually working to assure that staff have the necessary tools available to assist with early identification, treatment, and re-evaluation of patients with sepsis. Recent additions of a uniform electronic screening tool, revised hand-off tools, and a new inpatient sepsis order set have assisted staff in caring for our patients with sepsis.

For Your Benefit

New Service Now Available!

There is a new service available to employees covered under Group Life Insurance products from The Standard Insurance Company.

Insured employees will have access to comprehensive online resources. Beneficiaries can consult experts by phone or in person and obtain other helpful information online.

**Services for employees:** Insured employees have access to online information and legal forms that they can take advantage of immediately, including online will preparation and other estate-planning assistance; tips to avoid identity theft; advance funeral-planning help; and articles to help with personal finances.

**Services for beneficiaries:** After a loved one’s death, life insurance beneficiaries have access to a variety of services and information by phone, in person or online. These include grief sessions, funeral-planning resources, legal assistance, financial experts and other support services. Recipients of an Accelerated Benefit can also take advantage of the services for beneficiaries.

**Eligibility:** Employees insured under a Life insurance plan from The Standard can access services online. Beneficiaries and recipients of an Accelerated Benefit can access the services for 12 months following the date of death or the date of an Accelerated Benefit payment.

For more information, visit [standard.com/mytoolkit](http://standard.com/mytoolkit), using the username: support.

September Site Visits:  
UMR (Health Insurance) - September 18  
Empower Retirement - September 4 and 17

Schedule your appointment today at [www.gshvinretire.com](http://www.gshvinretire.com).  
*Be sure to use the default Time Zone: America/New York to ensure you schedule your appointment at the correct time.*

Employee Benefit Coordinators:  
Reneé McQuain  
rmcquain@gshvin.org  
885-3315  
Sherri Ricketts  
sricketts@gshvin.org  
885-3375

**Click the links below to see the September New Hires, Promotions and Anniversaries.**

- [Employee Anniversaries](#)
- [Physician Anniversaries](#)
- [New Hires](#)
- [Promotions](#)

**Upcoming Housewide Retirements**

**Vicki Booth - Nursing Administration**  
September 10 | Dining Room D | 7 to 9 a.m.

**Dr. William Vaughn - Physician Network**  
October 1 | Eva Hill Auditorium | 2 to 4 p.m.