

Procedure Name: Bunionectomy and Hammertoes

Brief Description of Procedure:

Podiatric surgery generally involves an incision on the top or side of the affected toe joint and the removal or realignment of soft tissue and bone to relieve pain and restore normal alignment to the joint. If severely deformed, it may be stabilized with tiny wires, stitches, screws, staples and or plates. There are no guarantees that a bunion or hammertoe surgery will fully relieve your pain.

Describe anesthesia type that is typically given:

Regional blocks with or without sedation are commonly used. General anesthesia is used on occasion. See Anesthesia Section.

What patients that smoke can expect when having surgery:

Smoking increases airway irritation, which leads to wheezing, coughing, and delays healing of both soft tissue and bone.

Average length of surgery time:

45 minutes-1 hour

Average length in immediate recovery:

Typically patients are able to bypass recovery room and return directly to their room unless general anesthesia is used.

Average length for time of discharge:

Expect to be here an average of 45 minutes after returning to room from surgery. Will be able to go home as soon as awake and drinking. Usually 30-45 minutes.



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When can you go back to work:

Depending on your occupation, you and your doctor will discuss when you may return to work. Typically 4-6 weeks, but possibly longer depending on your job requirements.

What will my weight-bearing limit be after surgery:

Depending on the procedure performed, weight-bearing status may range from full weight bearing with a surgical shoe, to complete non-weight bearing utilizing crutches or a walker.

What kind of post discomfort can you expect:

You can expect some discomfort following the surgery, which should be relieved by pain medication, which will be prescribed by your doctor. A special hard-soled shoe or fracture boot will be worn when up walking. While sitting or lying down, keep foot elevated for first few days after surgery to decrease swelling and pain.

Surgical Safety Checklist:

For optimal quality care and surgical safety, the following will be confirmed between patient, surgeon, and surgery team prior to anesthesia:

- Identity of the patient
- Surgical Site
- Procedure
- Sign Consent
- Surgeon to mark the surgical site, if applicable
- Allergies



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