

# Procedure Name: Excision of Lesions, Cysts, Masses, Lipomas

## Brief Description of Procedure:

Small incision is made to remove a skin lesion, cyst, lipoma, or mass. Specimen is sent to pathology to identify type of tissue. There may be small paper tapes in place under bandage that are to be left in place until they loosen and fall off.

## Describe anesthesia type that typically is given:

Can be performed under local, general or local with sedation. This should be discussed with surgeon prior to surgery.

## What patients that smoke can expect when having surgery:

After surgery your anesthesia specialist will check your breathing and lung sounds to determine if a breathing treatment is needed. Smoking increases airway irritation, which leads to wheezing and coughing. Further breathing treatments and medication are sometimes needed.

## Average length of surgery time:

30 - 90 minutes depending on size of specimen and tests being performed on specimen.

## Average length in immediate recovery:

**If Local Anesthesia:** May go home immediately following surgery.

**If Light Sedation:** May go home after awake and taking fluids.

**If General Anesthesia:** Will go to recovery for approximately 30 minutes before being taken back to your room for the rest of your stay.



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**Average length for time of discharge:**

See above.

**When can you go back to work:**

Depending on location and size of excision usually may return to work next day.

**What will my weight-bearing limit be after surgery:**

No restrictions

**What kind of post discomfort can you expect:**

You should have only minimal discomfort. A prescription will be given for pain medication, although Tylenol or ibuprophen is usually sufficient. There may be small paper tapes in place under bandage that are to be left in place until they loosen and fall off.

**Surgical Safety Checklist:**

For optimal quality care and surgical safety, the following will be confirmed between patient, surgeon, and surgery team prior to anesthesia:

- Identity of the patient
- Surgical Site
- Procedure
- Sign Consent
- Surgeon to mark the surgical site, if applicable
- Allergies



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