My child **needs** intensive mental health **help**!

Q: What are my options?

A: Children’s Mental Health Wraparound Program (CMHW)

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**My child...**

- is aggressive
- has been suspended multiple times from school
- has experienced psychiatric hospitalizations
- has been involved in multiple disciplinary systems (child welfare, juvenile justice, special education, etc.)
- has an Individualized Education Plan (IEP)
- has not had success with traditional mental health services
- engages in self-harm or self-injury (hurting his/herself, suicidal, reckless behavior, making hopeless/worthless statements, etc.)

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If you checked several boxes, your child may be eligible for the CMHW program.

The CMHW program is currently targeted to address the needs of youth with complex needs and/or in danger of out-of-home placement. The program utilizes a wraparound approach designed to keep children in their communities, producing better outcomes at a lower cost.

**What is High Fidelity Wraparound?**

High Fidelity Wraparound is an evidenced based process that provides a comprehensive, holistic, youth and family driven way of responding when children or youth experience serious mental health or behavioral challenges.

It involves a committed team comprised of family, friends, community and professional supports to collaboratively develop an individualized plan of care. The team creates a plan of care that includes resources, talents and strengths to address the underlying needs of the youth.

*Children's Mental Health Wraparound is an Indiana Medicaid Program*
Is my child eligible for the CMHW program?

The eligibility requirements for the CMHW program are:

> Child/youth must be between 6 – 17 years of age
> Child/youth must live in the community
> Child must be eligible for Indiana Medicaid
> Child must have two qualifying mental health diagnoses*

*An assessment is required to determine eligibility

How do I get my child into the CMHW program?

Contact your local Community Access Site to schedule an assessment appointment.

The contacts can be found online at: in.gov/fssa/dmha

The High Fidelity Wraparound approach:

Includes:

> Family partnerships
> Different plan for each youth
> Focus on strengths to resolve problems
> Professionals partner with families for solutions
> Natural supports and professional services
> Single plan with cross-system integration
> “What happened to you?”

Does not include:

> Family blaming
> Same plan for all youth
> Focus on problems
> Professionals have all the answers
> Only professional services
> Multiple plans for youth
> “What’s wrong with you?”

Principles of the Wraparound Process

> Family voice and choice
> Individualized
> Strengths based
> Natural supports
> Collaboration
> Unconditional care
> Community based
> Culturally competent
> Team based
> Outcomes based

For more information contact:

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