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# Welcome

Good Samaritan is fortunate to have provided world-class health care to Knox and surrounding communities for more than 100 years. Although health care is changing every day, we remain focused on the future and on our mission to provide our families and friends with the best health care possible.

Looking back at the most recent Community Needs Assessment performed in 2016 by BKD, LLP, there are three main identified health needs in our community. Those needs are Lack of Primary Care Providers, Lack of Health Knowledge / Health Literacy and Chronic Disease Prevention and Management. Good Samaritan and its more than 1,900 employees have diligently worked to address these needs and are striving to make the communities we serve a more healthy place to live.

As we look back at our successes in 2017 and our plans for the future, we are motivated more than ever to improve and grow as an organization. Good Samaritan is fortunate to be part of a community that supports us on our journey to become a regional center of excellence in health and wellness. We are your neighbors, friends and family; and we are dedicated to making a difference in the lives of others.

Sincerely,

Rob McLin
President & CEO

# **Good Samaritan At A Glance**

### **OUR STAFF**

1,952 Employees

**413** Registered Nurses

246 Nursing Support Staff

### **ADMISSIONS**

Emergency Room: 39,591

Inpatient: 6,949

**Outpatient:** 545,449

**Average Length of Stay:** 

4.9 Days

### **OUR SERVICE AREA**

269,760 Residents In

Residents In
Our 11 County
Service Area

### **Indiana Counties:**

Knox, Daviess, Pike, Gibson, Sullivan, Greene and Martin

**Illinois Counties:** 

Lawrence, Richland, Crawford and Wabash

### **IMPACT ON HEALTH**

Laboratory Tests & Procedures: 556,773

Physical Medicine Treatments: 60,532

Babies Delivered: 419

Rehabilitation Admissions: 645 **Screening Mammograms:** 

5,878

**Lung Cancer Screenings:** 

122

Respiratory Tests / Procedures: 138.578

**Neurodiagnostic Exams:** 

1,890

**Dayson Heart Center** 

Tests / Procedures: 34,053

**Trauma Activations: 655** 

**Patients Seen at Primary** 

Care Clinic: 3,482

**Patients Seen at** 

**Convenient Care Clinic:** 

10,252

**Mission** - Provide excellent health care by promoting wellness and healing through trusting relationships.

Vision - To be the regional center of excellence in health and wellness.

### **Our Core Values - PRIDE**

Patient - We consider the needs of our patients to be our highest priority.

**Respect** - We treat everyone with respect and recognize the contributions of every individual.

**Integrity** - We place our integrity at the core of every interaction.

**Dignity** - We care for everyone with dignity and compassion.

**Excellence** - We seek innovative approaches to meet the requirements and exceed the expectations of those we serve.

## **About Us**

For more than 100 years, Good Samaritan has been a health care leader in southwestern Indiana and southeastern Illinois. Located in historic Vincennes, Good Samaritan is a 232-bed community health care facility with more than 1,900 employees committed to delivering exceptional patient care.

Good Samaritan offers a broad range of medical services as well as some of the most progressive technology available today. Recently, Gibault Memorial Tower was opened to provide our patients, their families and our entire community the highest quality of care possible. With an array of services, staff is ready to greet patients with medical expertise, cutting-edge technology and big hearts. The tower has five floors, each with a focus: Cardiology and Clinical Decision, Intensive Care, Pediatrics, Oncology and Medical Surgical, Joint Replacement and Medical Surgical, and Women's Health.

The hospital also has a state-of-the-art Same Day Surgery Center, with surgical suites designed with input from the hospital's physicians. The Cancer Pavilion is

a 25,000-square-foot, comprehensive oncology care center that features one of the most advanced methods for delivering radiation therapy, a linear accelerator with IMRT. The Pavilion also has 12 fully-equipped infusion suites and other amenities for patients and families.

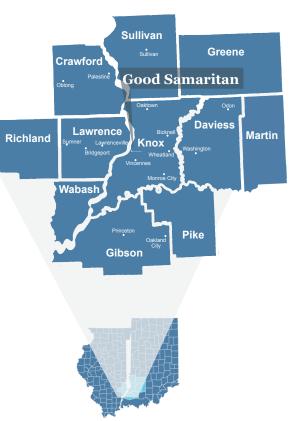
Good Samaritan serves more than 269,000 residents throughout 11 counties in southwestern Indiana and southeastern Illinois, and is proud that generations of families have chosen us as their preferred health care provider, allowing us to be the first, best place in health care.

# **Our Services**

- Anesthesiology
- Cardiology
- Dermatology
- Diabetology
- Diagnostic Radiology
- Ear, Nose & Throat
- Emergency Medicine
- Family Practice
- Gastroenterology
- General Surgery

- Hematology
- Hospitalist
- Infectious Disease
- Internal Medicine
- Nephrology
- Neurology
- Obstetrics & Gynecology
- Oncology
- Opthalmology
- Oral & Maxillofacial Surgery

- Orthopedic Surgery
- Pathology
- Pediatrics
- Podiatry
- Psychiatry
- Pulmonology
- Radiation Oncology
- Sleep Medicine
- Urology
- Vascular & Thoracic Surgery



# **Investment In Our Communities**

**Annual Payroll:** \$106,210,450

Cost Per Day to Operate: \$650,490

**Scholarships Awarded:** \$27,000

**Donations to Charitable Organizations:** \$58,480

Local Goods Purchased: \$12,039,882 (This number includes goods and services

includes goods and services within our 11-county service area, excluding banks.)

**United Way Donations**: \$77,883.38

Property Taxes Paid to Knox County: \$58,589

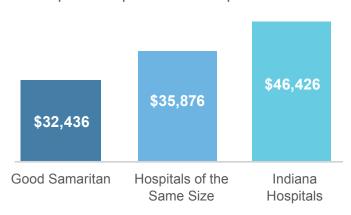
Knox County Option Income Tax Paid By Employees: \$851,311

**Cost to Provide Charity** 

Care: \$4,506,660

### **Gross Charge per Adjusted Discharge**

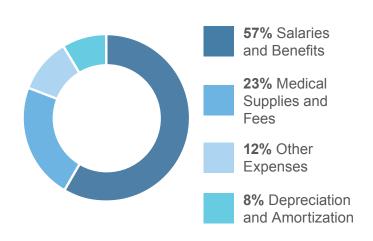
Gross Charge per Adjusted Discharge represents the total charges generated by the number of patient discharges that are adjusted to reflect both the impact of inpatient and outpatient volumes.



Source: IHA Databank Report

### **Operating Expenses**

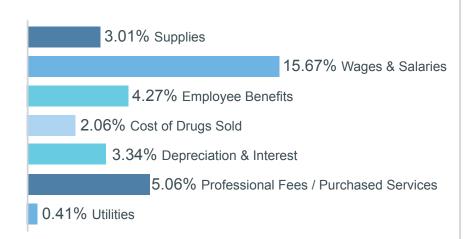
Operating expenses of Good Samaritan allocated by category expensed.



Total Operating Expenses: \$237,428,700

### **Expenditures per Dollar Charged**

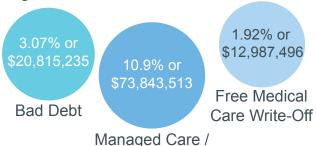
Expenditures per Dollar Charged is the percent of money used for each dollar spent by Good Samaritan.



# Contractual Write-Off per Dollar Charged

Contractual Write-Off per Dollar Charged is the percent of money taken off a patient's bill due to billing agreement. Medicare & Medicaid Deductions

51.3% or \$348,835,091



Other Deductions

# **Senior Leadership**



Rob McLin
President & CEO



Thomas Cook
Chief Financial Officer



Karen Haak
Chief Nursing Officer



Matt Schuckman
Vice President of Operations



Adam Thacker
Chief Operating Officer of
Physician Network

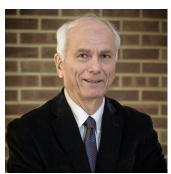


Dean Wagoner
Vice President of
Human Resources

# **Board of Governors**



Jim Zeigler
Chairman



Ralph Jacqmain, MD
Vice Chairman



Mary Cay Martin
Secretary



**Susan Brocksmith** 



**Tim Ellerman** 



**Kellie Streeter** 



**Trent Hinkle** 

# **Trauma Services - Baby Safety Showers**

Good Samaritan is located in the middle of the region with the highest rate of infant mortality in the state of Indiana. According to the United Health Foundation, Indiana ranked 42nd in the nation for infant mortality in 2017. The southwest region, which includes Knox and surrounding counties, has historically been one of the worst areas in the state.

In early 2017, a group of Trauma Services, Emergency Department, and OB/Pediatrics nurses and support staff came together to brainstorm about every injury that may occur in a child's first year and the information that could be presented to the public to prevent these injuries. They decided to apply for a grant from the Indiana Trauma Care Committee to tackle the infant mortality rate in the region. The grant was awarded to Good Samaritan for the amount of \$25,000 and was used to fund the development of a baby safety shower program.

At the showers, interactive booths provided information ranging from prenatal care to safe sleep to pet safety. Each attendee received a free Evenflo infant car seat, carbon monoxide detector, HALO sleep sack, PURPLE Crying Booklet and DVD, and a bath thermometer duck.

"The expectant mothers we saw at our first shower are now celebrating their child's first birthday," says Jamie Dugan, BA, CPST, Good Samaritan Trauma Coordinator. "With our final shower being held in Sullivan on June 5, 2018, our mortality data collection will continue through the end of 2019. We hope to be able to show positive and definitive results of the efforts of our infant mortality prevention team." The team also tracks smoking cessation in pregnant mothers and people living at home with the infant, safe sleep habits, car seat safety and immunizations.

Good Samaritan was fortunate to have the local support of PACE, WIC, CASA and even local animal shelters that helped to educate parents on introducing baby to their pets.

The prevention team has been in constant contact with the mothers who attended the showers and have seen infants being placed on their backs to sleep in the Halo sleep sacks and correctly strapped in the car seat as was demonstrated at the event. Valuable education is provided at the baby showers and Good Samaritan is seeing participants use best practice in the care of their babies; ultimately decreasing the rate of infant mortality in the area.









### **INFANT MORTALITY FACTS**

- Infant mortality is defined as the death of a baby before his or her first birthday.
- The infant mortality rate (IMR) is the number of babies who die in the first year of life, per 1,000 live births.
- Of the 613 Indiana deaths in 2015, 34 occurred in the Southwestern Hospital Region.

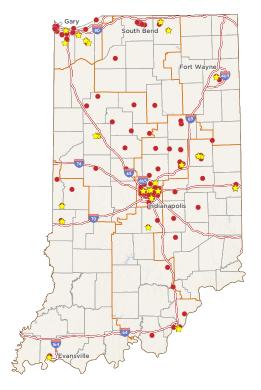
# **Good Samaritan Family Health Center - FQHC**

Good Samaritan recently began an exciting new venture with the Good Samaritan Family Health Center (GSFHC). The GSFHC is a Federally Qualified Health Center (FQHC) that will expand the services that are currently



provided at the Good Samaritan Primary Care Clinic with the goal to offer more options to those in the community that are underserved and/or underinsured.

The Good Samaritan Family Health Center has been working closely with the hospital, Physician Network, Samaritan Center and other community entities to integrate critical medical and social services that will benefit patients. Some of the services planned include: adult/pediatric primary care, obstetrics/gynecology, behavioral health, substance use/abuse, oral health, eye health and case management.



The 26 federally-funded Health Center organizations in Indiana leverage \$50,031,198 in federal investments to serve 444,450 patients, 22% of whom are uninsured and 53% of whom are covered by Medicaid. Source: National Association of Community Health Centers

The counties Good Samaritan serves are located in an area where there is a gap in FQHC access. Out of the 26 federally-funded Health Centers in Indiana, the closest locations to Good Samaritan's service area are in Evansville and Terre Haute; leaving thousands of individuals in need of services offered at FQHC's throughout the state.

Patients seen at GSFHC will benefit from the extended hours, enhanced access and discounts for patients at a certain percentage of the Federal Poverty Level.

"The hospital is excited to partner with our community FQHC, Good Samaritan Family Health Center, and understands how critical it is to be an advocate for this new start up primary care provider," said Rob McLin, President and CEO. "Having access to primary care through the GSFHC is critical to Knox County and to those surrounding counties which see shortages of similar primary care needs."

### Walk With a Doc

Since September 24, 2016 Good Samaritan has hosted the Walk With a Doc program every Saturday inviting community members to participate. The location of the walk is at Gregg Park during the spring and summer months and inside Vincennes University's Recreation Center Gym in the fall and winter months from 9 to 10 a.m. Initiated by Family Practice Physician, Dr. Kristin Mahan, participants take a few minutes learning about a current health topic, then spend the rest of the hour enjoying a healthy walk and conversation with a doc.



Walk with a Doc is a national non-profit organization whose mission is to encourage healthy physical activity in people of all ages, and reverse the consequences of a sedentary lifestyle in order to improve the health and well-being of the country. "One of my passions is preventative medicine and inspiring patients to make simple changes to improve their health," stated Dr. Mahan. "Walking regularly reduces risk of heart attack and stroke. It also lowers blood pressure and improves moods. I hope to inspire people in our community to get more active and have fun doing it."









# **Good Samaritan Weight Loss Clinic**

Indiana has the 10th highest adult obesity rate in the nation, and Illinois is not too far behind as the 18th highest out of 51 states. According to County Health Rankings, among the number of adults in the Indiana counties Good Samaritan serves, an average of 34% are obese. In our service area in Illinois, an average of 30% adults are obese. It is because of these statistics that Good Samaritan is striving to help patients create a healthier lifestyle with the Physician Network Weight Loss Program.

The program was developed by Nurse Practitioner, Andrea M. Miller, who wanted to start the weight loss clinic because of her own struggles with weight throughout her lifetime. "As I learned better management for myself, I knew it would be something the community could also benefit from," said Miller. "Our clients have been amazing, they continue to inspire me every day!"

If you are interested in more information about the Weight Loss Clinic or would like to make an appointment, please call 812-882-4694.

The Weight Loss Clinic provides patients with the tools they need to adopt a nutritionally complete healthy diet. Individuals are started on very low calorie diets that are safe and effective, simple to follow, deliver rapid results, and improve obesity-related health issues. The multiple success stories prove that Miller is bettering the lives of her

patients. "I think we have made an impact on our clients in several ways, not just weight loss and improvements in chronic diseases, but an overall feeling of wellness and the desire to get back to all the things they want to enjoy." Since the start of the Weight Loss Clinic, three patients have lost more than 100 pounds; one patient lost 102 pounds, another lost 116 pounds and the other patient lost 146 pounds.

# **Community Impact**

### Women's Wellness Expo



Women have a habit of neglecting their own health. This is why Good Samaritan hosts the "Women's Wellness Expo" event every year. In May of 2017, the 12th annual women's health event encouraged 450 women attending to make their own health a priority. Numerous free-of-charge health screenings were provided as well as information about health, nutrition, exercise and stress relief.

# Men's Health Tune-Up



Men often fail to pay attention to their health. This is why the annual "Men's Health Tune Up" is just for them. The 2017 event, attended by 535 men, offered a variety of free health screenings and information. Clinicians were also on hand to educate men about their health and what steps they can take to live a healthier lifestyle.

### Fit Kids



Good Samaritan is fighting obesity in children with its Fit Kids program. The program targets third, fifth, seventh and ninth graders. Registered nurses spend three, 30 to 45 minute sessions with students in Vincennes Community, Vincennes Catholic, South Knox and North Knox school corporations promoting healthy food habits and healthy activity. Throughout 2017, there were 3,125 children who participated in Fit Kids.

### Germ Busters



Hand washing is important for preventing the spread of countless illnesses, including the cold and flu viruses, especially in children. The Germbusters program teaches students the correct way to thoroughly wash their hands and the health benefits of doing so. Community Health Services at Good Samaritan brought the Germbusters program to 822 first grade students and preschool / daycare children in 2017.

### **Hands-Only CPR**



Proper training for performing CPR is essential. In 2017, Good Samaritan's Collaborative Interprofessional Education Department provided an estimated 140 free hands-only CPR sessions. Hands-Only CPR is without mouth-to-mouth breaths and can be used on teens and adults who suddenly collapse in an "out-of-hospital" setting (such as at home, at work or in a park).

### **Stroke Screenings**



Prevention is the number one key for ending stroke. Understanding the risk factors for stroke can have a huge impact on the likelihood of a stroke occurring. In 2017, 100 stroke screenings were performed during the hospitals annual Free Stroke Screenings in February. The screenings included atrial fibrillation, lipid profile, carotid bruit, glucose, blood pressure and Body Mass Index (BMI).

**34,563** Total number of FREE health screenings provided by Community Health Services in 2017

**54%** of the **7,155** free blood pressure screens were abnormal

**42%** of the **2,666** free total cholesterol screens were abnormal

39% of the 2,029 free blood glucose screens were abnormal

**25%** of the **676** free HGB/A1C (hemoglobin test for diabetes patients) screenings were abnormal

**9%** of the **1,773** free Glomerular Filtration Rate (kidney function) screenings were abnormal

**31%** of the **67** free PAD (peripheral arterial disease) screenings were abnormal

1% of the 6,607 pulse oximetry screenings were abnormal















# **H** Good Samaritan

520 S. Seventh Street | Vincennes, IN 47591 812-882-5220 | gshvin.org





