

## We're Here For You

At Good Samaritan, we are here for you at every stage of your Parkinson's journey. We offer support to you as you begin to build a better life with Parkinson's.



## Are You Newly Diagnosed?

Here are some things to do after your diagnosis:

- Educate yourself about Parkinson's disease
- Join a Parkinson's support group
- Exercise often and stay active

## Get in Touch With Us



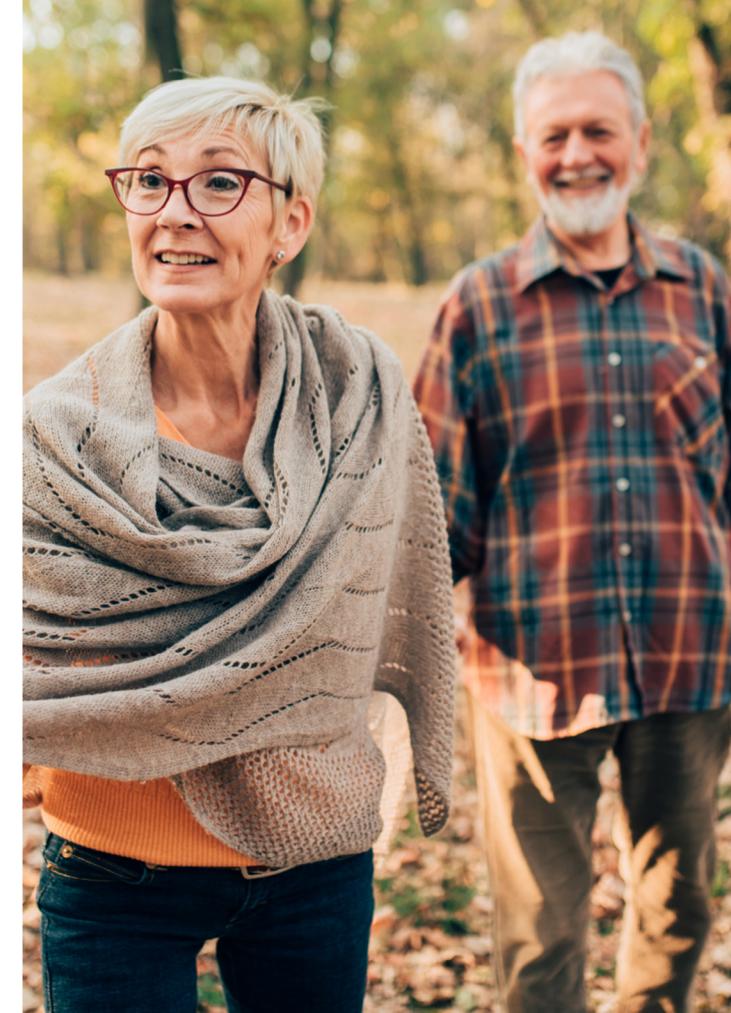
812.885.3601



520 S. Seventh Street  
Vincennes, IN 47591



[gshvin.org](http://gshvin.org)



## Power Through Parkinson's

 **Good  
Samaritan**

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Samaritan**

# Join Our Monthly Support Group!

Our support group's goal is to help people affected by Parkinson's disease and atypical Parkinson's to live well through education and physical activities that are Parkinson's specific.

**Joy S. Uy, PT, DPT, NCS, CSRS**

Facilitator



Good Samaritan  
Hedde Center  
3rd Friday of the Month  
11:00 AM ET

Call 812.885.3601 to register.

We also offer exercise classes twice a month via a Zoom link that you can do in the comfort of your own home.



## BIG for LIFE

Big for Life is an exercise class for people with Parkinson's who have previously completed the individual LSVT Big treatment protocol. Big for Life will include 7 LSVT BIG daily exercises, practice of functional movements, walking BIG and other fun exercises with a focus on high amplitude or BIG movement.

LSVT BIG and LSVT LOUD  
Parkinson's Program Physical and  
Occupational Therapy available at:

Good Samaritan Center for Therapy  
& Sports Performance  
2020 S. Clearview Drive  
Vincennes, IN

For more information call  
812.885.3011.

## PWR!Moves

Parkinson's Wellness Recovery (PWR!) Moves are the core of our Parkinson's disease specific functional exercise and physical therapy programs. The Basic 4 PWR!Moves are designed to each target a skill known to deteriorate in people with Parkinson's disease, which often lead to loss of mobility and function.

## Neurology & Tele-Neurology Services

We are committed to delivering comprehensive neurological services through tele-neurology visits. This approach ensures patients receive high-quality care that combines local proximity, greater accessibility and seamless integration with our specialized team. For more information please scan the QR code below.

