

CLENPIQ BOWEL PREP

You will be on a **CLEAR LIQUID DIET** the **ENTIRE** day before your procedure. This includes breakfast, lunch, and dinner. You will need to drink 8 ounces of one of the clear liquids listed below every hour.

CLEAR LIQUID DIET EXAMPLES:

Water	Tea	Coffee (no cream)
7-UP	Coke	Sprite
Pepsi	Mountain Dew	Kool-Aid (no red)
Apple Juice	Cranberry Juice	CranApple Juice
CranBlueberry Juice	CranGrape Juice	CranRaspberry Juice
Grape Juice	Clear Broth	Bouillon

Jell-O & Popsicles (no red and no fruit added)

NO
ALCOHOL!

NO DAIRY
PRODUCTS!

NO SOLID
FOODS!

6:00PM: FIRST DOSE – drink one of the bottles included in the prep box. Immediately following, drink five cups (40 ounces total) of clear liquid over the next three hours.

10:00PM: SECOND DOSE – drink the last bottle included in the prep box. Immediately following, drink three cups (24 ounces total) of clear liquid over the next two hours.

*****NOTHING TO EAT OR DRINK AFTER MIDNIGHT*****

Your stools should be clear yellow, liquid with successful bowel prep. If you have any questions, call the office 812-885-8770.