

MOVIPREP BOWEL PREP

You will be on a **CLEAR LIQUID DIET** the **ENTIRE** day before your procedure. This includes breakfast, lunch, and dinner. You will need to drink 8 ounces of one of the clear liquids listed below every hour.

CLEAR LIQUID DIET EXAMPLES:

Water	Tea	Coffee (no cream)
7-UP	Coke	Sprite
Pepsi	Mountain Dew	Kool-Aid (no red)
Apple Juice	Cranberry Juice	CranApple Juice
CranBlueberry Juice	CranGrape Juice	CranRaspberry Juice
Grape Juice	Clear Broth	Bouillon

Jell-O & Popsicles (no red and no fruit added)

NO **NO DAIRY** **NO SOLID**
ALCOHOL! **PRODUCTS!** **FOODS!**

STEP 1: MIX FIRST DOSE (the morning before your procedure)

- Empty one (1) pouch A and one (1) pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve. May add Crystal Light or similar flavoring to solution (no red).
- Place solution into the refrigerator

STEP 2: 6:00PM (the evening before your procedure)

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz) until the first liter is consumed.
- Drink 16oz of clear liquid of your choice.

STEP 3: MIX SECOND DOSE (immediately after consuming the first dose)

- REPEAT STEP 1

STEP 4: SIX HOUR PRIOR TO PROCEDURE TIME

- REPEAT STEP 2
- Must finish 2nd bottle of MoviPrep at least 4 hours prior to procedure

*****Your stools should be clear yellow, liquid with successful bowel prep. If you have any questions, call the office 812-882-2703. *****