

SUTAB BOWEL PREP

You will be on a **CLEAR LIQUID DIET** the **ENTIRE** day before your procedure. This includes breakfast, lunch, and dinner.

CLEAR LIQUID DIET EXAMPLES:

| | | |
|---------------------|-----------------|---------------------|
| Water | Tea | Coffee (no cream) |
| 7-UP | Coke | Sprite |
| Pepsi | Mountain Dew | Kool-Aid (no red) |
| Apple Juice | Cranberry Juice | CranApple Juice |
| CranBlueberry Juice | CranGrape Juice | CranRaspberry Juice |
| Grape Juice | Clear Broth | Bouillon |

Jell-O & Popsicles (no red and no fruit added)

NO **NO DAIRY** **NO SOLID**
ALCOHOL! **PRODUCTS!** **FOODS!**

FIRST DOSE: Begin Step 1 at 6:00 pm the evening before your procedure and proceed as shown below.

STEP 1: Open 1st bottle of 12 tablets

STEP 2: Fill the provided container with 16oz of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 20 minutes.

STEP 3: Approximately 1 hour after the last tablet is ingested, drink two 16oz containers of water over the course of an hour.

SECOND DOSE: 8 hours prior to procedure – repeat steps 1 through 3 with the 2nd bottle of Sutab pills. Once all pills have been taken and two 16oz containers of water have been finished, stop drinking fluids. **Nothing to eat or drink for at least 4 hours prior to procedure time.**

*****Your stools should be clear yellow, liquid with successful bowel prep. If you have any questions, call the office 812-882-2703. *****