**Mission:** Provide excellent health care by promoting wellness and healing through trusting relationships.

**Vision:** To be the regional center of excellence in health and wellness.

---

**Celebrating Green Week**

Good Samaritan is celebrating Earth Week and our green achievements this past year. Many changes have been implemented due to the combined efforts of the Green Committee and employees like you! Recycling efforts have increased throughout the hospital and physician offices. If you have any ‘green’ ideas for your department, you are encouraged to send them to the committee on the Beacon page through their Sustainability/Green Initiatives portal by clicking here or going to the Beacon home page > Departments > Sustainability/Green Initiatives > Green Ideas > scroll to bottom > click on “add new discussion.” The winners of the Green Idea Challenge that took place during the fourth quarter of 2017 were recently selected. Congratulations to the grand prize winner, Marsh Danielsen, from Information Systems for her green idea to reduce electrical consumption. The second and third place winners are Amy Pearison, Patient Care Technician and Alicia Garner, Resident Assistant. All winners will receive their prizes from the Green Committee during Green Week.

We have some fun and ‘green’ activities scheduled for this years’ Green Week! On Monday, the Recycled Art Competition will begin. All artwork needs to be turned in to Engineering by Friday, April 20. The artwork, which must be able to fit in the display case (6” deep x 15” wide x 18” high) and made out of recycled materials, will be on display by the cafeteria throughout Green Week. Encourage your team to have some fun with the project! Ballot boxes will be set out so everyone can vote on the art they believe is the best. On Tuesday, hospital employees can volunteer their time for the Neighborhood Clean-Up between 11 a.m and 1 p.m. Employees who would like to volunteer will need to sign up by April 18 by contacting Julia Hedge in Engineering at ext. 3381 or by email at jhedge@gshvin.org. Volunteers will meet outside the Energy Center and will make their way to the clean-up destination, which will be given to volunteers when they meet. The ‘Green Week Trivia Wheel’ will be set up in Dining Room D on Wednesday from 7 to 9 a.m. and then again from 11 a.m. to 1 p.m. Everyone is welcome to stop by and spin the wheel for a chance to win prizes. On Thursday, Scarlet Oak trees will be given to every employee and volunteer in the hallway by Conference Room B and the cafeteria. Large orders can be picked up as well for departments and outside offices. The winner of the Recycled Art Competition will be announced on Friday and will be displayed with all the other entries for everyone to see. The winning department will have a $200 donation made from the Green Committee to a local charity of their choice. The Green Committee is once again sponsoring a shoe drive for Soles-4-Souls, a non-for-profit institution that is dedicated to fighting the impact of poverty in the U.S. and overseas. Any type of shoes can be donated, no matter the condition. Those that cannot be re-used will be recycled for other purposes. Donation bins are located by the entrances of the Health Pavilion, Cancer Pavilion, Sixth Street and at MCV by Suite A until the end of April. Let’s all do our part and be GREEN!

**Monday, April 23**
Recycled Art Competition Begins!
The artwork must fit in the display case and be made from recycled materials.

**Tuesday, April 24**
Neighborhood Clean-Up
Hospital volunteers will meet at the Energy Center or at the clean-up location. Make sure to sign up by April 18th!

**Wednesday, April 25**
Green Trivia Wheel
7 to 9 a.m.
and
11 a.m. to 1 p.m.
in Dining Room D
Everyone will have the chance to spin the wheel for prizes!

**Thursday, April 26**
Employees and volunteers will be able to pick up their Scarlet Oak trees in the hallway by Conference Room B and cafeteria.
6 to 8 a.m.
11:30 a.m. to 1 p.m.
3:30 to 5:30 p.m.

**Friday, April 27**
Winner of Recycled Art Competition will be announced!

Be sure to keep an eye out for the Green Committee Newsletter for up-to-date initiatives by the committee and how you can help to reduce Good Samaritan’s carbon footprint.
This Past Year in Shining Stars

April 2017
Nancy Allen

May 2017
Lori Devers, Lesa Edgin & Brenda Sage

June 2017
Jim Flory

July 2017
Joyce Miller

August 2017
Miranda Newberry

September 2017
Ron Gehlken

October 2017
Macee Braun

November 2017
Mallory Hughes

December 2017
Kevin Kent

January 2018
Mike Hedge

February 2018
Tiffany Veach

March 2018
Donna Worland

April’s Shining Star is Sharon Unger

Sharon Unger, Family Care Specialist at The Willows, is the April Shining Star. She visits the patients of The Willows at their schools, in their homes and at the office. She has developed great relationships with the staff and teachers, who have seen noticeable improvements in the behavior of the kids that she works with every day. Sharon recently went to pick up a six-year-old boy during a snowstorm who came outside only wearing thin tennis shoes and no hat or gloves. She knew his mom did not have the money or even the transportation to go get him some warmer clothing, so Sharon took him to Wal-Mart and used her own money to purchase some boots, gloves and a hat. She couldn’t bear the thought of the little boy being outside in the cold without warm clothes. This is not the first time Sharon has spent her own money on a patient and it won’t be the last. Her dedication to her patients and compassion for others makes her the epitome of a Shining Star.

Sharon (center), is congratulated for being the April Shining Star by her fellow co-workers; Adam Thacker, Chief Operating Officer of Physician Network; Emily Heineke, Youth Services Supervisor; Kristi Scherer, Executive Director of Samaritan Center; and Rob McLin, President and CEO. Click HERE to see the presentation of Sharon’s award.

The March DAISY Winner is Mackenzi Potts

Intensive Care nurse, Mackenzi Potts, was nominated for the DAISY Award for her dedication to her patients and family members. The family of her patient had requested to have the patient transferred to another hospital because our surgeon considered the patient high risk. The physician called two other hospitals to try and transfer the patient, but they declined. The family asked Mackenzi if they could keep trying to call other hospitals. She worked with Pam Morgan and fought really hard for her patient. Unfortunately, the patient was not accepted due to being a high risk and passed away a few days later. Mackenzi showed great compassion for her patient and their family. She has a big heart and tried everything she could to help. The nomination written by the patient’s family stated that Mackenzi was “so caring, compassionate and understanding.” She reached out to the family and made them feel like their loved one was in the best care during the last hours of their life.

Mackenzi, (center), is congratulated for being the March DAISY Winner by Karen Haak, Chief Nursing Officer; Terri Poe, 2GM Nursing Manager; Vicki Potts, Director of Acute Care; Rob McLin, President and CEO; and her fellow co-workers. Click HERE to see the presentation of Mackenzi’s award.

Contents

4 Tee It Up
Volunteer Appreciation

5 Patient Comments
Rising Star Award

6 Magnet Moment
Softball Tournament

7 Relay for Life
2018 Graduates

8 Qualifying Events
Walk With a Doc

9 Performance Excellence
Radiology Graduation

10 New Hires
Wellness Salute

11 Anniversaries
February Cultivating Care

12 Sexual Assault Awareness
50 Years of Service
Sue Healy, Laboratory
Jo Miller, Accounting & Payroll

45 Years of Service
Janice Fehlinger, Pulmonary Function

40 Years of Service
Theresa Allen, Medical/Pediatrics
N. Susie Cardinal, Rehab Physical Therapy
Richard Hard, Maintenance
Michelle Richardson, Food Services
Kris Stephens, Cardiology
Cheryl Stoelting, Nursing Administration
Karen Turner, Ambulatory Surgery
Julie Wise, Intensive Care
Teresa Zeabart, Care Management

35 Years of Service
Kevin Blackard, Environmental Services
Theresa Ann Kleuth, Physical Therapy
Randi Sims, EHR Program Management
Sheryl Smith, Radiology

30 Years of Service
Beth Blome, Internal Audit
Jacqueline Booth, Gastronterology
Theresa Christmas, Perioperative Services
Sandra Covey, Neurodiagnostic
Kevin Cummins, Engineering
Bret Devers, Respiratory Care
Karl Donovan, Engineering
Doug Fehlinger, Maintenance
Pamela Frederich, Intensive Care
Mary Harrell, Emergency Services
Annette Holloway, Cardiology
Robert Paul Kaiser, Respiratory Care
Diana Kent, Patient Accounts
Cathy Lindsey, GSPN Health Hix
Julie Liston, Pre-Admission Testing
Paula Midgett, ER Case Management
Carol Pargin, Accounting & Payroll
Charles Perkins, Plant Operations
Denise Ridgway, Patient Accounts
Holly Schlanker-Ingram, Pharmacy
Jackie Smith, Pre-Admission Testing
Mary Steffey, Purchasing
Kim Sterling, Radiology
Mary Trimbble, Emergency Services
Kelly Wehrheim, Radiology
Ann Edwards, Respiratory Care
Wanda Whittington, Health Information Management
Brenda Winkler, Nursing Administration
Linda Yost, Emergency Services

25 Years of Service
Brian Barker, Perioperative Services
Donna Beanam, Radiology
Donald Black, Physical Therapy
Matthew Bowman, Surgical Unit
Amy Creccelius, Laboratory
Connie Dale, Patient Access
Raymond Enlow, Food Services
Teresa Frederick, Respiratory Care
Abby Haney, Perioperative Services
Lynnette Heinz, Physical Therapy
Lynn Hoefling, Pre-Admission Testing
Gloria Kelly, Switchboard
Toby Kerlin, Plant Operations
Cindy Malone, Perioperative Services
Heather McKinley, Pharmacy
Rob McClun, Administration
Ruth Myers, Radiology
Joseph Ognoovich, Physical Therapy
Edward Rowley, Radiology
Ronald Stanczak, Radiation Oncology
James Strawle, Food Services
Cynthia Welcher, Health Information Management
Jill Woodburn, Physical Therapy

20 Years of Service
Marsha Danielsen, Information Systems
Brenda Donovan, Physician Services
Daniel Field, Maintenance
Chasity Foster, Perioperative Services
Lesa Friend, Radiology
Stacy Hinkle, Welch Diabetes Center
Kathryn Hixon, Samaritan Center
Shannon Horrell, Accounting
Shannon Jordan, Accounting & Payroll
Sheila Lane, Information Systems
Gerald Madison, Engineering
Christina McCrady, Social Services
Roxie Pelham, Ambulatory Surgery
Amy Rumer, OB / Labor & Delivery
Matthew Schuckman, Administration
Andrea Shick, Respiratory Care
Kristal Sovdi, Health Information
Gina Stevenson, Care Management

15 Years of Service
Nancy Allen, Performance Excellence
Brian Blacketer, Laundry
Jacquie Bogard, OB / Labor & Delivery
Becky Boxley, Samaritan Center
Jacie Carter, Care Management
Jamie Casarotto, Laboratory
Brandee Davis, Emergency Services
Lou Gard, Nursing Administration
Kelle Greenwell, Radiology
Candice Hagen, Health Information
Steve Harris, Food Services
Ramona Hughes, Intensive Care
Rhonda Lane, Respiratory Care
Teresa McCuaid, Emergency Services
Anita Medina, Laboratory
Keith Monroe, Emergency Services
Deron Morgan, LaSalle Behavioral Health
Andrea Mymma, Rehab Physical Therapy
Mary Pargin, Trauma Services
Lynn Powers, Surgical Unit
Brooke Robinson, Breast Care Center
Kris Schuckman, Employee Health
Mark Schutter, Physical Therapy
Ben Scott, Physical Therapy
Angela Shick, Collaborative Interprofessional Education
Carrie Simpson, Radiology
Mandy Trujillo, Food Services

10 Years of Service
Pam Anderson, EHR Program Management
Jennifer Baxter, GSPN General Surgery
Jenny Biskie, Cardiology
Peggy Campbell, Radiology
Rose Carandang, GSPN Carandang
Krisy Cardinal, GSPN Herman - Kelly
Kelli Carie, Medical / Surgical
Cathy Chalcraft, Perioperative Care
Glenna Chase, Respiratory Care
Brenda Coffman, Convenient Care Clinic
Sarah Copp, Precertification & Scheduling
Jerri Davis, Mammography
Jim Eskew, Pharmacy
Kate Faulkner, GSPN Centralized Scheduling
Jacqueline Faulkner, Occupational Therapy
Paul Fish, Valet
Jordana Foy, Physical Therapy
Gary Hackney, Foundation
Misty Hume, OB / Labor and Delivery
Judy Jerrell, Patient Accounts
Alyce Knepp, Intensive Care
Carolyn Kramer, Environmental Services
Annie Kuestler, Physical Therapy
Dorothy Laughlin, Emergency Services
Ashley Linneweber, Patient Accounts
Lynn Nielson, Care Management
Tricia Ochs, Long Term Care
Rebecca Page, Food Services
Jennifer Phegley, Intensive Care
Nancy Plummer, Patient Accounts
Evelyn Pollock, Environmental Services
Kyle Reed, Occupational Therapy
Lisa Rhewald, Patient Accounts
Mary Rose, GSPN Ortho VOSC
Brant Schaefer, LaSalle Behavioral Health
Sarah Schatz, Environmental Services
Robin Schrading, Patient Accounts
Tylene Stange, GSPN Herman - Kelly
Danette Strate, Health Information Management
Melissa Taylor, Pharmacy
Susan Thompson, Communications
Rich Tolson, Plant Operations
Dolores Tynor, GSPN Admin
Tiffany Vaughn, GSPN Family Practice

Aaron Vieck, Volunteer Service
Brant White, Maintenance
Richard Whitesell, Valet

5 Years of Service
Charles Afghani, Clinical Decision Unit
Rebecca Abbott, LaSalle Behavioral Health
Kenneth Arnold, GSPN VOSC
Amber Barker, Medical / Surgical
Debbie Barnes, Food Services
Haley Bennett, Medical / Surgical
Susie Blackburn, Surgical Unit
Brenda Bowensock, Emergency Services
Nicole Bradbury, Respiratory Care
Macee Braun, Surgical Unit
Bal Burton, OB / Labor and Delivery
Lexi Cook, Nursing Administration
Kristy Dale, Physician Network
Danielle Deisher, Emergency Services
Pam Detty, Physician Network
Hilary Drone, Respiratory Care
Joseph Lay, Samaritan Center
Chelsea Earlye, LaSalle Behavioral Health
Larcy Emmert, Speech Pathology
Nick Evans, Information Systems
Roger Franklin, Emergency Services
Traci French, Patient Accounts
Donald Gatwood, Samaritan Center
Phil Hand, Valet
Jackie Hanneken, Physician Network
Channing Hardy, GSPN CCC Robinson
Mary Pargin, Trauma Services
Megan Hendershot, Rehabilitation Center
Linda Holscter, Medical Home / Primary Care
Karla Holscher, Clinical Decision Unit
Emily Howall, Orthopedic Center PT
Krisi Isaac, OB / Labor and Delivery
Dale Jennings, Samaritan Center
Lisa Johnson, Medical / Surgical
Melissa Jones, GSPN OB/GYN - O’Rourke
Darcie Jamp, Patient Access
Marianne Kidwell, GSPN Urology
Julie Kitchel, GSPN Bridges
Annie Klingler, Samaritan Center
Janice Kueh, GSPN Podiatry
Susan Lay, Samaritan Center
Joyce Lindsey, GSPN Orthopedics
Vanessa Lowe, Intensive Care
Jill Marmaduke, Convenient Care Clinic
Bethany Martin, Emergency Services
Jamie Miller, Accounting
Amber Miller, Ambulatory Surgery
Christina Mills, Respiratory Care
Dave Mize, Valet
Sarah Moody, Cardiology
Sarah Noble, GSPN Physician Services
Annette O’Rourke, GSPN OB/GYN - O’Rourke
Kasey Polk, Emergency Services
Shandia Raines, Emergency Services
Michael Ransom, LaSalle Behavioral Health
Nita Richie, Environmental Services
Paula Ruppel, Patient Accounts
Erik Seyer, Maintenance
Jackie Sievers, GSPN Urology
Mick Smith, Security
Casey Smith, Perioperative Services
Frankie Spore, Emergency Services
Debra Stafford, Radiology
Christy Stafford, Mammography
Tracy Stanczak, Samaritan Center
Lisa Steel, Durable Medical Equipment
Mary Stephens, Emergency Services
Brent Stevens, Rehab OT
Tritan Stoba, Information Systems
Sarah Sutton, Radiology
Madelyn Taylor, OB / Labor and Delivery
Carla Timms, GSPNurology
Sara Usrey, Emergency Services
Annette VanWinkle, Care Management
Christy Vaughn, GSPN Urology
Jennifer Vieck, GSPN - Hendrix
Emily Walls, Convenient Care Clinic - Robinson
Debra West, Patient Accounts
Ali Winingham, Emergency Services
Velaria Wynant, Nuclear Medicine
February’s DAISY Award Winner is Penny Culp

Penny Culp, Emergency Services Nurse Manager, provides compassionate care on a daily basis. However, she was recently nominated for the DAISY Award by the ER staff for her help with a psychiatric patient who had come in for an evaluation. The patient was not cooperative with staff and needed to be restrained for her own safety. Trying to take her mind off of what was happening, Penny talked with the patient and asked her about her Christmas sweatshirt she was wearing. The patient replied that Santa was her favorite thing about Christmas and she wanted a baby doll with yellow hair and a blue dress. After looking in the toy chest in ER, Penny went to the Gift Shop and found a doll just like the patient wanted and purchased it with her own money. When she brought the doll to the patient, her face lit up and she calmed down right away. Penny made a difference in the life of this patient and built a trusting relationship so that the ER staff was able to give her the care she needed. This was just like any other day for Penny because it is just what she does for every patient that walks through the hospital doors needing care. Congratulations Penny!

Physician Satisfaction

CELEBRATING WORLD CLASS PHYSICIAN OFFICES

Congratulations to the following provider offices who achieved a world class percentile rank for the question “Likely to Recommend Provider Office” on the CGCAHPS patient experience survey for the fourth quarter 2017. These results were calculated based on practices with statistically significant results.

- Diabetology Office of Jane Bridges, MD and Rebecca Akers, NP-C - 97
- Oncology / Hematology Office of Mark Stutz, MD; Renee Bartlett, MD; and Trista Armes, FNP-C - 96
- Gastroenterology Office of Naeem Raza, MD; Reginald Sandy, DO; and Stacy Wilson, FNP-C - 94
- Pediatric Office of Heather Nichols, MD; Jerick Pacheco, MD; and Noel Suanes, MD - 99
- Family Medicine Office of Daniel Herman, Jr., MD and Michael Kelly, MD - 96
- Internal Medicine Office of Charles Hendrix, Jr., MD and Cathy Mouzin, FNP-C - 99
- Internal Medicine Office of Reynaldo Carandang, MD - 98
- Internal Medicine Office of Gerry Hippensteel, MD; Andrea M. Miller, FNP-C; and Vonetta Vories, FNP - 95
- Podiatry Office of Derek Bising, DPM; Jason Bickel, DPM; Austin Muranaka, DPM - 99
- OB/GYN Office of William Mayfield, MD - 99
- OB/GYN Office of Shalin Arnett, DO - 99
- Urology Office of Bart DeBrock, MD; William Vaughn, MD; and Elaine Burcham, FNP-C - 92
- Pulmonology Office of Sugata Sensarma, MD; Philip Watson, DO; and Tracy Kerzan, FNP-C - 99
- Vincennes Orthopedics Office of David Miller, DO; Molly Weiss, MD; and Gregory Whitsett, MD - 96
Patient Comments

“The nurses took time to answer the questions I had and made sure I was comfortable.”
–Ambulatory

“The emergency department was wonderful. They answered my questions and kept me calm.”
–Emergency

“The nurses were great. I was very pleased with the care I received.”
–Inpatient

“Thank you for making this the best hospital in the U.S.A.”
–Outpatient

“Best medical doctor and staff we have ever visited.”
–Physician Network

“Everyone was friendly and caring. They always made sure I had what I needed.”
–Inpatient Behavioral Health

Hilary Cecil Receives EIU’S CEPS Rising Star Award

Congratulations to Hilary Cecil, Cardiac Rehab Exercise Specialist in the Dayson Heart Center, for receiving Eastern Illinois University’s College of Education and Professional Studies (CEPS) Rising Star Award! The recipients of the CEPS Rising Star Award are within 10 years of graduation from Eastern Illinois University. They must also have excelled in their field or in the career for which the CEPS degree prepared them.

After graduating from EIU with a Bachelor’s degree in Kinesiology and Sports Studies (KSS) in 2012 and a Master’s degree in KSS with a concentration in exercise science in 2013, she obtained a position as a Cardiology Technician here at Good Samaritan. In this role, she performed diagnostic stress testing for patients, and after several years was promoted as the first clinical exercise physiologist to work in cardiac rehabilitation at Good Samaritan. She took the position with the vision of reconstructing the current cardiac rehab program and providing the department with the knowledge and skills she gained from her EIU education.

As an exercise specialist in cardiac rehabilitation, she works alongside the cardiologist patient and family educators, cardiologists, and department nurses to reconstruct the existing Phase 2 Program (acute cardiac event monitored by patients). This includes adding an education component for the patients, adding a detailed exercise prescription according to the patient’s need, implementing a new Phase 3 Cardiac Rehab Program (risk reduction and non-acute cardiac patients) and participating in community outreach programs.

“It is an honor to receive the award and an honor to be the first Exercise Specialist in Cardiac Rehab here at Good Samaritan,” said Cecil. “With the growing emphasis on exercise in medicine, there is an increase in demand for Exercise Physiologists in the clinical setting. Many hospitals are adding Exercise Physiologists to the Cardiac Rehab teams to better serve patients by implementing exercise programs to rehabilitate patients with heart disease and other chronic diseases and disabilities. I am more than happy to help Good Samaritan and Dayson Heart Center Cardiac Rehab to stay ahead of the curve and give our patients the best care possible!”

Hilary’s goal is to continue to grow the Cardiac Rehabilitation program by adding more exercise classes for special populations (such as diabetes, weight loss, flexibility and stability) and facilitating opportunities to raise awareness of heart health in the community.

“The Dayson Heart Center is so pleased to be able to celebrate this Rising Star award with Hilary,” said Julie Thomas, Director of the Dayson Heart Center. “She is very deserving. I have enjoyed working with her in her role as the first Exercise Specialist in our Cardiac Rehab. Her enthusiasm is contagious and the patients are benefiting from her knowledge and skills.”

March’s Cultivating Care Winner is Donna Banzon

Donna Banzon, Patient Care Tech on the Inpatient Rehabilitation Unit, was nominated for being an amazing employee and person. On one particular day, she did an excellent job caring for 21 patients when the unit was short-staffed. Donna treats each patient as if he or she is the ONLY patient to care for. No matter the situation, she is always smiling and does her best to ensure each patient knows they matter. She is always willing to help in any way and is a great asset to the hospital.
In the first Magnet Moment the focus was on what Magnet recognition is. In this edition, let’s focus on why organizations choose to become accredited as a Magnet facility. When Magnet was first developed, there was a national shortage of nurses in the United States. The American Nurses Association conducted research at facilities that despite the national shortage, organizations were recruiting and retaining highly qualified RNs. The nursing research revealed recurring characteristics among the organizations involved. These characteristics later became known as the fourteen Forces of Magnetism and are now embedded into the five Magnet Components.

Choosing to begin the Magnet journey is different for every organization. Some choose this road as a way to raise the bar and offer a framework for nursing professionals to follow. Other hospitals believe they are already performing at high levels and would like the “seal of approval” to validate their claims. Being and becoming a Magnet hospital is a journey - it never ends. As evidence-based guidelines and the health care environment changes, so does the Magnet framework. Following this framework pushes nursing practice to remain high performing and to be the industry leaders in excellent nursing care.

Current Step in the Magnet Journey

The Magnet document was submitted on February 1, 2018 to three appraisers and the ANCC office. The Organizational Overview section has been reviewed and met the Magnet credentialing process. The three appraisers are now reviewing the scored section of the document. This section in the process is expected to take approximately four months.

If you have any questions or inquiries about the Magnet process or Good Samaritan’s Magnet designation, then please do not hesitate to reach out to Heidi Hinkle, BSN, RN, Magnet Program Coordinator at 812-885-3470.

4TH ANNUAL HOSPITAL WIDE SOFTBALL TOURNAMENT

It is that time of year again! Hospital Week is approaching and that means we are getting ready for the 4th Annual Hospital Softball Tournament. The tournament will be on Friday, May 11 beginning at 5:30 p.m. at the Vincennes Girls Softball Fields. Each team member must sign a safety waiver to receive a FREE t-shirt. Each team needs to have a ‘captain’ that is in charge of gathering and distributing information for all team members. The captains will be responsible for attending a tournament meeting and picking up their teams’ information packet. Each hospital employee who plays on a team may have one (1) team member who is not a hospital employee on the team as long as they are 18 years or older and are a significant other or son/daughter of the employee. Everyone on the team will be required to play. New this year, we will have a Gold and Silver bracket that will allow all teams to play at least two games during the night.

Grab your fellow employees and form a team because we are only accepting the first eight full teams this year. Those who have their full teams with shirt sizes will need to contact Mallory in Marketing by April 13 at 885-3726 or emailing her at mnhughes@gshvin.org. If you are not playing on a team, you are still welcome to bring your friends and family out to watch and support your fellow employees as they play for the coveted tournament trophy and bragging rights.
Relay for Life

Knox County Relay For Life is closely approaching and will be Saturday, May 19 from 10 a.m. to 10 p.m. The activities this year will include: free health screenings, live auction, youth pageant, theme laps and delicious food served throughout the day. To sign up for the Relay, visit www.relayforlife.org/knoxcountyin.

We are looking to expand our Relay For Life family. Good Samaritan has two amazing and committed teams working to do their part in the fight against cancer. Will you be the next to join them? Their personal stories on how they became involved with the Relay and what it means to them are inspiration to join their team.

Tumor Tamers

Dena Elmore - Infusion Center

“I have been participating in Relay for Life for over 20 years. I have taken care of cancer patients for more than 30 years and started doing Relay for them. Then, I had friends and family diagnosed with cancer, and unfortunately, I was diagnosed with colon cancer. The money raised during Relay helps all cancer patients in one way or another. It honors all those who have or have had cancer and their families. I think it is important for my friends and co-workers to show their support of cancer patients outside the hospital, which is why my team, the GSH Tumor Tamers, has participated in the Relay for the last several years. It is a fun experience that brings people together to fight cancer.”

Cammy Risinger - Environmental Services

“I have participated in the Relay in one way or another for as long as I can remember. No, I was not always on the team but when your mother is on a team you get to go with her. When I was little I really didn’t completely grasp what the Relay for Life actually was. I just knew it was a lot of fun and everybody seemed to wear purple. When I got older I figured out exactly why the Relay for Life is such a big deal. I found out that my mother was a cancer survivor, she was diagnosed with colon cancer when I was 3-years-old. She is now a 22 year cancer survivor and is my main reason for Relaying. I also have friends who have had cancer and have lost people from cancer. My team is a little different than most because several members of my team are oncology nurses. They are the ones taking care of the cancer patients on a daily basis. The Relay for Life honors all people who have had cancer. Those who have passed from this horrible disease, those who have beat it and those who are still fighting. It helps raise money to hopefully find a cure for cancer. For all these reasons, that is why the Relay is so important to my team, the GSH Tumor Tamers. Cancer patients need to know that they’re not alone in this fight, and well that’s where the Relay for Life comes in.”

Health Information

Brenda Bottoms - Health Information

“I was asked why do I Relay….when I actually sit down and think about it, I guess I Relay for lots of reasons. The reason I started Relaying was for my grandmother who passed away from cancer. Then as the years went by I had my mother-in-law, an aunt, a cousin, and co-workers/friends diagnosed and of course they became reasons. I have friends who have lost loved ones. I also do it for complete strangers….people I don’t even know their names. My office is on the second floor of the Cancer Pavilion and I walk through that lobby several times a day. I have never talked to any of these people, but you start seeing the same faces day after day and you don’t know their personal story, but you know enough of it. You see it in their faces. I think to myself sometimes….you know I come to Good Samaritan every day to earn a living for my family. I come to work every day and leave my work until tomorrow when I come back. These patients are here every day fighting for their lives and when they go home they aren’t done for the day, they still have to battle. There are so many people I have come in contact with at the Relay every year and the opening ceremony is very touching. It is remarkable to see all the people stand and hear how many years they have been surviving this awful disease. Cancer definitely isn’t discriminating, the survivors range from very young to the elderly, and when they all stand and take that first lap together, seeing the expressions on their loved one’s faces - that’s definitely a reason I relay. So I guess you could say I Relay for lots of reasons….but the main reason is that it warms my heart!”

Get Your Graduate’s Name in Highlights!

Are you or is someone in your family graduating? Each spring, Good Samaritan recognizes members of employees’ families who are celebrating an educational milestone, graduating high school or college. Graduates’ names will be displayed in the June edition of Highlights. Please send the graduates’ name, school and degree, along with the related employee’s name, title and department via mail to Marketing or by email to mnHughes@gshvin.org by May 18, 2018.
For Your Benefit

Qualifying Events are Important

A qualifying event is defined as a major life event that allows employees to make benefit changes mid-year. Qualifying events are set forth by IRS Section 125 guidelines, and unless you experience a qualifying event – you cannot make changes to your benefits until the next open enrollment period.

Please notify Human Resources if you have any of the following life event changes:

- Beneficiary Change
- Birth / Adoption
- Dependent Child reaches Limiting Age
  - Health - End of month child turns 26
  - Dental & Vision - End of year child turns 23
- Divorce / Annulment / Legal Separation
- Death in the Immediate Family
- Employment Status Change (part time to full time; full time to prn, etc.)
- Marriage
- Retirement
- Spouse Loss of Coverage
- Spouse becomes eligible for coverage under another Employer’s Plan
- Any other error corrections or changes

Are you having an important birthday?

- Long Term Disability
  - Maximum Benefit Period is later of age 65 or Social Security Normal Retirement Age
- Dependent Life
  - Spousal coverage ends at age 70
- Supplemental Life
  - Benefit reduces by 35% at age 70
  - Benefit reduces an additional 20% at age 75
  - Benefit reduces an additional 15% at age 80

It is important that you notify us within 30 days of a life event (or within 60 days for a birth / adoption).

Certain documentation may be required to make changes. This will ensure that there is no interruption or error in your benefits.

If you have any questions feel free to contact the Employee Benefit Coordinators:

Reneé McQuain
812-885-3315
rmcquain@gshvin.org

Sherri Ricketts
812-885-3375
sricketts@gshvin.org

Service Awards Banquet

The Service Awards Banquet is fast approaching! Join us for great company, delicious food, fun entertainment and employee recognition as we honor those who have reached service milestones in their career with Good Samaritan.

Tuesday, April 10, 2018

Highland Woods Community Center

Social Hour: 6 p.m.
Program: 6:30 p.m.

Walk with a Doc is moving back to Gregg Park on April 7 and we invite everyone to come out and participate in the Healthy Happenings!

Not only will you get an amazing workout, but those who come out on April 7, will be able to learn all about this year’s contest. The grand prize is even bigger this year and includes fabulous items such as: a one year adult membership to the YMCA, a new pair of tennis shoes provided by Grundman’s, and a gift card to Elements Yoga and Wellness Studio.

Start your mornings off right and join us on April 7 at Gregg Park from 9 to 10 a.m. at the open shelter house. We hope to see you there!

Join us Saturday, April 7th when Walk with a Doc makes its return to Gregg Park!
2017 Performance Improvement High Performers

Each year departments throughout the organization choose indicators that they will monitor to either ensure that their processes are working or to improve practices. During 2017 there were six departments that showed significant improvement in their indicators. These are outlined below:

<table>
<thead>
<tr>
<th>Department</th>
<th>Indicator</th>
<th>Improvement Made</th>
<th>Impact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dayson Heart Center</td>
<td>Patients receiving appropriate discharge medications after a PCI.</td>
<td>Improved from 88 percent in January 2017 to 97 percent in December. 8/12 months sustained 100 percent compliance.</td>
<td>This indicates that we are providing the patient with the appropriate medicine at discharge. Performance in this indicator also impacts the annual Anthem scorecard.</td>
</tr>
<tr>
<td>LaSalle Behavioral Health</td>
<td>Emergency Evaluations include assessment of alcohol and drug use within past 12 months.</td>
<td>Improved from 33 percent in January 2017 to a sustained 96 percent for the remainder of the year.</td>
<td>Complete evaluation assists us in treating the patient appropriately.</td>
</tr>
<tr>
<td></td>
<td>Emergency Evaluations include assessment of risk of harm to self or others within the past six months.</td>
<td>Improved from 0 percent in January 2017 to 91 percent for the remainder of the year.</td>
<td>Evidence-based practice indicates early mobility can lead to decreased complications such as ileus, improved bowel mobility, etc. following colon surgery.</td>
</tr>
<tr>
<td>4 GM</td>
<td>Physical Therapy / Occupational Therapy evaluation compliance on elective colon resection patients on post op day one.</td>
<td>Sustained 100 percent compliance for May through December with the exception of July 2017, which had no population.</td>
<td>Evidence-based practice indicates early mobility can lead to decreased complications such as ileus, improved bowel mobility, etc. following colon surgery.</td>
</tr>
<tr>
<td>Outpatient Services - Outpatient Infusion</td>
<td>Patient and Medication barcode scanning</td>
<td>Maintained 99 to 100 percent compliance from April through December 2017.</td>
<td>Barcode scanning directly impacts medication administration safety and was a new process for the OP Infusion Center.</td>
</tr>
<tr>
<td>Radiology</td>
<td>CT abdomen with and without contrast</td>
<td>A 7.6 percent decrease was noted from 2016 year end to 2017 year end.</td>
<td>Evidence based practice indicates that patients do not need to be exposed to double radiation by doing a CT scan with and without contrast. This decrease was realized through the efforts of Dr. Cox who has served as a physician champion to address this issue and worked collaboratively with other physicians ordering these scans.</td>
</tr>
<tr>
<td></td>
<td>CT chest with and without contrast</td>
<td>A 7.3 percent decrease was noted from 2016 year end to 2017 year end.</td>
<td>Evidence based practice indicates that patients do not need to be exposed to double radiation by doing a CT scan with and without contrast. This decrease was realized through the efforts of Dr. Cox who has served as a physician champion to address this issue and worked collaboratively with other physicians ordering these scans.</td>
</tr>
<tr>
<td></td>
<td>Stroke patients transferred out from Emergency Department who have a Head CT resulted within 45 minutes of arrival.</td>
<td>The year end rate for 2017 was 94.1 percent compared to 76.9 percent for 2016.</td>
<td>Quicker turnaround of the results allows for the physician to determine what treatment is needed/appropriate, thereby giving the most effective care to the patient. This increase was a collaborative effort between ER, Radiology, Laboratory and EMS personnel.</td>
</tr>
<tr>
<td>Respiratory Care</td>
<td>Increase referrals from Knox County to the Indiana Tobacco Quit Line</td>
<td>Overall referrals increased by 149 percent for the year.</td>
<td>The Community Needs Assessment completed by the facility indicated that there is an opportunity for improvement to decrease tobacco usage in the community. This improvement was the result of a collaborative effort between Respiratory Care, Physician Services and county agencies.</td>
</tr>
</tbody>
</table>

As you can see from the above, six departments made significant strides in their performance; however, it should be noted that no department did it alone. Whether interdepartmental or intradepartmental, teamwork was key in becoming a High Performer. If you want to go fast, go alone, but if you want to go far, go together. Collaborative teamwork and always striving to be better is vital in making improvements and enhancing the quality of care for the patient.

Congratulations Graduates!

Good Samaritan Radiology Program will have their graduation ceremony on Friday, May 11, in Eva Hill Auditorium. Eight students will be graduating this year and are as follows:

Zachary Dillon  Meghan Kohli  Madison Reed  Julie Stewart
Christy Edwards  Josie Kroeger  Tyler Sanders  Christina Wilkerson

These individuals have completed a two year course of study to be able to take their national certification exams. Congratulations to each of you and good luck on your boards!
February New Hires

Engineering
• Ian Gilbert - Electrician

Environmental Services
• Brian Cox - Environmental Services Assistant
• Danielle Dorrance - Environmental Services Assistant
• Jeanie Ferrell - Environmental Services Assistant
• Paul Sarver - Environmental Services Assistant

Human Resources
• Rebekah Mackey - Human Resources Specialist

Laboratory
• Jasmine Padgett - Laboratory Assistant
• Katherine Phillips - Laboratory Assistant
• Lauren Seanard - Laboratory Assistant

Mammography
• Michelle Cook - Mammography Technologist

Nursing
• Hallie Arnold - Patient Care Technician, Rehab
• Sarah Daugherty - Patient Care Technician, Med/Surg
• Mary Davis - Patient Care Technician, Med/Surg
• Rita Hyatt - Staff Nurse, Med/Surg
• Tania Nidey - Staff Nurse, Rehab
• Teia Ray - Surgical Technologist, Perioperative Services
• Mackenzie Small - Staff Nurse, Rehab
• Kayla Smith - Patient Care Technician, Rehab
• Ashlyn Sprinkle - Patient Care Technician, Rehab
• Nicole Veach - Patient Care Technician, Med/Surg

Patient Access
• Nicole Carrie - Access Associate
• Kimberley Miller - Access Associate
• Laura Pease - Access Associate

Pediatrics
• Charity Duncan - Medical Assistant (Certified), Pediatrics

Pharmacy
• Vrinda Naik - Staff Pharmacist

Physical Therapy
• Cassiy Eubank - Rehabilitation Technician, Rehab

PPM General Surgery
• Tia Dau - Medical Assistant

PPM Neurology
• Brittany Crowder - Receptionist
• Carrie Lunsford - Patient Care Technician
• Henry Matick - Neurology Physician

Purchasing
• Keri Jones - Materials Management Specialist

Samaritan Center
• Bonita Mayhall - Resident Assistant, Vincennes Group Home

Valet
• David Childress - Valet Attendant
• Thomas Nonte - Valet Attendant

Wellness Salute

What healthy / lifestyle-related change(s) have you made? During one of my doctor’s appointments, they told me to try and eat better. So I began to eat more protein in my diet and limit my carbohydrates.

How did you make the change / what have you been doing? I now eat smaller portions and have recently began having protein shakes for breakfast.

What motivated you to make the change? I feel so much better and follow up with my doctor on a regular basis. Having the constant support and having more energy help with my motivation. To date, I have lost 65 pounds and will continue my diet to lose more.

Tip(s) for success / staying motivated? Having someone to cook with or who will eat the same things as you helps when deciding what to eat.

How has it made you feel? I have more energy and can walk more. I take regular walks at Gregg Park and walk a lot here at the hospital.

Anything else you would like to add? I like to look at clothes more now because I know they will fit me better since I am a smaller size.

Carla Silvers
Volunteer
March 2018  |   Page 11

April Anniversaries

Rebecca Dreiman .............. 1
Stephan Wilson .............. 1
Kensley Cavins .............. 1
Judith Cutler .............. 1
Lindsey Nelson .............. 1
Erin Zehner .............. 1
Dina Stafford .............. 1
Cailey Chambers .............. 1
Meaghan Hollis .............. 1
Rachel Inskemp .......... 1
Sydney Hatton .............. 1
James Armstrong .............. 1
Kamber Tucker .............. 1
Kelly Sparks .............. 1
Judith Pielmeier .............. 2
Rebecca Channness .............. 2
Virginia Hovermale .............. 2
Shea Riley .............. 2
Tara Pearce .............. 2
Alexandra Meyer .............. 2
Chelsea Hess .............. 2
Kena Vieck .............. 2
Seth Blackwell .............. 2
Joshua Griggs .............. 2
Jennifer Inman .............. 2
Amy Archer .............. 3
Abby Hartwick .............. 3
Ryan Kull .............. 3
Haylie Wheeler .............. 3
Jacob Richter .............. 3
LaDonna Hamilton .............. 4
Jody Wilson .............. 4
Monica Morson .............. 4
Dustin Williams .............. 4
Andrea Goodman .............. 5
Andrea Miller .............. 5
Brooke Midgett .............. 5
Charles Davis .............. 5
Chelsea Swick .............. 5
Tauni Daub .............. 5
Jenee Hackler .............. 5
Starrann Walker .............. 5
Daniel Robinson .............. 5
Tracy Himsel .............. 5
Jayda Reed .............. 5
Sarah Sutton .............. 6
Christy Stafford .............. 6
Susan Lay .............. 6
Channing Hardy .............. 6
Brenda Bowersock .............. 6
Macee Braun .............. 6
Victoria Klinkler .............. 6
Charles Afghani .............. 6
Julia Tredway .............. 7
William Cochran .............. 7
Jason Woods .............. 8
Audra Cary .............. 9
Alyssa Dickerson .............. 10
Dorothy Laughlin .............. 11
Carolyn Kramer .............. 11
David White .............. 11
Jennifer Bilskie .............. 11
Terri George Farmer .............. 12
Jane Melvin .............. 13
Christopher Pearce .............. 13
Catherine Speth .............. 14
Leslie Abrams .............. 15
Susan Kocher .............. 17
Annabel Smith .............. 17
Melinda Carie .............. 17
Margaret Lyon .............. 17
Ruth Carlisle .............. 18
Emily Heineke .............. 18
Donna Bonhomme .............. 19
Bonita Boyd .............. 19
Shannon Bruner .............. 20
Christy Flynn .............. 20
Amy McCoy .............. 20
Linnette Dailey .............. 20
Anna McKinnon .............. 20
Amy Rumer .............. 21
Shannon Vaughn .............. 22
Amy Day .............. 23
Barbara Wilson .............. 23
Elizabeth Murry .............. 23
Kim Bauer .............. 23
Cynthia Thacker .............. 24
Tina Smith .............. 25
Valerie Turpin .............. 25
Cynthia Wright .............. 27
Michael Cantwell .............. 28
Tracy Gay .............. 28
Linda Martinson .............. 28
Leslie Barnes .............. 29
Amy Bushey .............. 29
Linda Bezy .............. 29
Carolyn Small .............. 30
Teresa Miller .............. 30
Angela Sutton .............. 32
Diane Vieck .............. 32
Daniel Sievers .............. 34
Kimberly Barmanes .............. 35
Michael Fitzpatrick .............. 37
Beth O’Brien .............. 37
Jerry Elmore .............. 39
Terri Fuller .............. 39
Richard Hand .............. 41

March 2018  |   Page 11

Physician Anniversaries

Renee Bartlett, MD .............. 7
David Purdom, MD .............. 7
Linda Lenahan, MD .............. 21
Michael Cantwell, MD .............. 28
Alan Hendrix, MD .............. 28
Tom Kirkwood, MD .............. 28
Gary Carr, MD .............. 33

February’s Cultivating Care Winner is Martha Stroud

Martha Stroud, Patient Care Technician on 4GM, is the February Cultivating Care Winner. She was nominated by one of her patients for her dedicated and compassionate care. Martha always has a smile on her face and is willing to help in any way she can. She works diligently to ensure her patients feel important and special. Her nomination form stated that, “she is one of the nicest and most giving person I have ever encountered within the hospital.”

Congratulations Martha!

Promotions

Amy Bushey – Health Information Management – Image Specialist/ROI – TO – EHR Program Management – EPIC Analyst


Myden Fouts – Laboratory – Medical Technologist, Registered – TO – Laboratory – Medical Technologist/MLT, Section Supervisor

Rachel Horrall – Mammography – Access Associate – TO – Patient Accounts – Patient Accounts Representative

Emily Walker – Welch Diabetes Education Center – Diabetes Nurse Educator – TO – Welch Diabetes Education Center – Diabetes Quality Coordinator

Jill Young – Respiratory Care – Registry Respiratory Therapist – TO – Respiratory Care – Registered Respiratory Therapist
April is Sexual Assault Awareness Month (SAAM)

Look around your office, at the store, across the table or at a meeting, you probably know someone who has been a victim of sexual assault. Nearly 1 in 5 women and 1 in 67 men have experienced rape or attempted rape at some point in their lives. “Embrace Your Voice” is the theme for the 2018 Sexual Assault Awareness Month Campaign. We all have a right and a responsibility to make our voices heard through education, example, support and respect. This month provides an opportunity for all of us to demonstrate how everyone’s voice matters and everyone can make an impact when it comes to prevention.

The goal of SAAM is to raise public awareness about sexual violence and educate communities on prevention. It’s estimated that 63% of sexual assaults are never reported to the police. There is hope. Individuals and communities are successfully decreasing the risk of sexual violence through conversations, programs, policies and research-based tools that promote safety, respect and equality. By promoting safe behaviors, thoughtful policies and healthy relationships, we can create a safe and honest community where every person is treated with dignity and respect.

EMBRACE YOUR VOICE! Use your words to:

• Promote safety, respect and equality
• Show support for survivors
• Stand up to victim blaming
• Shut down inappropriate sexual jokes
• Correct harmful misconceptions
• Promote everyday consent to respect physical and emotional boundaries
• Teach children about healthy relationships and communication

Understanding Sexual Violence

• Sexual violence is ANY type of unwanted sexual contact - not just rape and sexual assault.
• This can include name calling and harassment.
• Anyone can experience sexual violence including children, teens, adults and seniors.
• Victims are NOT to blame - regardless of what they are wearing, how they were acting or what type of relationship they had with the abusive person.
• It is estimated that 63% of sexual assaults are never reported to the police for fear of retaliation, that they won’t be believed, pressure from others, fear of being blamed or even distrust of the legal system.
• Recovering from an act of sexual violence is an ongoing process that is unique to each victim.
• Sexual violence thrives when it is not taken seriously, joked about or there is victim blaming.
• Chances are that you know someone who has experienced sexual violence - even if they haven’t told you. Support these survivors by checking your language about the issues, listening and having empathy for victims.
• YOUR VOICE CAN MAKE A DIFFERENCE.

Our words shape the world around us. Individuals can embrace their voices to make a difference. Stand up and embrace your voice to prevent sexual violence before it happens by promoting safety, respect and equality. You can make a difference.

For more information go to www.nsvrc.org/saam.